**Date: -** 10th to 18th December 2020

A eight day skill enhancement programme was organised by the Department of Management for third semester post graduate students of Saint Aloysius College .The objective of the programme was to familiarize the students with the current trends and emerging ideas of personality and soft skills development in the post covid era. The Human personality influences and impacts the functioning of an individual and organizations. The fact that humans are social is determined by individual as well as collective contexts. Understanding one's own personality and nurturing it well enables one to be a fine human being and an effective professional. Humans need to learn how to cope with the problems and face the hardships while shaping out careers to become professionals and contributing citizens. It enables young adults to understand the world in the liberal sense and to take forward it for the better.

144 post graduation students participated in the personality and soft skills development programme

The following schedule was followed in the programme

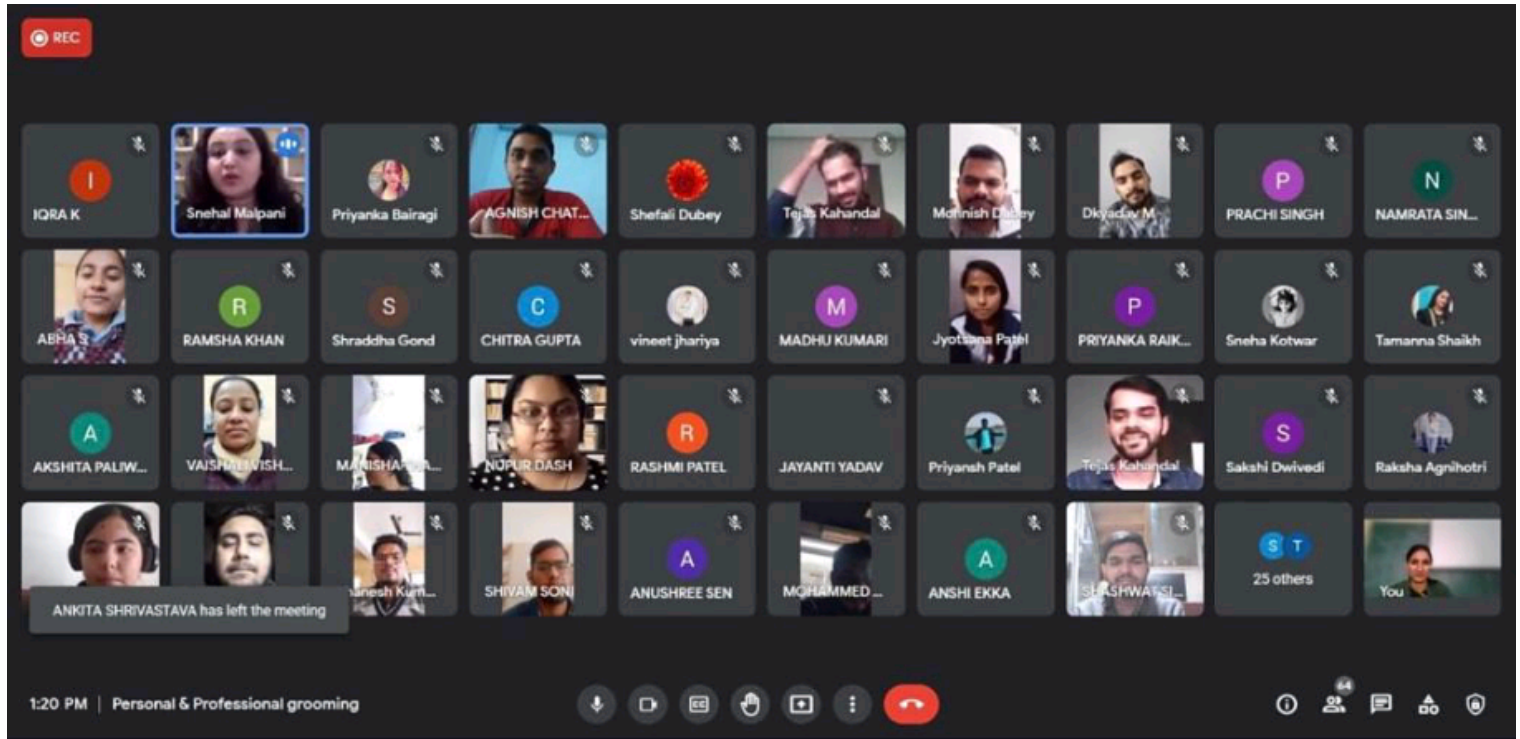| Date | Topic |
|---|---|
| 10th December 2020 | Basics of Personality/ Communication Skills |
| 11th December 2020 | Attitude &Perception |
| 12th December 2020 | Grooming - An Art of Self Presentation |
| 14th December 2020 | CV Preparation |
| 15th December 2020 | Interview Skills |
| 16th December 2020 | Body Language |

| 17th December 2020 | Group Discussion |
| --- | --- |
| 18th December 2020 | Student Assessment |

It covered the modules in Basics of Personality/ Communication Skills , Attitude &Perception , Grooming - An Art of Self Presentation , CV Preparation , Interview Skills , Group Discussion .the session were conducted by the faculty members of the Department of Management. The session concluded with the assessment of the participants in the programme.

Head

**Department of Management**

Personality & Soft Skill Development Programme