

# THE ALOYSIAN

## 2023



**ST. ALOYSIUS' COLLEGE**  
**AUTONOMOUS Jabalpur**

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# UN International Year 2023

The year 2023 has been declared by the United Nations as the **International Year of the Millet**, following a proposal by India, which wants to position itself as a global hub for millets. Millet refers to several varieties of small-seeded grasses that are cultivated as grain crops. Amongst these, pearl millet (bajra), finger millet (ragi) and sorghum (jowar) are the most popular. Minor millets include foxtail, barnyard, proso and others. They are grown in marginal Asian and African countries, with India being the world's largest millet producer.



Jacqueline Hughes, Director General of International Crops Research Institute for the Semi-Arid Tropics (ICRISAT), says, as the world becomes increasingly aware of the negative impacts of climate change, millets are gaining attention as “future crops”. They are adapted to the drylands and can grow in very difficult conditions. Since they are hardy, salinity-tolerant and can grow in drought-prone environments with poor soils, even in temperatures up to 50 degrees Celsius, they minimize the risk to farmers and communities.

Over the last century rice, wheat and maize have ruled the world and our plates. But these Staple crops can't solve the crisis of micro nutrient deficiency. Millets, on the other hand, are known to have a range of nutritional benefits, says Israel Oliver King, Director, Biodiversity at the MS Swaminathan Research Foundation. In India, experts say the Green Revolution eliminated food diversity and reduced the importance of millets in our farms and plates. Globally too, millets have lost their importance to rice, wheat and maize, which together account for 89% of the world's grain production.



A 27-year-old tribal woman from Madhya Pradesh is participating in the ongoing G20 Agriculture Working Group meeting as a millet brand ambassador and has also earned praise from Prime Minister Narendra Modi for her singular focus to preserve the coarse cereals.

Lahari Bai, who belongs to the Baiga tribe from the Dindori district, has collected over the past decade dozens of varieties of millets and seeds of about 60 varieties of the coarse grains, thus developed a seed bank.

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# The Aloysian 2023

## MOTTO

***‘VIRTUS IN ARDUO’  
(Strength Through Striving)***

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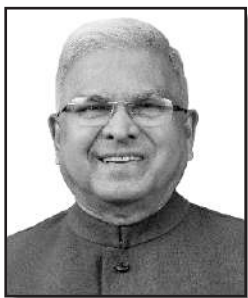
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## संदेश

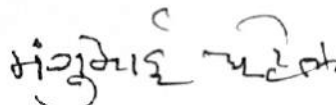
क्रमांक 120/राजभवन/2023

हर्ष का विषय है कि सेंट अलॉयसियस कॉलेज, जबलपुर द्वारा अपनी वार्षिक महाविद्यालय पत्रिका ALOYSIAN का प्रकाशन किया जा रहा है। पत्रिका का प्रकाशन सराहनीय है।

महाविद्यालय पत्रिका विद्यार्थियों का मनोबल बढ़ाती है, उनमें निहित रचनात्मक प्रतिभा को उजागर कर, पत्रिका उन्हें रचनात्मक गतिविधियों की ओर प्रेरित और प्रोत्साहित करती है। वैचारिक और भावनात्मक सृजन प्रक्रिया से जोड़ती है। पत्रिका में विकसित सोच से परिपूर्ण पठनीय सामग्री का समावेश होना चाहिए। उसका स्वरूप विद्यार्थी हितकारी और उनकी प्रतिभाओं को प्रकाशित करने का उपक्रम होना चाहिए।

आशा है, पत्रिका विद्यार्थियों की रचनात्मकता और भविष्य पथ के आलोकन में सफल होगी।

## शुभकामनाएं

  
(मंगुभाई पटेल)



शिवराज सिंह चौहान

मुख्यमंत्री  
मध्यप्रदेश



संदेश

क्रमांक 173/23

प्रसन्नता का विषय है कि सेंट अलॉयसियस महाविद्यालय, जबलपुर द्वारा वार्षिक पत्रिका का प्रकाशन किया जा रहा है।

महाविद्यालयीन पत्रिकाएं विद्यार्थियों के विचार, रचनात्मकता तथा उनकी प्रतिभा के प्रदर्शन के लिए मंच उपलब्ध कराती हैं। सृजन, जीवन का विशिष्ट गुण है, विद्यार्थियों के भावों-विचारों और बहुआयामी व्यक्तित्व का प्रतिबिम्ब तथा महाविद्यालय के प्रभाव की झलक महाविद्यालयीन पत्रिकाओं में देखने को मिलती है।

आशा है कि सूचना और शिक्षा से परिपूर्ण महाविद्यालयीन पत्रिका 'द अलॉयसियन' युवा पीढ़ी को वैचारिक स्तर पर समृद्ध बनाने में सार्थक होगी।

हार्दिक शुभकामनाएं।

(शिवराज सिंह चौहान)



**Justice Deepak Verma**  
Former Judge  
Supreme Court of India

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## MESSAGE

As alumni of this esteemed Institution, I wanted to take a moment to express my heartfelt appreciation for the education and experiences I gained and acquired during my time at the Aloysius. I am forever grateful for the opportunities Aloysius provided me and the knowledge I gained from their dedicated faculty and staff.

My time at Aloysius was truly transformative. The education I received was second to none, and it prepared me not only for my chosen profession but for life in general. I learned valuable life skills, formed lifelong friendships, and gained a deeper appreciation for the importance of community and service.

The education I received was challenging and rigorous, but we as students, were able to rise to the occasion thanks to the support of our Professors, the excellent resources and facilities available to us. I remember spending countless hours in the library, attending lectures and seminars, and participating in extracurricular activities that enriched my college experience. What really stands out to me about my time at Aloysius is the sense of community that we felt on campus. I was fortunate to be part of a diverse and inclusive community that fostered intellectual curiosity and personal growth. I was able to interact with people from different backgrounds and perspectives, which broadened my horizons and helped me become more empathetic and understanding as an individual.

As I reflect on my time at Aloysius, I am filled with a sense of pride and accomplishment. I am proud to be associated with an institution that continues to inspire and support generations of students. I am grateful for the role Aloysius played in shaping who I am today, and I feel privileged to be able to give back to the college in any way we can.

The present Principal, Dr. Arasu genuinely cares about the success of each student at Aloysius and is maintaining the high tradition of the College, in being by touch with each student at the College, even though their numbers have increased manifold. He is dedicated to making Aloysius the best college possible and is passionate about the education and lives of its students. I am excited to see all the amazing things that Aloysius has already achieved and will accomplish in the future, and I am committed to supporting Dr. Arasu's efforts, in any way I can. Thank you for all that you do to make Aloysius such a special place.

I will forever be grateful for my time at St. Aloysius, the faculty and students I met there, and the skills I acquired there that have helped me get to where I am today.  
Regards and best of wishes to all,

**Justice Deepak Verma**

**Prakash Shrivastava**  
Chief Justice



High Court at Calcutta



## MESSAGE

It gives me great pleasure to pen for St. Aloysius' College, who is going to bring out this year's issue of the Annual College Magazine namely 'The Aloysian 2023' in the month of June, 2023.

A college magazine offers a vista of opportunity to showcase creativity and enlightenment. It is a thread which connects the students and caters information to all and actively enhances the intellectual skills and knowledge.

We must remember the lines of legendary writer, historian William James Durant, who said that "Knowledge is the eye of desire and can become the pilot of soul" and such is true in every juncture of life.

I extend my warm regards to each and every student and all the members associated with the magazine for their consolidated effort in publishing the magazine. I am certain that the magazine would encapsulate the spirit of St. Aloysius College with finesse.

(Prakash Shrivastava)

## राकेश सिंह

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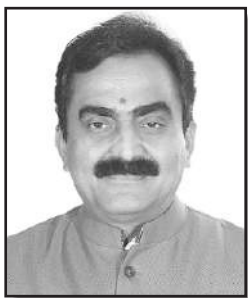
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## संदेश

क्रमांक 12214/सां.लो. जबलपुर

सेंट अलॉयसियस कॉलेज जबलपुर द्वारा महाविद्यालयीन वार्षिक पत्रिका The Aloysian 2023 का प्रकाशन किया जा रहा है। छात्रों में अध्ययन-अध्यापन के साथ ही साथ अभिव्यक्ति एवं अच्छे साहित्य के लेखन की रुचि जागृत करने के लिए पत्रिका का प्रकाशन उत्कृष्ट माध्यम है।

शिक्षा विदों, छात्रों तथा कार्यालयीन कर्मचारियों के लेख तथा महाविद्यालयीन गतिविधियों का समावेश किया जाना निःसंदेह प्रशंसनीय है। पत्रिका की विषय वस्तु छात्रों के व्यक्तित्व विकास एवं भविष्य निर्माण में उपयोगी होगी, ऐसा मेरा मानना है।

महाविद्यालयीन पत्रिका The Aloysian 2023 के सफल प्रकाशन हेतु मेरी हार्दिक शुभकामनाएं।

  
(राकेश सिंह)

**Vivek K. Tankha**



Senior Advocate  
MP Rajya Sabha, M.P.  
Member, Parliamentary Standing Committee  
Personnel, Public Grievances, Law and Justice  
Member, Consultative Committee, Ministry of  
Transport & Highways  
Member, Institute body, AIIMS Bhopal  
Former Add. Solicitor General of India  
Former Advocate General of Madhya Pradesh



## MESSAGE

I am pleased to learn that St. Aloysius College, Jabalpur, is bringing out the Annual College Magazine 'The Aloysian 2023'. I congratulate the Staff and the Students of the college on publishing yet another aesthetic Annual Magazine that showcases the stellar creativity of the students and the college's constant endeavor in imparting quality education.

It is extremely important for all the students to become good humans and inculcate humility, honesty, discipline and integrity in their characters. For all-round development of a person, it is essential that education be amalgamated with noble character traits. It is very heartening to know that the college has continued its legacy of producing competent students who have proved their excellence in all spheres of life. The quality of education imparted to them prepares them to valiantly face future challenges and assignments.

I extend my best wishes to the teachers, the students and the staff of the college for their persistent efforts in shaping the future of the society.

(Vivek K. Tankha)



**अशोक ईश्वरदास रोहाणी**

विधायक, केन्ट जबलपुर  
म.प्र. विधानसभा



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भोपाल (म.प्र.)



## संदेश

मुझे यह जानकर अत्यंत हर्ष है कि सेंट अलॉयसियस कॉलेज जबलपुर द्वारा वार्षिक पत्रिका 'दि अलॉयशियन 2023' का प्रकाशन किया जा रहा है, इस हेतु प्राचार्य, कॉलेज प्रबंधन, प्रध्यापकगणों और विद्यार्थियों को अनेक शुभकामनाएँ।

विद्यार्थियों की सृजनात्मक प्रतिभा को पत्रिका के माध्यम से महाविद्यालय परिवार और समाज के सामने लाने के लिए महाविद्यालय द्वारा किये जा रहे प्रयासों से विद्यार्थियों को प्रोत्साहन और प्रेरणा मिलती है तथा उनमें मानवीय गुण विकसित होते हैं। महाविद्यालय द्वारा आयोजित अन्य गतिविधियाँ विद्यार्थियों के लिए ज्ञानवर्धक एवं प्रेरणास्पद सिद्ध होगी ऐसी मेरी शुभकामना है।

(अशोक रोहाणी)

रानी दुर्गावती विश्वविद्यालय  
**RANI DURGAWATI VISHWAVIDYALAYA**  
(Formerly, University of Jabalpur )  
(NAAC Accredited Grade 'B' University)



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कुलपति  
प्रो. कपिल देव मिश्र

Vice Chancellor  
Prof. kapil Deo Mishra



## MESSAGE

It is a matter of great pleasure that St. Aloysius College (Autonomous), Jabalpur is publishing the college magazine 'The Aloysian'. St. Aloysius College had always been an inspiration behind the education fraternity in imparting quality education, inculcating values and providing state of the art infrastructure and exceptional facilities contributing to the holistic development to the students.

I feel deeply impressed with the fabulous work of synergy of emerging talents and inspiring teachers and students for their selfless devotion, dedication and absolute commitment towards excellent educational standards. The effort of students & teachers for contributing in the magazine will strengthen their intellect expression.

My best wishes are always with the Principal, staff and students for continuing the good work.

Prof. Kapil Deo Mishra

**Samaan Shekhar IAS**  
Commissioner  
Jabalpur Division



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## MESSAGE

I am glad to know that the Annual College Magazine "The Aloysian 2023" is being published this year, continuing the remarkable tradition of the College. Such students' magazines offer them a platform to showcase their creative learning and propagate valuable information related to the diverse disciplines taught in the college.

The college has been rendering yeoman service by not just importing knowledge but also the values of a good citizen to the students. The magazine will surely serve the purpose it is brought out every year for and will also be a memory to reminisce after years.

I congratulate the college on the same and the students who have written various articles and pieces of Art for this magazine.

  
(Samaan Shekhar)



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**Most Rev. Gerald Almeida**  
Bishop of Jabalpur



## MESSAGE

*"Success is not how high you have climbed, but how you make a positive difference to the world."*

I am very happy to note that St. Aloysius' College is bringing out the next edition of the magazine **The Aloysian 2023** and I wish them all the very best for their sincere efforts. The year has passed swiftly in a blur of achievements and I would like to congratulate and extend my best wishes to all those who have worked hard to ensure that the magazine remains a treasure love of memories.

Through this magazine I like to greet the entire St. Aloysius' College family. Remember the words of Roy T. Bennett, "Live the Life of Your Dreams: Be brave enough to live the life of your dreams according to your vision and purpose instead of the expectations and opinions of others."

The aim of this College is to provide the right environment for young minds to take wings and fly high. The brilliant performance of students every year in these examinations speaks highly of the excellent quality of education that is being imparted by the college. The college not only focuses on theoretical knowledge but teaches to adapt a practical approach.

It has been a stupendous achievement for an academic institution, and certainly it is a moment of pride for the Principal, staff and the students, who have played vital roles in a meaningful and responsible manner to climb the ladder of distinction. The College leadership has played its role and given new vision to the staff and the students. I wish to see the College scale great heights of success and acquire the pinnacle of achievements.

May God Bless one and all.

**Gerald Almeida**  
Bishop of Jabalpur

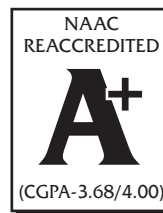




# ST. ALOYSIUS' COLLEGE

(Autonomous)

College with Potential for Excellence by UGC  
DST FIST Supported & Star College Status by DBT  
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## Rev. Dr. G. Vazhan Arasu

M.A., M.B.A., B.Th., M.Phil., Ph.D.



## Principal's Report 2023-24

"We must use time creatively, in the knowledge that the time is always right to do what is right."

- Martin Luther King

St. Aloysius' College has been contributing its valuable services since seventy two years and desires to continue to train and hone the skills of future citizens. We believe in imparting education that encapsulates moral values as well as subjective knowledge to build a humanistic perspective amongst the youth.

One of the achievements of the academic session 2022-23 was when the College secured rankings in India Today magazine for the Year 2022 of the best colleges in India. In All India Ranking of various faculties the College secured 72nd rank in Arts stream; 84 th rank in Commerce stream; 106 th ranking Science stream; 104 th ranking BBA stream; and 125 th ranking BCA stream. This year the College was also ranked 74 th and 26 th at All India and Zonal rank by Internshala Annual Rankings 2022.

This year the results were declared in July and the results were exemplary. The total pass percentage for the Under Graduate classes viz B.A was 98.75%; B.Sc. was 90.02%; B.C.A was 95.83%; B.B.A was 96.24%; B.Com was 98.15%, B.Com(Hons.) was 96% and of Post Graduate classes viz M.A/M.Sc./M.Com IV semester it was 98.13%.

The students and teachers have both invested their time in systematic research that can broaden their mind and actually unfold the observation on life. The College faculty contributed to research and publishing quality research papers. This year six books titled, *Cogitations on Advances in Physical and Mathematical Sciences*, *Reskilling and Upskilling for Future Industry and Business*, *Kavya Rishi dwara Sandeep aur Neeraj ki Rachnao mei Rastravad avam Samajik Sarokar*, *Right to Information Act 2005: Theory and Practice*, *Covid 19 Challenges and Management*, and *Environmental Education: Multiple Choice Questions* were edited and published, 02 monographs, 01 Major and 01 Minor Research Project sponsored by ICSSR is ongoing.

The faculty attended 39 International, 45 National conferences, 14 Workshops and 45 research papers were presented. For the session 2022-23, the faculty published 12 research papers in Scopus Index, 01 in Web of Science, 17 in UGC Care List, 29 in refereed

journals and 65 as book chapters. Faculty members attended 14 Faculty Development Programmes. Dr. Niharika Singh, Dr. Priyanka Sinha and Dr. Pooja Gupta completed a Professional Certificate course on “Adaptive Design for Learning” conducted by the School of Education and Learning Design, Alteneo Salt Institute, Philippines. Under the DBT Star Scheme the Bio-Science departments organised educational tours and trips to Udaipur Foods & Beverages Ltd., Jabali Papers, and Steelace Industries, ICAR Directorate of Weeds Research, Shivshakti Plant Tissue Culture Industry, Gosalpur, Agadyati Herbs and Food Pvt. Ltd., and Narmada Gelatine factory in Jabalpur and Mukund Biotech.

The college regularly organise seminars, conferences and workshop for the upskilling and improvement of faculty members. The Department of Botany organised a seven days National workshop on Analytical Techniques from 21 to 27 November, 2022. The workshop was funded by the DST under STUTI scheme in collaboration with IIT Gandhinagar. Applicants from 19 different institutes from all over India including students and faculty from various disciplines of Physical Sciences and Life Sciences were selected based on their area of research interest.

The Department of Zoology organised a two day workshop on ‘Sericulture as Self-employment, Attitude and Behavior’ on 20-21 January 2023 in collaboration with the Tasar Sericulture Development and Extension Programme of the rural industries Department of Madhya Pradesh.

The Department of Political Science organised a two day National Seminar on “National Education Policy 2020- A Powerful Tool to Re-establish Bharat as Vishwa Guru” on 27- 28 January 2023 sponsored by ICSSR, New Delhi. The Chief Guest of the Inaugural Session was Shri Rakesh Singh, Honorable Member of Parliament Jabalpur, Guest of Honor was Prof. Gopal Krishan Sharma, Director, MPISSR, Ujjain M.P. Forty research papers were presented and 110 participants participated.

The Department of Hindi organised a two day Seminar on “*Kavya Rishi dwara Sandeep or Neeraj ki Rachnao mei Rastravad avam Samajik Sarokar*”, sponsored by ICSSR on 17-18 March 2023. The Chief Guest of the Inaugural Session was Prof. Sanjay Dwivedi, General Manager of Mass Communication, New Delhi. In the Valedictory session Prof. Satyaketu Sankrit, Head & Dean Dr. B.R. Ambedkar University, New Delhi was present as the Chief Guest. There were 350 participants and 32 paper presentations.

The College is known worldwide because of the laurels brought by students excelling in academics, co-curricular and extracurricular activities. Falguni Ghansela, BCA I Year participated in National Level Youth Festival 2023 at Bengaluru. She bagged first position in Western singing and made our College and RDVV proud. Ishita Vishwakarma of BA III Year was awarded the Lata Mangeshkar Memorial Award by Itawa Hindi Seva Nidhi for her flawless singing. Shruti Jain, B.Com II Year attended Republic Day Camp Parade and she was the Right Markar of the contingent of NSS Group that marched on Kartavya Path.

This year five cadets of NCC viz Senior Cadet Captain Ishika Gurjar, PO Cadet Parag Verma, Cadet Virendra Bahadur Thakur, Cadet Akarshit Thapa, and Cadet Mohini Yadav participated in RDC Camp 2023 at New Delhi. A momentous achievement was for Senior Cadet Captain Ishika Gurjar who secured 3rd position in the All India Best Cadet Competition in the naval category. Senior Cadet Captain Ishika Gurjar, Cadet Captain

Prashasti Shrivastava and Cadet Ritu Mehra attended All India Nau Sainik Camp 2022 held at Vishakhapatnam.

In Sports we had Muskan Kirar, Ragini Marko, Yashika Sharma and Vanshika Namdeo representing India at International platforms for Archery, Powerlifting and Wushu competitions. Amit Kumar, Saloni Kirar, Taniya Jatav, Mahak Jaiswal, Aditya Lilani, Kanishka Pillay, Nararyan Dev Warkade, Mitali Yadav, Yashwardhan Swamy, Kartik Banskar and Chirag Vidhyarthi, participated in various National competitions viz archery, wushu, body building and fitness, handball, badminton, Taekwondo Tennikoit and Ball Badminton championships.

The College team participated in various intercollegiate tournaments organised under the aegis of RDVV. The College teams of Football (Women), Table Tennis (Men & Women), Badminton (Women), Basketball (Men & Women), Kabbadi (Men), and Chess (Men) were winners and runners up in Handball (Men & Women), Football (Men), KhoKho (Men), Badminton (Men), and Chess (Women). This year 80 students participated at district level, 68 at state, 41 at University, 27 at All India University, 43 at National, 03 each at Khelo India Games and International level.

The College Cultural teams participated in various events organised by the University. First positions were secured in Debate, Speech, Cartoon making, Solo Sugam, in Non percussion, Solo classical dance, Quiz, Western Solo and Group song. Second positions were secured in Percussion and Hindi Group song and third positions were secured in drama, painting, clay modeling, and poster making.

The College organised multiple Fests ranging from academic presentations, fun games, food booths, cosplays, and dance competitions. The Department of Biotechnology organised “Vigyanam Garjana” an interschool event on 15 October, 2022 to promote science among young individuals. The Department of Commerce organised “Bharat Business Conclave” to help the Commerce students to experience the strength of various business models in diverse regions of India.

The Department of Management and Computer Science & Application organised “Meraki”, on 21 January 2023 where a series of activities like Quizzard, Advertify, Inspirobics, Go Prism, Color Rush, Snap My Life etc. Around 150 teams from the school and 450 students from the college participated. The Department of Political Science in Collaboration with Department of Biotechnology organised Intercollegiate Quiz Bharat Quiz on 23 January 2023 to commemorate the 127 th Birth Anniversary of Netaji Subhas Chandra Bose as Parakram Diwas. The Department of Computer Science organised a National Software Development Championship on 3rd March 2023 wherein 32 teams from all over India participated.

The College has been at the forefront to extend a helping hand to the needy and marginalised. The College organized programmes like thalassemia, health & hygiene, sanitization and environmental awareness, e-waste management, educational programme on vedic maths, helmet awareness drive, *nukkad natika*, plantation drive, celebration of social justice day etc.

On 14 August 2023 the College organised a Tiranga Yatra celebrating Azadi Ka Amrit Mahotsav. Shri Ashok Rohani, MLA Cantt. inaugurated the rally. Students, teachers and non-teaching staff participated in it enthusiastically.

The Annual Social Gathering was conducted on the 23-24 December 2022. The Chief Guest of the function was Shri Ashok Rohani, MLA Cantt. Jabalpur. It was an attempt to engage students in cultural activities and provide a platform for showcasing the talents of students. Students participated enthusiastically in various competitions.

In the session 2022-23 the Annual Gold Medal ceremony was conducted for 2020-21 on October 21, 2022. Dr. Ilayaraja T, Collector and District Magistrate of Jabalpur was present as the Chief Guest, Dr. Brajesh Singh, Registrar Rani Durgavati Vishwavidhyalaya was present as the Guest of Honour, and Most Rev. Gerald Almeida present as the Chairperson of the ceremony. Forty Seven medals were awarded to meritorious students in this auspicious ceremony for consistent hard work and perseverance.

Recognising the potential and caliber of students in sports related events, the Annual Sports Day was organised on 17 December 2022. Zunaid Khan, and Bharti Verma, respectively were awarded the Best Male and female Athlete for the session 2022-23.

The College organized a six days Global Education Partnership Programme (GEP) under Global Understanding Programme (GUP) from 3-11 March, 2023 in which eighty students participated from nine institutions belonging to different parts of India as well as abroad. In the Inaugural Session, Prof. Fahriye Altinay, Near East University and Dr. Fr. George Thadathil, Principal, Silesian College were present. Four academic sessions on the theme "Language and Culture", in which four expert speakers Fr. Praveen D'Souza, Dr. Neelanjana Pathak, Prof. Alexander Pravin Durai, Prof. Melody Arandela, Southern Christian College, Philippines delivered lectures on the subthemes.

The College was granted Peace Project by United Board, Asia on "Creative Approaches to Peace for Character Formation and Holistic Development" from 01 January 2023 to 31 December 2025. The three year project is a foundational attempt that enables the faculty and students to understand peace through activities based on pedagogy and the use of arts for peace building. Dr. Siby Samuel, Head Department of Computer Science and IQAC Coordinator participated in United Board, Asia Fellows Programme at the Sophia University, Japan from 17 April to 31 May 2023, she also participated in Fellows Programme and Leadership Seminar at Singapore Management University, from 2 -5 July 2023.

I am happy to share that in this session I visited three colleges as Member NAAC team to Naorem Birahari College, Imphal East, Manipur, Government First Grade College, Sedam, and T.R.R. Government Degree College, Prakasam Kandukar. I visited Philippines from 24 May to 9 June 2023 for a Campus Management Training Programme organised by United Board and Ateneo de Davao University, Davao, Philippines.

"Gratitude is a quality similar to electricity: It must be produced and discharged and used up in order to exist at all", said William Faulkner. I am extremely grateful to all students, parents, and teachers who have put their precious faith in us that we can create good and humane future citizens.

Wishing you all good luck today, tomorrow and always.



**Rev. Fr. Dr. G. Vazhan Arasu**



## From The **Editor's Desk**

For the past few years, mental health has become a buzzword in our society. People are beginning to speak up about their mental health and the importance of mental health to their overall well-being, but it hasn't always been this way. With many people experiencing mental illness, ranging from anxiety and depression to bipolar disorder and schizophrenia, it is important to be able to have open dialogue about the subject to destigmatize mental illnesses and gain a better understanding of how mental health impacts an individual.

Now the question is what exactly does mental health mean? Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize their abilities, learn well and work well, and contribute to their community. It is an integral component of health and well-being that underpins our individual and collective skills to make decisions, build relationships and shape the world we live in. Mental health is defined by the World Health Organization as "a state of well-being" in which the individual copes with the usual stresses of family and community living.

Sometimes there might be a proper reason for a person to experience weakness of mind. But usually a person might feel tired, ill or disturbed without a visible reason. It may be due to the side effects of a medicinal procedure or the loss of someone or it may be due to an incident that took place years before which suddenly triggered a weird feeling or a moment which has left a deep impact on a person's mind. When the reason is unknown it becomes very difficult for others to help and understand the state of the person. That is when people tend to seek drugs and other harmful methods to bring themselves back to normal.

But as said by Henry Thoreau, "Not unless we are lost do we begin to find ourselves." There may be many factors pulling us down, and it depends on us as to how we find out our way up back again. Orally speaking about the mental condition can be

difficult especially when you don't have a partner by your side who can understand and support your plight. So mostly people take a turn into isolating themselves. Don't stand back on such people and think they will just get over this or it's just a phase of life they are going through, take action. Seek help and guidance from a licensed professional now if you suspect your loved one is struggling with their mental health.

Prevention works, treatment is effective and people can recover from mental disorders and live full and productive lives. Reading can be seen as a bright light to relieve a person from the darkness of depression or any kind of mental illness. Reading is really like taking your brain to the gym. It works out all of those important muscles that are needed to help you be at your best mentally. Keeping your mind active with reading makes your brain stronger. It can also build up your vocabulary. This can lead to better conversational skills and in turn, lead to much-improved communication. This means better grades in education and even better job interviews or opportunities as you get older. The health impacts of reading last long after we put down the book, with some research showing reductions in depression symptoms persisting months or even years later in adults. And reading can not only help make life more worth living but is associated with living longer.

Reading takes us out of our world (and minds) and into another world inside the pages of a book. From autobiographies to romantic fiction, there is a book for everyone out there to enjoy.

Reading portrays a world in which there are many people growing through disturbances and doesn't make the person feel alone, invisible or unheard. Studies also show that reading habit prevents cognitive diseases like dementia and forgetfulness. Reading stimulates neural networks in a way that keeps your mind engaged and polished.

Ignorance is not bliss if you go to think about it. Because reading opens the mind to



new possibilities and alternative ways of thinking, it fosters mental flexibility. To preserve and improve one's mental health, one has to be open to making changes and taking steps to improve their mental health in the first place. Mental wellness is not a linear process, but reading can help hold yourself accountable and be open to change. A reading habit can help you introspect deeper, understand your and your fellow humans' emotions better, and develop a stronger relationship with yourself. Just 'being' can work wonders for your mental health. Anchor yourself to the present. Free yourself from the burden of the past and the worry of the future. Interestingly, reading works along the same lines as other de-stressing activities like yoga and meditation and has similar effects

on mental wellness as laughing.

Mental load is like having 200 tabs open in our brain at any given time and switching off might mean losing them all.

Sometimes we just want someone else to make the decisions, know what comes next. It's not the doing that's exhausting, it's the thinking for everyone. When we read about others with similar experiences, we can feel less alone. This is especially good for youth facing challenges. The College magazine gives the young and talented writers an opportunity to feel intently, observe keenly and think deeply and thereby express themselves in a distinct way.

We hope reading this magazine will benefit you in multiple ways. Wishing you happy fruitful reading and good mental health!



Aarish Ansari  
M.A. I Year

### KNOW YOUR EDITORS!



S. Sashikala  
B.A. III Year

She always likes seeing herself as a part of a shining galaxy, spreading her unique light among other fellow stars. She is a student of Master of Arts in English Literature who inspires everyone to speak in English and keeps a check on the pronunciation and grammatical errors. Her mother taught her the joy of reading and she remembers her through books and believes in reading. She is self-assured and trusts in her abilities and volunteers to take the lead along with being warm and approachable. She is a sociable person who is outgoing and gets a lot of personal fulfillments from talking to new people. She has the ability to generate creative, unique ideas or express original thoughts with ease. She is willing to help anyone in need and when she's in, she's all in.

Even in the darkest times she carries a spark within herself. She lifts others up because she knows how it feels to be torn down.

Believing in the quote, "Everything happens for a reason and life goes on" and trusting that god will take care of everything, she lives every moment of her life cherishing every minute, collecting happiness and spreading love. Finding peace in nature she embraces the greens and expresses her smiles through the skies. She mastered anger through writing and inspires others into the habit of reading. Playing with words has always been her passion. She considers good deeds as her success mantra to lead a holistic life.

**"If you are brave enough to say goodbye, life will reward you with a new hello."  
- Paulo Coelho**



**Office &  
Technical Staff**

## **FAREWELL**



**B.A. (Final)**



"It's said, but sometimes moving on with the rest of your life, starts with goodbye."  
- Carrie Underwood

# FAREWELL



**B.Sc. (Final)**  
(PCM, CS/Phy, CA, CS/Eco)



**B.Sc. (Final)**  
(CBZ, IMB, BTZ, BTB)



"Life is made of so many partings welded together."  
- Charles Dickens

FAREWELL



**B.Com. (Final)**  
Applied Economics



**B.Com. (Final)-Girls**  
Tax Procedure & Practice



"Great is the art beginning, but greater is the art of ending."  
- Henry Wadsworth Longfellow

FAREWELL



**B.Com. (Final)-Boys**  
Tax Procedure & Practice



**B.Com. (Final)-Girls**  
Computer Application



"Be well, do good work and keep in touch."  
- Garrison Keillor

FAREWELL



**B.Com. (Final)-Boys**  
Computer Application



**B.Com. (Honours) (Final)**  
Girls



"Every new beginning comes from some other beginning's end ."  
- Semisonic

FAREWELL



**B.Com. (Honours) (Final)  
Boys**



**BCA (Final)**



"We'll meet again, Don't know where & when, but we'll meet again, some sunny day."  
- Vera Lynn

**FAREWELL**



**BBA (Final)-Girls**



**BBA (Final)-Boys**



**"Life is a journey, not a destination."  
- Carrie Underwood**

**FAREWELL**



**B.Ed (Final)**



**M.Sc. (Final)  
Biotechnology**



**"For every goodbye, God also provides a hello."  
- Donna Gable Hatch**

**FAREWELL**



**M.Sc. (Final)**  
Microbiology



**M.Sc. (Final)**  
Zoology



"The world is round and the place which may seem like the end, may also be the beginning."  
- Ivy Baker Priest

**FAREWELL**



**M.Sc. (Final)**  
Chemistry



**M.Sc. (Final)**  
Mathematics



"I was looking for the key for years, but the door was always open."  
- Aravind Adiga

FAREWELL



**M.Sc. (Final)**  
Physics



**M.Sc. (Final)**  
Computer Science



"There are no goodbyes for us. Wherever you are, you will always be in my heart."  
- Mahatma Gandhi

**FAREWELL**



**M.A. (Final)**  
English Literature



**M.A. (Final)**  
Political Science



"Don't be dismayed at goodbyes. A farewell is necessary before you can meet again."  
- Richard Bach

## FAREWELL



**M.A. (Final)**  
Economics



**M.Com. (Final)**









# English Section



# NCC – An Awakening Call

**Prashasti Shrivastava**  
**BA III year**

Three years ago, I was on the other side; seeing my seniors with all bright hopes and strong desires. And I would always wonder, “what it would be to held charge, and to be on that side of sheerness”.

At my time, in NCC the initial days were filled with guest speakers who were mainly the Alumni's, bringing the spark of what they have achieved and have gained through the course of time.

Listening to them felt more like the life that I see myself belong too; trying to accomplish on what I desire.

Being proactive in whatsoever event it may be without the second thought sliding. Be it excursion activities, addressing the dignitaries without prior practice or being the head in charge of events.

The words aspiring and ascertaining perfectly define my years of excellence. These 3 years have made me realize how strong my thoughts and oriented my mind is; how calm I stay at peaks of uncertainty and how strong my decision making skills are; this very organization has brushed it all, though there have been mistakes made but they have always made me realize how with refinement the work could be done.

These years have been the days of learning whereby there are people whose outcomes depend on just one decision of mine; giving me the weight of responsibility on my shoulders that I always wanted to belong to me.

Getting to experience a National camp; one of the prestigious camps, the All India Nau Sainik camp and being the part of team that won the gold medal in the history of All Nau Sainik was overwhelming.

Further, being felicitated with the BEST NCC CADET AWARD brought flashes of all the times when I thought this is the limit my body could do; and didn't give up with the thought of just few more.

I always wanted to be on the other side; the illuminating side laced with patience and understanding, but didn't knew how it would feel.

And seeing all of it today as I wear the NCC alpha 8 for the last time, I feel proud that I've come so far and have worked hard to achieve it. Have achieved everything that I once dreamt of!

If you are on the other side right now, reading this I assure you you've got this; you are much more capable than you know of. If I achieved it, you can too. Just dream big and trust the process of new beginnings.

One positive outlook and the world you dream is what you are living!

Because that one thought of 'you can' fills you with zeal and determination to work on the dreams.

Hoping this piece reaches to all those who are dream dreaming to be different. Godspeed.



# Believe in your Hardwork

Ritu Pillai  
M.Com I Year

“A true story of Late Honorable President Dr. APJ Abdul Kalam Ji”

While addressing students of a city Mr. Kalam shared one of his experience of turning rejection to an opportunity.

He was 23 when he joined the Air Force training for the post of a pilot where only 9 were to be selected he was 10<sup>th</sup> in the rank so he lost it. But he never stopped working hard and finally his hardships paid him and he became President of India and the circle of chance brought him back a chance to get himself trained for the air Force and at the age of 63 he took his first flight. He proved that hard times are always there it is you who have to focus on the goal and work for it selflessly with right amount of hardwork and commitment “hardwork is key to any achievement”

A man saw a snake being burned to death and decided to take it out of the fire. When he did, the snake bit him causing excruciating pain. The man dropped the snake, and the reptile fell right back into the fire.

So, the man grabbed a metal pole took the snake out of the fire and saved it's life.

Someone who was watching approached the man and said, “That snake bit you, why are still trying to save it?”. The man replied, “The nature of snake is to bite, but that's not gonna change my nature, which is to help.”. Do not change your nature simply because someone harms you. Do not loose your good heart, only learn to take precautions.

“I am scared of water” said the boy. “How do I let go of my fear?”

“If you can't let it go, then let it be,” said the ox.

“The fear will come and go, but water will always be here, waiting until you're ready.”

“Some nights the wolf inside of me shrinks to nothing, she bares her teeth and runs

away. The dragon in my chest rejects me, she's so tired of being slain. There are nights when the lioness cowers, says she can't fight it another day...”

“What about the phoenix?”

“she sits with me in the darkness. She whispers we'll rise. Just you wait.”

There was once a farmer who grew the most excellent wheat. Every year, he won the award for best wheat in his country.

A wise woman came to him ask him about his success.

He told her that the key was sharing his best seed with his neighbours so they could plant the seed as well.

The wise woman asked, “How can you share your best wheat seed with your neighbours when they compete with you every year?”.

“That's simple,” the farmer replied. “The wind spreads the pollen from everyone's wheat and carries it from field to field. ”

“If my neighbours grew inferior wheat, I must help my neighbours grow the best wheat as well.”

This is not only excellent advice for growing the best crops, but also great advice for how to live your life. If you want to live meaningful and happy life, help others find happiness.

Remember: The value of your life is measured by the lives you touch with love, kindness, respect, and hope.

A father and a son once had a disagreement over him using a adage, “What doesn't kill you makes you stronger.”

The son said, “That's just not true. Sometimes what doesn't kill you leaves you brittle and injured or traumatized.”

His father stopped and thought about for a while.

He came back later, and said, “It's like wood glue.”.

He pointed to his bookshelf, which he helped him salvage a while ago. He said, “Do you remember how I explained that, once we used the wood glue

on them, the shelves would actually be stronger than they were before they broke?”

He did.

“But before we used the wood glue, these shelves were broken. They couldn't hold up anything. If you had put books on them, they would have collapsed. And that wood glue had to set awhile. If we put anything on them too early, they would have collapsed just the same as if we'd never fixed them at all. You've got to give these things time to set.”

It sounded like a pretty good metaphor to me, but one thing I did pick up on was that whatever broke those shelves, that's not the thing that made them stronger. That just broke them. It was being fixed that made them stronger. It was the glue.

So they agreed, what doesn't kill you doesn't actually makes you stronger, but healing does. And if you feel like healing hasn't made you stronger than you were before, you're probably not done healing. You've got to give these things to set.

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## Management of Anger – The Essence of Peace

**Ritu Pillai**  
**M.Com I Year**

In a town of compactly packed houses nearby resided a woman who would get insicated for small things and would begin to fight with her neighbors, this lead to bitterness in the relations between her and the neighbors. This would even make her think and regret afterwards. One day a priest arrived at her door step and asked her the reason for being upset and she narrated the whole incident to him. After listening to her the priest gave her a magical drink and instructed her to drink a sip of it and keep her mouth shut for a while whenever she was angry and to continue it till one month.

The lady followed his steps whenever she was angry. The priest returned after one month and asked her the changes she felt. She began to cry and joined hands to thank him she narrated that due to her present actions the bitterness of relationship between her and neighbors turned to sweet memories. She further stated that it was all because of the magical drink only. The priest said it was not the drink that had magic it was the silence which the lady maintained by shutting her mouth for a while.

Anger will always spoil every small situation but a moment of silence will solve all the issues. Manage anger it will lead to peaceful life.

## Life

**Aarish Ansari**  
**M.A. I year**

Life is unpredictable. It is full of surprises. One moment you think you've everything in control then suddenly life hits you in the face and everything begins to fall apart. People begin to leave your path. They walk away from you taking away a piece of you with them, leaving you with so many unanswered questions that you spend countless nights tossing and turning about what went wrong and how it went wrong.

You keep thinking about all the possible philosophical explanations to the question: "Why do people leave?" trying to cool down the uneasiness you've been carrying for days. Your insides sink and you keep drowning in emptiness. But perhaps, that's life. It is harsh. It is cruel. We can't ever be sure about anything. It is full of surprises both good and bad. But at least we can do one thing?

Save ourselves. We can control our feelings instead of letting them control us. We can choose the people we want to suffer with. Like Augustus Waters said: "You don't get to choose if you get hurt in this world but you do have some say in who hurts you." Perhaps, like him we could make our choices too. Then, may be life won't seem so full of surprises.



# Pursuit of Happiness

**Rusin Francis**  
**B.Sc. III year**

## **Be grateful or it will be too late**

You were their by my side when no one was there. Framing this topic was to make you all aware of the fact that we are so ungrateful .

Seeing old parents there in old homes is something agonizing to watch the ones who loved us unconditionally who supported us when everything seemed against us who sacrificed themselves for us . But we people don't notice the efforts and sacrifices our parents make for us .They toil hard for us ,just because they want to see us happy and when its our turn to be their to support we turn our heads away from them.

We should find ourselves lucky to have them in our lives for as God himself have given the highest status to them ignoring them in their old age , leaving there hands when they need us the most is extremely sad What all they need is your love.

As it is righteously said that the way to heaven is through them .

They don't need our money, they don't need anything but they need our love, our presence, so be grateful or it will be to late. Rather than regretting whole life for not being there for them or being their support is completely our choice.

## **Travelling Broadens your Horizons**

**Vipasha Shivdasani**  
**BA III Year**

Traveling experiences not only make us aware and familiar of new place or area but it also create some everlasting impact on person's life as it involves experiences that comes from direct interactions with on going travellers and locals. Traveling along with family and friends enhances personal growth which is priceless. Once you travel it opens your eyes to new cultures and ways of life. It's easy to go through life only interacting with people who live close to you, but travelling can help you learn so much more about the world and its people.

Travelling helps the person to be independent and adapt himself as per dynamic environment and its people it can help open the eyes to true kindness and goodness of humanity as while ongoing travelling not only we pass by numerous passengers but somehow we can also get interacted and that clears the myth that “when you travel you are on your own, but that simply is not the case”.

Travelling alone helps to build emotional intelligence as it is the time when a person

expand his mind and discover his purpose. This is the phase in which a person tends to be more creative. Travelling broadens your mind because this experience would not be pre planned as a person would be unfamiliar and this is the time when with unfamiliar circumstances people tend to learn more.



# Mother

**Kamal Krishan Mishra**  
B.A.III Year

Mother! O mother, you love me a lot  
I asked whatever, you always bought  
Only the good thing, you always taught  
Love from you, I always got  
    Mother! O mother you love me a lot.  
    I always think how to thank Neither by  
    rupees nor by Frank  
    For the family you always sacrifice  
You are too human, not a device  
You cook eatables delicious and nice  
I am thanking you once twice and thrice  
Mother! Oh mother, you love me a lot!



# Fly High

**Chanchal Agrawal**  
B.B.A. I Year

The dim sky, so high,  
Although pretty, but  
    Can make you cry, Loneliness,  
Make ocean thirsty, And the rivers dry  
    Ever asked yourself why  
    Looking out for joy  
Standing aside alone, Won't make you die  
    Rather being sad, Just give a try  
You won't need wings, Anymore to fly.

# You!

**Jagrati Pachori**  
BA III Year

She hears the wind rustling through the trees;  
beckoning her to live the dreams she holds so  
dearly.  
She feels the softness of her hands and muses  
at the strength that they possess.  
    Her needs and desires she has learned  
    to express.  
    She has tasted bitter and savored the  
    sweet fruits of life,  
    overcome adversity and pushed past  
    heartache and strife.  
And the one thing she never understood,  
she now knows to be true,  
it all begins and ends with you.

# Sadness

**Pankhudi Shrivastava**  
M.A. II Year

Sadness..  
    what is the feeling of sadness?  
when I have no energy left,  
    The feeling of breaking up from inside  
has made me fake from outside till death  
    When I try to put up a smile for the  
sake of others,  
then stand in front of the mirror asking who are  
these others.  
    The chase for love and validation,  
approval and comfort,  
At the end just wanted to be heard.  
    Okay, I am too tired to fight and I am  
running no more.  
Lets just embrace this feeling a little bit more.  
    The idea of all time happiness was  
theirs to be sold.  
The reality is to experience this feeling  
    So, lets just be sad, relax and breathe  
and I will just focus to love my kitty.

# MONEY : A Refreshing and a Simple Way to Think !

Kriti Dubey  
BBA III Year

You believe that money will make you happy. I know this because I have spent a lifetime making excuses for not seeking or asking for more of it. I held back on earning more money because I thought it would make me happier. Wait, what? This begins to make more sense when we see that the opposite is also true: 'Losing money will make me unhappy.' If we think losing money makes us unhappy, we don't want to risk losing it by exposing ourselves to making more of it. Make sense?

I feared to make more money because this would introduce a higher risk of losing and spending more of it. I would potentially create more instances of people saying no to my requests. Asking for more money would increase the pain I'd experience from more lost sales or denied jobs. And when money is at risk, we think our self-worth; our happiness; our fulfilment too – is at risk. This is rooted in the belief that having more money will make us happier.

When people say 'money won't make you happy,' what does this even mean?

When I hear this, I hear: 'money is inextricably linked to your well-being.'

'Money determines well-being.'

Is that true? Many people believe this to be a truth. It is simply not a reality. Think about it. How can there possibly be a connection, logically? How can money you gain or lose, have an impact on your self-worth; your deeper happiness?

Everything changed for me when I wriggled free of the society's straight-jacket and its unhelpful outlook on money. I came to my senses, seeing that: Money is simply a tool. It is totally neutral. It is a man-made means of exchange. It can be used for good or bad. It has nothing to do with my sense of self-worth. It is only when we THINK it does that it feels like it does. But it does not because money is a tool, neither good or bad. When we can genuinely absorb this, we no longer fear losing it, and we are more open to acquiring more of it. As it says and I feel "Money doesn't buy happiness but lack of money can cause unhappiness, learn how

to make money so you can focus on doing the things you actually want to do."

Do this now. Really see how you are happy deep inside yourself. See how having more or less money has no effect on this more profound happiness. When we can see the tremendous good money for which it can be used, we have a reason to create more value, ask for more of it, and make lots more of it.

We are open to making more because hearing no is just information, not a rejection of ourselves. It's never personal. It's about specific circumstances that are always changing. We can start seeing that money, when viewed healthily, is a means to make a change and contribute, support our families, create space to relax, slow down and create.

And it starts with understanding what money really is. You are already happy by default, beneath your thoughts. See money, not as a source of happiness, but as a means to make a difference. Making a difference. Money can be used to make a difference, but it can also be seen as a reflection of a difference having been made. It is a token of thanks you receive from making a difference.

For example, if I coach someone to reach his or her dream of writing a novel, and I help them to overcome blocks and resistance, I am paid for making a difference. When I make money, I know I am doing something to make a positive difference in the lives of other people. And that makes me want to go out and make more of it.

**Stay  
Positive,  
Work hard,  
Make it  
Happen.**

## At the Face of Poverty



Ishita Mishra  
B.Com III year

Silence screaming,  
His eyes were dreaming  
Amidst the darkness of night,  
He waited for the morning bright.

His scared face narrating tales,  
Also the length of his witty nails.  
Clad in his clothes torn,  
All of his heart was forlorn.

Hunger has dug its trenches deep,  
Neither could he walk nor could he sleep.  
A couple of days without meals,  
Still, the kid had some zeal,  
Fatigue and strained did he feel  
Sleeping hungry now was not a big deal.  
His generation died of indigence,  
And he sat unaware of his insignificance.

In the wider picture,  
In the big and wealthy world  
At the age of ten,  
He barely knew how to survive  
Endure this hunger and poverty.

What fate had for him was a terrible  
mystery,  
In anguish, pain, and starvation,  
Teardrops roll down in frustration.  
He just waits for another day of fight,

To somehow get over his plight.  
Because the downtrodden and needy have  
no rights,  
Hopeless living a life devoid of lights.

## Stuck

Anshita Kumari  
B.Sc. I Year

It feels like a cyclone twirling around,  
Going deeper and deeper into the ground,  
Don't know where does it started from,  
Don't know when it's going to be darted off.

Still feeling the same, no matter what I  
do thinking like insane  
It's making me delulu,  
It's like a cage somebody threw up on me  
I don't know where's the door to make  
me free

I feel like stuck around this time  
I feel like stuck around this time...  
Overthinking, feeling grounded inside  
I wish I could disappear in a sight  
Can't help it but have to go through

Is it just me or everyone feels same too?  
Neither the past nor the future  
But stuck in the present hardening my life  
Delimma of what to do is eating me up all  
alive.

I feel like stuck around this time  
I feel like stuck around this time...  
Still I keep my eyes to the light  
I wish I will reach to the end of this night

To keep the hope of being strong  
Will never be lost and never be wrong.  
Not gonna be stuck around this time.  
Not gonna be stuck around this time.



None of us is as smart  
as all of us.





# Stand up for Yourself

**S. Sashikala**  
**BA III year**

Two months back, when I was waiting for my flight at the Mumbai airport, I had an acquaintance with a very powerful motivational speaker. She was neatly dressed up and sat there scribbling something in a small diary. Since she was sitting alone, I went up to her and greeted her with a bright smile. She acknowledged me with a cheerful face and asked me to sit on the vacant seat beside her. I delightedly sat beside her.

After some formal introductions, five words slipped off my mouth, 'your life is so peaceful.' Hearing me, she took off her glasses and looked me straight in my eyes, and asked, 'what made you think so?' I answered frantically, 'You are always surrounded by positive vibes, you light up people's lives, giving them motivation and inspiring them to leave behind the negativity around them. You haven't taken any wrong turns and now you have reached the top.' With a pause, I continued, 'Your life is so perfect and a great example to many.' She smiled and said, 'I have not always been the way I am today.' I knew a retentive flashback was coming up. So I adjusted myself in a good position and looked at her in awe.

She took me back to the time she had cleared her 10<sup>th</sup> board with 96%. "Everyone in my family was in seventh heaven and celebrated my success with sweet dishes and I was showered with lots of love. And then stood the hardest question before me, 'what next?' My mom knew my interests and capabilities. So she suggested I opt for commerce in the 11<sup>th</sup> standard. I was convinced but my father along with other family members stood against it and forced me to go in for science for my future studies. I silently obeyed them, going against my desires. The following two years were like living in hell for me. I wasn't happy and was not able to cope up with my studies. As a result, my grades kept going downhill and my father's pressure

reached its peak. Each day was a nightmare. Each night I cursed myself for not speaking up for myself and pursue what I desired. Finally, I completed my 12<sup>th</sup> with 75%. I was completely satisfied with my performance, as I had scored more than I imagined, and had got fruit for the pain I had gone through.

Talking about my future, dad wanted me to specialize in mathematics, which was totally against me. This time mom was silent, which was a clear sign, I had to speak up for myself. The quote 'now or never' danced before my eyes and finally I vocalized my aspiration to pursue my future in the field of English. I faced resentment from dad and was insecure. But then I saw my mothers' eyes shine with pride, which gave me back my confidence and I stood firm in my decision. Finally, dad agreed and that night I slept with a great sense of achievement. My career took off in English and I found happiness and loved what I did. With persistent hard work, confidence, and determination I reached where I am standing today. Silence is not always the best answer. Sometimes you need to take a stand and speak up for yourself even if your voice shakes."

The best decisions in life are the hardest ones. The only way to be heard is to speak up. Without bowing down to others, accept yourself truly and learn to take a stand for yourself.



# The Creator

**Kriti Dubey**  
**B.B.A. III Year**



The stars up there lighting the night sky like millions of little bulbs set up in the sky, those massive and giant oceans that spread out from north to south, and east to west, carrying in it a diversity of unimaginable animals, some of them are still a mystery to us. That big, giant croc, which hatched out of a leatherly egg, now is the king of the place he lives in, that beautiful butterfly which was once a spongy, weird looking caterpillar, those salmons which goes against the tide to continue their generation, the plants around us, though not moving, but plays an important role to circulate human existence and life on

Earth and the list of miraculous, unimaginable yet brilliant, amazing and fascinating things revolve around us which are created by an artist, our god, our creator.

When we look around us, the things that are created by god, and when we understand it and look at it with concentration, we realise that everything has a purpose. God never created anything in vain, his creations tell us that he works in ways which are beyond our imagination. The bible also describes his artworks.

He created massive mountains, the peak of which are high above ground level, yet there are birds that flies over these high peaks. He created beautiful valleys at the foot of these mountains which nourishes the flora and fauna. He created majestic looking lion, who walks with grace, he also created cheetahs as one the fastest animal on land.

He created the whole universe by his words, he placed the lights of day and night, he made the seasons for a reason, he created wind

as his messenger and flashes of lighting as his servants (Psalms 104:4). Our god created enormous number of living organisms and yes, he takes care of all of them. So, what is stopping us in believing in this fact that he will take care of our needs as well? Look at the birds, they do not sow seeds, gather a harvest and put it in barns; yet your father in heaven takes care of them! Aren't you worth much more than birds? (Mathew 26:6) these lines said by Jesus is enough to understand this fact that our God will take care of our needs.

Yes, God created everything from that small ant under our feet to the tallest giraffe walking in the grasslands, some of the animals are predators while some are prey, yet when Christ will return all the creation will live together as they were supposed to live; in peace and love.

When we look around us, we find enormous number of miraculous and fascinating things in the nature that are created by god, and not only we find these things on earth but also we see god's creation extending to the cosmos. God made a home in the sky for the sun, it comes out in the morning like a happy bridegroom, like an athlete eager to run a race. It starts at one end of the sky and goes across the other. Nothing can hide from its heat. (Psalms 19:4-6). The existence of everything around us is for a reason, that are made by our god, our creator.





# Beautiful Mind is Better than Fair Complexion

**Pankhudi Shrivastava**  
**M.A. II Year**

"Beauty is not the key to success, Beautiful mind is the key to success. If you love yourself, then you will be successful".

What is beauty? Is it your fair complexion or your hair or may be the trendy clothes you wear?

In India, we people have a misconception about what real beauty is?

Everyone chases after beauty not noticing that beauty lies within everyone's heart. In matrimonial advertisements, we frequently see a constant demand for a fair bride. We have millions of products in the market which help us get a little more fairer or should we say - "a little more beautiful".

But all this does not define what real beauty is -

The real beauty is all about on a person's inside. Inner beauty consists of the people's love for themselves, their love for others and finally their personalities. These characteristics help them shape a beautiful person. Being beautiful means knowing that you are beautiful, not allowing others to put you down by making you think or feel that you are not beautiful. A beautiful person does not try to change him or her because of others.

Beauty requires having self-respect and displaying self respect shows that you love your body, your mind, your spirit and your soul. Beautiful people carry themselves in a respectable manner. Beautiful people show generosity to others, even to those who mistreat them and also help others who are less fortunate than them. It means beauty is beyond skin but it's in the soul. Social psychology explains beauty as only skin deep, that is beautiful people actually are nicer and friendlier from within.

Real beauty is on the inside which is more important than one's outward appearance. One might look good externally but is known better internally

The features of personality which is based on one's emotional, intellectual and spiritual qualities. Inner beauty is something on which a person needs to pay more attention because as he or she gets on with his or her life, all deeds and action are drawn from inner beauty. "No beauty shines brighter than that of a good heart".

## I will be Back Soon

The story of the last promise

**Rusin Francis**  
**B.Sc. III Year**

It all starts with Ahaan a young and promising guy who had only one aim of joining the Defence forces. Jay his brother one of the naughtiest in the school the one involved in almost all of the mischievous activities. The teachers were upset with his behaviour. Teachers often used to say that he'll won't be able to do anything in life but no one knew that what would be happening in future.

Ahaan was really determined he grinded hard and got himself selected in the Indian army.

Things were going well one day Ahaan came to home he hadn't informed his family of his arrival. Every one was really happy to see him especially Jay. He had a great time until a phone rang up and the commanding officer

addressed Ahaan and telling him that he would soon be deployed to Kashmir, where the situation was messed up, quickly he packed his bags up and left his home as he was going Jay came from behind holded his hand and said bhai next time you have to buy me a new cricket bat, promising his brother saying I'll be back soon he waved 'by' to his family and went.

As he joined his duty, the commanding officer told him that the terrorists have entered the territory, gathering the ammunition Ahaan was told to lead from the front he took his Paltan and left to pin down the enemy. They killed almost four terrorist as they went further one of the soldiers stepped up upon a mine and the mine blasted and body shredded into pieces.

Ahaan who was the leader went on to protect his fellow soldiers who were too injured by the blast and within a second of time a terrorist fired and Ahaan felt down and before dying everything flashed before his eyes and just before dying he said 'I am thirsty 'he drank some water and within a span of few seconds he died. As soon as he died the CO called up his family and told

about his martyrdom. Jay who came back from school came to know about his brothers shahadat, was shattered. The funeral happened, Jay who was carrying his brothers mortal remains for the last rites to be done, decided that his brother's sacrifice won't go in vain and he eventually joined the army and became a great officer.

## The 'Self' is Important

**Irfana Anjum**  
**B.Com (Hons) III Year**

Imagine you are in your office completing pending tasks. Meanwhile, you get additional tasks from your boss. You also had plans to meet your best friend the same day but now you are probably going to overwork to finish all your tasks and cancel the meet up plan.

Completing work is good but taking out time for yourself is also crucial. We live in an era where hustle culture, working for long hours, 24/7 productivity, etc. is glorified but, after a certain point of time you will get fed up from such a hustle culture and eventually your health will be affected. Taking breaks from work is necessary. You are not a machine that can work nonstop. When your body and mind are well rested it will help you work more effectively and efficiently. Self-care in simple words means doing the things that you love, doing things that are good for your mental and physical health. Making time for yourself is not selfish because remember if you don't take time for yourself, don't expect others to make time for you and if you don't love yourself then don't expect others to love you.

Have you ever been in this situation where you don't feel like talking to people around you, be it your parents, friends, classmates or colleagues, etc.? You just want to be silent and wander in your own thoughts. Or Your friends ask you to join them for a party but you make excuses to avoid leaving your house and be in your own little bubble. If yes, then that's absolutely okay.

We all have been there, we just want me-time but people around us don't understand it. Some of your friends might feel bad thinking that you are avoiding them but that is not true, it is just that you need some space to be in your thoughts or to do something just for your own happiness.

5 Ways to Practice Self-Care:

1) Buy a gift for yourself - If you're into reading, buy a new book that you've been wanting to read for so long or purchase a new outfit. Gift yourself a present to make you feel special.

2) Go for a solo lunch Learn to be happy in your own company and try out going for lunch all alone and enjoy your favorite food. And don't forget to have dessert.

3) Start Journaling Penning down your thoughts in a diary, sharing all the things that you've been through, writing about how your day was, your work life, etc. Sometimes, it is difficult to share your private life stories with friends and journaling here helps a lot. Remember to hide your diary so that nobody reads it.

4) Learn to say "NO" How many times have you said yes to someone when you actually didn't want to just because you thought the other person would feel bad?

We tend to overthink but try saying "NO" and after a while, you will realize that the other person doesn't even care about it let alone feel bad. In the book Essentialism, Greg McKeown rightly said, "If it isn't a clear yes, then it's a clear no"

5) Exercise Taking care of your physical health is also a part of self-care. You should exercise for at least 10 mins every day. If not exercise, then a simple walk would help you improve your health rather than leading a sedentary lifestyle.

Self-care practices are different for everyone. What works for you does not necessarily work for others. You know yourself better than anyone else, here I shared 5 common ways to show self-love. You may find pleasure in doing something else, then go for it. Don't forget to give yourself the me-time and love that you deserve. Take care of yourself the way you would take care of your loved one.



## My dear Savannah

Sanya Billa  
B.B.A II Year

My dear Savannah,  
Do not feel low ,  
Know that you're not alone,  
While walking by yourself,  
Or crossing the road alone.

My dear Savannah,  
You've always been your hero,  
Working your ways out,  
Trying to make it to the clouds ,  
Yet cheerful for all the good that you found.

My dear Savannah,  
Be kind to yourself too,  
There's a lot to learn,  
And so much to grow,  
You're on the journey towards the truth.

My dear Savannah,  
Discover your worth,  
You're a rock but a diamond you hold,  
Indeed you are a Kimberlite,  
Have the shine within but are still plain outside.

My dear Savannah,  
Be happy to be blessed.  
Be kind to yourself too,  
There's a lot to learn,  
And so much to grow,  
You're on the journey towards the truth.

My dear Savannah,  
Discover your worth,  
You're a rock but a diamond you hold,  
Indeed you are a Kimberlite,  
Have the shine within but are still plain outside.

My dear Savannah,  
Be happy for you are blessed

Be a Student as long as you still  
have something to learn,  
and this will mean all your life.

## Selfcare Is Not Being Selfish

Taking care of yourself,  
By unplugging from  
This world like shelf,  
Does not mean self-care is unfair.

Giving the best hours,  
Of your day to yourself  
does not mean -  
Self-care is self-absorbed.

Living a healthy life,  
Through different styles  
Does not mean-  
Self-care is self-centred.

Prioritising yourself before  
someone,  
Becomes a part of discussion,  
Which is none other than-  
A term called self-obsession.

Stepping back into our true sleeves,  
Is openly called self- belief,  
Which can be mentally achieved  
But, for society it's not good indeed.

To create a life  
Put yourself first in the fight,  
Through which roots get  
replenished,  
And signifies " self-care is not  
being selfish " .

-Mansi Kungani  
B.Com (Hons) III Year

"Your work is to discover  
your world and then with  
all your heart give yourself to it."

# Real success

**Injala Khan**  
**B.Com. I year**

A mound of chocolates  
And a plethora of toys.  
My seven year old self,  
Thought that was the utmost success.

Fast forward a few years,  
And a collection of dresses  
With a hoard of jewels,  
My teen age self thought,  
This must be success.

At the gate of my college  
With keys in one hand  
And a phone in the other,  
Entering with a bunch of friends-  
This is definitely success.

Years have passed since,  
And I remember none of those old  
faces,  
What with the amount of hours spent  
in the office.  
But the sight of my newest car  
Makes me think, this has got to be  
success.

Another festival passes  
With gifts just mailed in masses,  
I haven't seen my parents  
Outside of large screen.  
But the sheer size of said screen,  
Screams: This must be success.

It has been decades since  
This fortune has granted me a smile.  
And so, when passing through an  
alleyway,  
I catch a glimpse of tattered clothes.

Adorned by a dusty face lightened by  
laughter.

A tiny hand clutching the smaller half  
of a chocolate I vaguely remember,  
When the tinkle of those giggles reaches my ear,  
The fog clears and all I can hear,  
Is a pounding in my head,  
Screaming -This carefree happiness is real  
success.

Neither in a six figure salary,  
Nor in designer clothes,  
Nor in a platinum credit card lies any  
success.  
Because with no reason to smile,  
And no company to laugh with,  
No heights of material wealth are  
worth the while.





# Hope

Ananya Choubey  
B.B.A. I Year

Giving up on my dreams,  
the mere thought made me shiver  
In the world of not giving up  
The world feels like it has lost its colours  
made up from blue green violet and red  
has now suddenly turned all black  
    The dream I saw once glittered in sun  
    now I cry day and night that now there  
    is none  
    Hey! how could you give up on me  
    asked a voice unfamiliar,  
    I give you energy whatever you want  
    the money, luxury cars and stuff,  
    just please just don't give up.  
I followed that voice already weak and  
vulnerable  
Nah ! I am good I replied with a smile  
you took everything from me you don't have the  
power to be so generous...  
I then walked in opposite, angry and frustrated,  
with a laugh so wild  
that's how its gonna be ended?  
    Now long stands a shadow so dark so  
    still  
    I moved a little closer only to get a cold  
    chill  
    What's up my son why here so soon  
    well you called for me and here I  
    come who are you mister ?  
    Why have you blocked my path  
    I am death, I came as you asked..  
Then come take me do not waste my time  
I am done with arguments and explaining every  
time.  
No my son, death laughed !  
I take you when I CHOOSE to not when you ask,  
The dream I saw I already gave up.  
No more energy left so just please take me up  
The death laughed again more wildly this time  
you have not felt anything he exclaimed,  
Have you lost your child after he was born ?  
or have you gone through the cancer of stage  
one  
    I have forced people so much with no  
    guilt  
    its their destiny to suffer and live  
    So much nonsense he be spouting like a  
    crack head that  
    now I wanna take death myself ...  
There was a moment of utter chaos  
Then a sudden light broke the silence and voice

so filled with love called death with the  
gesture of love  
What you doing with him she asked  
nothing just amusing myself more and then the  
death laughed

Darling I told you not to go when  
people call  
Sorry I forgot..  
forgive me this once my love  
Hello son.. I am life you up but that's all  
right  
Open up your hands I bought you a gift  
and then on my palms layed a small little

glint  
This is a small hope she exclaimed  
nurture and grow her up again  
You are strong enough I know  
just take a single step at a row  
What If I failed again I asked ?  
This hope will become my dream at last  
with little life span and minimum resources  
    I cannot try again so hard  
    fear no more my son, she said  
    hurry up then, your time is ticking  
    before any of you left  
    YOU create your dream, you have the  
    power to let it go  
    Just leave some things in the middle  
    and let them go  
    You need not finish and compete but  
    experience and learn  
    its not that complicated  
    if you just breathe...and have fun  
    Okay enough ! now my dear don't  
    waste your time on this fool  
    he will not understand even if you  
    make his dreams come true  
    No he will I know I believe in him not  
    like you who believe all are foolish.

Now don't charge me the death said, angrily  
if you will, I warn you I will eat you alive with no  
mercy.

Now we shall go into our realms,  
just do the things until you find what you love.  
Suffer you fool death shouted from the back  
they both vanished before any of them was left..

Now, what do I do, with this utter  
chaos, and a little of this hope,  
Its just so small If I let go it will break  
its cute by the way why not give it a try.  
It will be for ME only me.

# Hard Work Beats Luck

Guru Tahanguriya  
B.A. III Year

Within the domain of victory, numerous people property their accomplishments to good fortune. They accept that a stroke of great fortune is all it takes to reach the apex of their desires. Whereas luckiness can certainly play a part in one's travel, it is difficult work that eventually clears the way to victory. Difficult work is the establishment upon which exceptional achievements are built. It is the immovable devotion, persistent exertion, and countless hours contributed within the interest of an objective. Good fortune, on the other hand, is flighty and unusual. Depending exclusively on luck is associated to putting your dreams within the hands of chance, with no control over the result. Consider the stories of eminent people who have accomplished significance. From business people to competitors, craftsmen to researchers, they all share one common characteristic: an immovable commitment to difficult work. Thomas Edison, the innovator of the light bulb, broadly expressed, "Virtuoso is one percent motivation and ninety-nine percent sweat." His articulation typifies the quintessence of difficult work, emphasizing the imperative part it plays in changing thoughts into reality. Difficult work breeds mastery and authority. It empowers people to secure in-depth information, refine their abilities, and persistently make strides. Luck cannot reproduce the benefits of encounter picked up through difficult work. Victory isn't handed on a silver platter but earned through persistent exertion, diligence, and an eagerness to memorize from disappointments. In addition, difficult work perseverance teach and strength. It builds character, grit, and the capacity to overcome deterrents. Good fortune may offer a transitory advantage, but it is difficult work that supports victory over the long pull. Those who depend exclusively on good fortune regularly discover themselves ill-equipped to handle challenges when they emerge, whereas those who have contributed time and exertion are way better prepared to adjust and flourish in unfavourable circumstances. Moreover, difficult work makes openings. As the saying goes, "Luck favours the arranged." When people contribute their time and vitality into their interests, they position themselves for victory. Difficult work opens

entryways, pulls in openings, and extends skylines. It makes a force that moves people forward, bringing them closer to their objectives. It is worth recognizing that good fortune can once in a while play a part in one's travel. Fortunate experiences and unforeseen turns of occasions can give a boost. Be that as it may, it is important to recognize that these occasions are frequently the result of difficult work creating favourable circumstances. By putting within the exertion, people increment the probability of being within the right put at the proper time. In conclusion, whereas luck may sometimes grin upon us, it is difficult work that reliably wins. Difficult work is the driving constrain behind victory, empowering people to outperform their limitations, create openings, and accomplish their objectives. Grasping the control of difficult work engages people to require control of their predetermination, rising above the confinements of luck and making a way to victory that's both satisfying and persevering.

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Dance, music is an emotional journey. It's how well you can make people feel something that they haven't felt. - Anonymous

## CULTURAL GROUP



**Cultural Group**  
Dance



**Cultural Group**  
Song (Indian & Western)



"Things work out best for those who make the best of  
how things work out." - Anonymous

## CULTURAL GROUP



**Cultural Group**  
Drama



**Cultural Group**  
Literary & Fine Arts



"We should not give up and we should not allow the problems to defeat us."  
- Dr. A. P. J. Abdul Kalam

NCC



**NCC GIRLS PLATOON**  
(ARMY WING)



**NCC BOYS PLATOON**  
(ARMY WING)



"Just when the caterpillar thought the world was ending, he turned into a butterfly"  
- Proverb

NCC



**NCC GIRLS PLATOON**  
(NAVY WING)



**NCC BOYS PLATOON**  
(NAVY WING)



"If you really want to do something, you will find a way. If you don't, you will find excuses"  
- Jim Rohn

**NSS**



**NSS GIRLS UNIT**



**NSS BOYS UNIT**



“The secret to winning is constant, consistent management.”  
- Tom Landry

**B. A.**

**I Year**



Nayanika Gupta

**II Year**



Vipasha Shivdasani

**III Year**

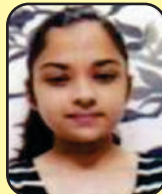


Aditi Jain

**B. Sc.**



Setu Sahu



Anushka Mishra



Neha Sitpal

**B. C. A.**



Muskan Shivani



Kratika Vishwakarma



Hoshita Thakur

**B. Com.**



Mansi Ahuja



Alfia Alvi



Neeti Sharma

**B. Com.  
(Hons.)**



Harshita Channa



Anchal Jain

**B. B. A.**



Rupal Parashar



Shweta Chauhan



Parkhi Gupta

**B. Ed.**

**Final Year**



Soni Yadav



**M. Com.  
(Previous)**



Ambiya Khanam

“All our dreams can come true if we have the courage to pursue them.”  
- Walt Disney

## M. Sc. (Previous)



Yaswanth Kareti



Anindita Biswas



Simran Patel



Aditi Shrivastava

## M. Sc. (Previous)



Pratiksha Tiwari



Shikha Mishra



Amita Saxena

## M. A. (Previous)



Dev Mishra



Deepa J. Wilson



Mahima Singh

## M. Com. (Final)



Pooja Bachwani



## M. Sc. (Final)



Mohnish Dubey



Surbhi Khamparia



Ayushi Sharma



Rishika Khare

## M. Sc. (Final)



Ishita Rai



Yati Iyer



Aditi Singh

## M. A. (Final)



Pranjali Verulkar



Ramsha Khan



Namrata Paul





## Gold Medal Distribution 2021-22



Chief Guest - Dr. Ilayaraja T. , Collector, Jabalpur

Guest of Honour - Dr. Brajesh Singh, Registrar; Special Guest - Most Rev. Gerald Almeida, Bishop Jabalpur Diocese





# DEPARTMENTAL Reports



# Department of English

The English Department aims to strengthen the liberal education of students by developing a deepened understanding of language and culture, the value of critical reading and effective writing, and the richness of literature, past and present.

The highlights of the academic year 2022-23 are as follows:

**Research, Publication and Consultancy-** The Departmental members are actively engaged in research and publication.

A lecture was delivered on Relationship Building on 29 September 2022. One member was invited as Guest Speaker on "Interpretation of Poetry" for Kristu Jayanti College, Bangalore on 28 January 2023. One departmental member was honoured as the Advisory Board Member in Virtual National Conference on "Inclusivity through a Transdisciplinary Prism" organised by Dept. of English Kristu Jayanti College, Bengaluru on 24-25 January 2023. Another Invited Talk on "Interpretation of Poetry" was delivered in Govt. Mahakaushal College of Arts & Commerce, Jabalpur under RUSA on 20 February 2023. Invited Talk on "Exploring Shades of Myriad Flavours: Discovering Dhwani and Rasas in The Hymns of the Himalayas" was presented in the Third World Conference, Jabalpur. Another member delivered an Invited Talk delivered at Mankuwar Bai College of Arts & Commerce, Jabalpur and Govt. Mahakaushal College of Arts & Commerce, Jabalpur under RUSA on 14 December 2022 and 22 February 2023. She was also part of Faculty Development Programme, organised by Ateneo de Manila University's Institute for the Science and Art of Learning and Teaching (Ateneo SALT Institute). The college newsletters 'The Aloysian Times' were released in three volumes in September, December 2022 and May 2023 respectively.

**Guest Lectures-** To complement the regular education of students, guest lectures by eminent speakers were conducted for both the PG and UG students. A guest lecture on "A

Career in Journalism" delivered by Swapnil Joglekar, Chief Copy Editor, Business Standard, New Delhi on 04 August 2022. Prof. Shibani Basu, Head of the Department of English, BSSS College, Bhopal enlightened our students on 26 August 2022 with her knowledge and expertise. Another guest lecture was delivered by Dr. Supriya Mandloi, Faculty, BSSS College, Bhopal on "Literature and Life" on 14 October 2022.

**Certificate Course-** The department conducted an online certificate course on "Towards Better Communication: Honing LSRW Skills" for PG students. Twenty-seven students participated and benefitted from this certificate course. A Certificate Course in Proficiency in English was also conducted for the first year UG students and fifty two students successfully took learnings from the course.

**Investiture Ceremony-** The Department organised the Investiture Ceremony of the newly formed office bearers of Literact Club on 24 August 2022. The new office bearers swore the oath and took charge of the duties. Deepa Joseph Wilson of PG III Semester was elected as the President of the club.

**Talent Fest 2023-** For a more wholesome development of the students, various competitions were organised by the department under the banner of The Talent Fest 2023. Speech and Debate competition were conducted by the department on 08 September 2022 and 01 October 2022. A Poster Competition on the theme "What Freedom means to me" was organised on 20 August 2022 while a Mono Act Competition was held on 24 September 2022. To boost the creativity and originality of our students, the department organised a Poetry Slam Competition on 19 November 2022 and a Short Story Narration Competition on 28 January 2023. Sharad Jaiswal and Kavya Parashar of BA III bagged the first prize at the Youth Fest 2023 University Level in Speech and Debate, respectively.

**Extension Activities—**The Department strives to instill a sense of emotional quotient within the

students for which several extension activities were planned throughout the year. PG students were taken to witness live drama on 24 August 2022 while several PG and UG students were taken to Shri Krishna School, Jabalpur for a three-day session which started on 26 November 2022 to 10 December 2022, PG and UG students actively participated for an activity to World Ramayana Conference 2023 on 07 January 2023. The students of the college were also taken to Virat Hospice on 18 March 2023 for sensitisation towards life.

National Lecture Series - The college participated in a National Online Lecture Series in collaboration with six other colleges and universities across the country where the students were provided lectures on a diverse choice of topics around literature. The series started on 30 January and concluded on 10 April 2023.

Movie Screening — To instill a wider understanding of the text, Movie Screenings of 'Riders to the Sea', 'Oedipus Rex', 'Abhigyan

*Shakuntalam'* were organised for the UG and PG students.

World Day of Social Justice was celebrated as a day of spreading awareness amongst the youth. An orientation was organised to orient the youth of the intricacies of this day. Students were also involved in an essay writing competition in which 25 students from UG and PG participated. The prize winners were given certificates.

World Poetry Day was celebrated by the Department of English on 31 March 2023 in which a Poetry Recitation Competition was organised and several students took active participation.

A total number of 07 Research Papers were presented and 04 Research Papers have been published, 06 webinars, 03 seminars and 04 Conferences, were attended by the members of the Department. One PG student presented a research paper in the PG Students Research and Presentation Competition held on 02 March 2023, conducted by R&D Centre, St. Aloysius College (Auto.) Jabalpur.

## हिंदी विभाग

प्रमाणपत्र पाठ्यक्रम — 6 सितंबर 2022 से 22 अक्टूबर 2022 तक प्रमाणपत्र पाठ्यक्रम "कार्यालय एवं जनसंचार कार्य विधि" का आयोजन किया गया। यह ऑनलाइन था। इसमें कुल 21 विद्यार्थियों द्वारा भाग लिया गया।

भारतीय भाषा उत्सव — विभाग द्वारा चिन्नास्वामी सुब्रमण्यम भारती के जन्म दिवस के सुअवसर पर दिनांक 12 दिसंबर 2022 को "भारतीय भाषा उत्सव" गायन के माध्यम से मनाया गया। इस अवसर पर भारतीय विद्यार्थियों ने तमिल, मलयालम, हिंदी, सादरी, उड़िया, बंगाली गीतों की सुमधुर प्रस्तुति दी। इस कार्यक्रम की मुख्य अतिथि महाविद्यालय की उप-प्राचार्य डॉ. अंजली डिसूजा एवं विशिष्ट अतिथि फा. प्रदीप रॉड्रिक्स थे।

अहिंदी भाषियों हेतु कक्षाएं — दिनांक 21 फरवरी 2022 से 26 फरवरी 2022 तक अहिंदी भाषी विद्यार्थियों हेतु कक्षाएं आयोजित की गईं।

विद्यार्थियों हेतु कार्यशाला — कौशल विकास के अंतर्गत विद्यार्थियों को हिंदी में कम्प्यूटर कार्य में दक्ष करने हेतु एक कार्यशाला का आयोजन किया गया, कार्यशाला 2 मार्च 2022 से 8 मार्च 2022 तक आयोजित थी। इस दौरान सुश्री कुमकुम गौतम के द्वारा विद्यार्थियों को कम्प्यूटर के विभिन्न पहलुओं की जानकारी प्रदान की गई। इसमें कुल 26 विद्यार्थियों ने सहभागिता की।

राष्ट्रीय शोध संगोष्ठी का आयोजन — विभाग द्वारा कवि प्रदीप और कवि नीरज पर द्वि-दिवसीय राष्ट्रीय संगोष्ठी (17.03.2023-18.03.2023) का आयोजन किया गया।

शोध गतिविधि — सत्र के दौरान विभाग की शोध गतिविधि इस प्रकार रही — जर्नल में प्रकाशन — 01, पुस्तक में अध्याय — 02, पुस्तक प्रकाशन — 02, संगोष्ठी में प्रतिभागिता — 09, विषय विशेषज्ञ — 05, बीज वक्ता — 01, कार्यशाला में प्रतिभागिता — 02, पुरस्कार प्राप्ति — 01, अतिथि व्याख्यान — 01, वेबीनार में प्रतिभागिता — 03।



# Department of Economics

The main objective of the Department of Economics is to provide “Quality Teaching and Research”. The department enables students to use common softwares for economic analysis. Department also motivate students in preparing for various competitive exams. The courses at the UG and PG levels are framed and upgraded to enhance employability and critical thinking. The members of the department are intensively involved in research and publication. In order to enhance research aptitude, the members have attended and presented research papers in various National and International Seminars and Conferences. The members have published 03 chapters in edited books and also published 08 research papers in National & International refereed journals. Rev. Dr. G. Vazhan Arasu has edited three books titled “Reskilling and Upskilling for Future Industry and Business”, “Kavya Rishi dwara Sandeep or Neeraj ki Rachnao me Rastravadavam Samajik Sarokar” and “Covid 19 Challenges and Management”. Two monographs were published in The Hitavada by Rev. Dr. G. Vazhan Arasu. One Major Research Project sponsored by ICSSR is ongoing. 03 Research Scholars are pursuing their Ph.D. under the guidance of Rev. Dr. G. Vazhan Arasu, Dr. Reeta Chouhan was the resource person in State Level Workshop organised by Govt. Mahakaushal Arts & Commerce College, Jabalpur on 14<sup>th</sup> February, 2023.

Main Events Organized by the Department :

- ❖ The department conducted Bridge and Remedial classes for weak learners.
- ❖ The Department organized a student exchange programme from North America on 12<sup>th</sup> July, 2022.
- ❖ The Department of Economics organized an Industrial Visit for all the Post graduate students where the students were taken to the “Perfect Firebricks Private Limited” & Railneer, Maneri, Jabalpur (Madhya Pradesh) on 24 September, 2022.
- ❖ The Department of Economics had organized Group Discussion on “Future of Indian Economy” on 16 September, 2022.
- ❖ The department conducted a certificate course on “Advertisement and Sales Promotion” from 10 September to 10 October, 2023.
- ❖ A Guest Lecture on “Advertisement and Sales Promotion” was conducted on 1<sup>st</sup> October, 2022.
- ❖ Internship programme was also conducted for Major students from October to November, 2022 in various organizations.
- ❖ The Department of Economics organized a 'Laghu Natika' on the occasion of “Swami Vivekanand Jayanti” on 12<sup>th</sup> January, 2023.
- ❖ The Department of Economics in collaboration with Kadam Foundation organized an Environment Awareness Programme on 14<sup>th</sup> January, 2023.
- ❖ An Economic Awareness Programme was organized on the 18<sup>th</sup> January, 2023. The programme was conducted in Cantonment Khalsa Higher Secondary School, Sadar, Jabalpur.
- ❖ The Department organized a Field Survey on “Socio-Economic Aspects” to sensitize students for local developmental issues on 8<sup>th</sup> February, 2023.
- ❖ The department organized a panel discussion on “Economic Survey 2022-23” for all UG and PG students.
- ❖ Budget Discussion on “Budget 2023” was organized by the department on 11<sup>th</sup> March, 2023.
- ❖ The Department organized a Poster Presentation Competition on the theme “The impact of Budget on different segment of the

Economy” on 11<sup>th</sup> March, 2023.

- ❖ Departmental Newsletter “Aloysian Economic Times” was released on 11<sup>th</sup> March, 2023.
- ❖ In collaboration with National Statistical Office the department organized One Day

Workshop on “The surveys conducted by National Statistical Office and its importance in Policy making” on 16<sup>th</sup> March, 2023.

- ❖ Considering the importance of academic issues the department signed MOU with Manglayatan University, Jabalpur.

## Department of Political Science

- ❖ The Department makes all possible efforts to maintain an inclusive system incorporating the twin goals of democracy and empowerment as well as nurturing young minds to imbibe the values of hard work and self-discipline. The Department takes pride in striking a balance between academic and extra-curricular activities. The activities for the session 2022-23 are as follows:
- ❖ National Seminar on National Education Policy 2020- A Powerful Tool to Re-establish Bharat as Vishwa Guru, sponsored by ICSSR, New Delhi was organized on 27-28 January 2023.
- ❖ Edited Book entitled 'Right to Information Act 2005: Theory and Practice published.
- ❖ Four Research Papers published in UGC Care List Journal, Two Chapters published in an edited book.
- ❖ Three FDPs, One Workshop and One online National Conference and Two National Webinar attended by the faculty of the department.
- ❖ Five PG students presented papers in National Seminars held at Nagpur, Damoh and Jabalpur.
- ❖ Three PG Students qualified NET-2023, 2 PG Students selected in Agniveer, 1 PG Student qualified SSC, Anant Singh from BA II yr (Pol. Sc.) selected in NDA-2023.
- ❖ The Department conducted Certificate Course in “Human Rights” and Certificate Course on “Right to Information and Filing RTI”.
- ❖ “Pravah” Political Science newsletter released in October 2022 and April 2023.
- ❖ Lecture on Fun with Mathematics organized by Department of Management and Department of Political Science in collaboration with T.I.M.E., Jabalpur on 16 July 2022.
- ❖ To commemorate *Azadi ka Amrit Mahotsav*, the department conducted Panel Discussion on “Contribution of Moderates and Extremists in National Movement” on 20 August 2022.
- ❖ To develop understanding of the words embodied in Indian Constitution and create awareness on the Fundamental Rights and Duties as a citizen of India, Department of Political Science celebrated Constitutional Day in collaboration with NSS and Nehru Yuva Kendra, Jabalpur on 26 November 2022, under which Guest Lecture and various activities i.e. Quiz, Essay and Poster making competition were organized.
- ❖ A Group Discussion was organized on “Emerging Trends in Indian Foreign Policy” to increase the analytical abilities among students for understanding the International Relations and Foreign Policy.
- ❖ To develop a deep insight about the concept of Human Rights, importance of Human Rights and Rights of Women, Disabled, etc. online guest lecture was organized in collaboration with Jesus and Mary College, New Delhi on International Human Rights Day, 10 December 2022.
- ❖ Essay Competition on 'Compulsory Voting' was conducted on 15 January 2023.
- ❖ To commemorate the 127<sup>th</sup> Birth Anniversary



of Netaji Subhash Chandra Bose as “Parakram Diwas”, Department of Political Science in Collaboration with Department of Biotechnology organized Intercollegiate Quiz “Bharat Quiz” on 23 January 2023.

- ❖ To create awareness among students about their voting rights that One Vote can make a Change, Department of Political Science in collaboration with Electoral Literacy Club, St. Aloysius College (Auto) Jabalpur organized 'Nukad Natak' on the theme of 'Loktantra main Matdaan ka Mahatva' on 25 January

2023.

- ❖ Essay Competition was organized in collaboration with Indian Institute of Public Administration M.P. and Chhattisgarh Regional Branch, Bhopal on the topic “Panchayat Raj - Achievements and Prospects”.
- ❖ *Yuva Samwad* and *Budget Par Charcha* programme organized by Department of Political Science on 16 March 2023. The speaker of the programme was Shri Ashok Rohani, MLA Cantt Jabalpur.

## Department of History

'A people without the knowledge of their past history origin and culture is like a tree without roots.'

-Marcus Garvey

The highlights of the academic year 2022-23 are as follows:

- ❖ Dr. Manju Maria Solomon completed one Minor Research Project sponsored by Indian Council of Social Science Research(ICSSR)
- ❖ Research paper published in an International Journal and Analytical Reviews(IJAR), Paper entitled “Growth and development of tribal people of Madhya Pradesh: Issues and Challenges. ISSN:2348-1269, P-ISSN2349-5138, January 2023
- ❖ Second research paper published in AGPE Research Journal entitled, “*Virangna Rani Avanti Bai aur Mandala Kshetra mei Swatantrata Sangram*”. Vol.-4. Issue-01, January 2023
- ❖ To celebrate *Azadi ka Amrit Mahotsav*, The department organized a Poster Making Competition on “India's Independence and Contribution of Freedom Fighters”(6/8/2022)
- ❖ On 9<sup>th</sup> September elections of History Forum were held. S. Sashikala was elected as the President and Sharad Jaiswal as the Vice President.
- ❖ On October 15, 2022 the Department of History organized a one day Educational trip

to Chausath Yogini Temple for BA third and second year students.

- ❖ To invoke the feelings of love and compassion in students, the department of History organized a visit to Raj Kumari Bai Bal Niketan orphanage on November 25, 2022.
- ❖ An educational trip was organized a group of students were taken to the Rani Durgawati Museum, Napier town, Jabalpur.
- ❖ The department organized an orientation programme for the first year students to provide the information regarding Project, Internship.
- ❖ The department conducted an Online Certificate course on “Indian History Chronology from Ancient India to Medieval India” from 2<sup>nd</sup> December to 14 January, 2022
- ❖ The Department Published newsletter “VIRAASAT”.
- ❖ To commemorate the birth anniversary of great freedom fighter Neta Ji Subhash Chandra Bose, the department of History celebrated “Parakram Diwas” on 23 January 2023
- ❖ Participated in an online International Conference on 'Indian Culture in South East Asia: Past And Present, organized by Babasaheb Bhimrao Ambedkar University, Lucknow, 23-24 September 2022.

# Department of Computer Science

“Quality through Perseverance” Estd: 1991

The Department of Computer Science & Application focuses in 'Educating for better tomorrow with Quality through Perseverance'. The highlights of the session 2022-23 are as follows:-

- ❖ To make students familiar with the computer skills and to bridge the gap, the department conducted bridge classes for two weeks for the students of first year BCA, BSc (CS), BCom (CA), BA (CA), BSc (CA). The department conducted five days skill enhancement programme on “Hands on Training with Python” for school and college students from 22<sup>nd</sup> August to 26<sup>th</sup> August 2022. Ms Poorvi Gupta, Technology Analyst at Infosys and by Mr. Ankur Srivastava, Web Developer and Robotics expert at Redevolvers Automate Solution Pvt. Ltd. were the resource persons. Around sixty students were registered and Ms. Mala Das was the in charge of the activity. In the month of September, the department started a Diploma course in computer application (DCA) in which the students from different streams were registered, around forty five students reaped the benefits from the course. Mr. Amit Yadav from the department was the resource person.
- ❖ In the month of December, the department of Computer Science organized a workshop on “Gaming through Python” for school students, In this around 128 students participated. In the beginning of the new year the department of Computer Science in collaboration with department of Management organized an annual mega

event “Meraki : A knowledge fest 2023” on 21<sup>st</sup> Jan 2023. The event was in two levels- school level and college level. Around 150 teams from the school and 450 students from the college participated. The activities undertaken were Quizzard, Advertify, Inspirobics, Go Prism, Color Rush, Snap My Life, Food Swings, Scene Dreams, It's Debatable, Sales Push, Samvad, Pens Worthy and From The Attic. On the occasion of Subhash Chandra Bose Jayanti on 23 January 2023 a group discussion activity was conducted in BCA 3<sup>rd</sup> year on the topic “Teachings of Subhash Chandra Bose”

- ❖ With the objective of making students familiar with the latest technology and trends the Department of Computer Science Organized a five days Workshop on IoT for Undergraduate Students of the Department from 3<sup>rd</sup> 10 Jan 2023. Around 120 students from BCA/BSC/B.Com II year were registered. The resource person was Mr. Vivek Singh, Director, Eagle Foundation Logical Lab Private Limited, Jabalpur. Students were made aware of the concept of IoT Technology and hands-on training was also provided using the D1R1 Board.
- ❖ The Department of Computer Science organized a National Software Development Championship on 3<sup>rd</sup> March 2023. Total registered teams were 32 from all over India. The First Prize of Rs. 11000/- was won by the team "The Vision" from Gyan Ganga institute of Technology and Science Jabalpur. Second Prize of Rs. 7000/- was won by Team "SA Square" from Shri Ram Institute of



Science and Technology Jabalpur and the third Prize of Rs. 5000/- was won by Team "Tech Titans" from M.K Institute of Technology Gujarat.

- ❖ This year department organized a sixty hours internship programme on "Basics Cyber Security Techniques and Related Tools" Sixty students of Home Science College

participated, this internship started from 9<sup>th</sup> Jan 2023 and ended on 14<sup>th</sup> Feb 2023. From 20<sup>th</sup> February to 3<sup>rd</sup> of March students of B.Com (CA) participated in Digital Marketing training and internships, Mr. Gyanendra, Director Cognizant Solutions Pvt. Ltd, Jabalpur was the instructor and around 38 students participated.

## Department of Mathematics

"Some succeed because they are destined to, but most succeed because they are determined to"  
Henry Van Dyke

With the aim to develop mathematical insight and analytical skill in students the Department of Mathematics steered various activities. Every activity undertaken reflects meticulous planning, action and determination. Some highlights of the department are as follows:

- ❖ Interdisciplinary certificate course titled 'Vedic Mathematics' was held from 28<sup>th</sup> Sept. to 28 Oct. 2022.
- ❖ Student workshop wherein research articles and reviews were presented was organised on 19<sup>th</sup> Nov. '22.
- ❖ Guest lectures and various other curricular activities were arranged for students.
- ❖ Online National webinar on 'History and Recent Trends of Mathematics' was organized in collaboration with Patna Women's College, Patna on 22<sup>nd</sup> Dec. '22.
- ❖ National Mathematics Day was celebrated with great zeal. The Mathematical Society newsletter was released and the winners of the Power Point competition held earlier were declared on the occasion.
- ❖ Under the guidance of Dr. Mandira Kar three postgraduate students presented their research in an International Conference and

published a research paper titled 'Optimization models with real-world perspective' in a book.

- ❖ Alumni meet of the 1991-94 batch was held on 11-12 Nov. '22 and more than twenty-five worthy ex-students from India and abroad extended a helping hand to their alma mater in terms of scholarship and placements.
- ❖ Faculty members Dr. Mandira Kar, Dr. Mita Darbari and Dr. Akhilesh Pathak had been chosen to provide video (YouTube) lectures for the M.P. PG Higher Education portal.
- ❖ Dr. Mandira Kar reviewed a research paper of Asian Research Journal of Mathematics.
- ❖ Dr. Mandira Kar and Dr. Mita Darbari delivered invited talks as resource persons in national webinars.
- ❖ Nine research papers have been published, two in Scopus/UGC/peer reviewed journals and seven as chapters in books with ISBN no.
- ❖ Six research papers were presented at international and national conferences.
- ❖ Faculty also attended 4 Faculty Development Programmes to deliberate on advances in mathematics.

# Department of Chemistry

“Education is not preparation for life; education is life itself.” – John Dewey

This National Education Policy envisions an education system transforming India sustainably by providing high-quality education. The objectives of the NEP can be achieved by developing knowledge, skills, values, and dispositions for sustainable development and living, and global well-being. To develop such values the Department of Chemistry has conducted different activities in the session 2022-23.

□ Activities conducted under Star College Scheme by DBT:-

- ❖ Practical and projects: The department of Chemistry St. Aloysius' College (Autonomous) Jabalpur, under DBT STAR scheme conducted practical other than the prescribed syllabus for BSC I, II and III year students based on equipment's purchased under the scheme.
- ❖ Guest Lectures- A Lecture by Dr S.N. Shukla Professor, Govt. Model Science Autonomous College Jabalpur on the topic “Group theory” on 17, 19 and 20 October, 2022 and a lecture by MR K.L. Dubey, Senior Chemist, Udaipur Beverages Pvt Ltd on topic “Water Analysis and Water Testing” on 4 Feb 2023 was organized for UG and PG students.
- ❖ Chemistry Seminar- The department organized a two day Chemistry Seminar for UG and PG Chemistry students “New Avenues for Employment in Chemistry” on 30 September and 1 October, 2022. Six Lectures on different topics were conducted and 74 students attended the seminar
- ❖ Value Added Courses-Two Star College Scheme, DBT sponsored certificate courses

entitled “Instrumentation and Analytical Techniques in Chemistry” from 22/09/22 onwards and “Chemistry of Food: Analysis and Estimation” from 5-19 February 2023 were conducted where 41 and 31 students participated respectively with enthusiasm and zest.

- ❖ Training Programme- Two days training programme on preparation of Soap, Floor Cleaner, Liquid Hand Wash, Lipstick and Sanitizer was organised on 6-7 September, 2022. The same was organised again on 29-30 March, 2023 under the Star College Scheme where 124 students underwent the training.
- ❖ Industrial Visit- Industrial visit for 51 Chemistry students was conducted on 21 January 2023 to 03 industries viz Coca Cola, Jabali Paper Limited and Steelace Industries and a lab visit to "Pesticides Residue Analysis Laboratory" in ICAR, Directorate of Weed Science, Jabalpur was organized on 2<sup>nd</sup> February 2023 for 30 students.
- ❖ Rasayanika- To generate scientific temper and curiosity for learning the department conducted Rasaynika from 2 -14 October, 2022 where Debate, Awareness poster, Quiz, Rangoli, Chemical Toran, Scientific model and Imagery writing competitions were conducted. Nearly 250 students participated with enthusiasm and won prizes.
- Paper Presented:
  1. Three teachers and nine students participated in an International Conference on Multidisciplinary Research Perspectives organized by BSSS Bhopal held in 16-17



- February, 2023 and presented papers. Ms. Disha Bhatiani, MSC IV Semester Chemistry won the Best Presentation Award in the International Conference.
2. Four teachers and 24 Chemistry students participated in the International Conference on Plastics held on 25-26 February, 2023 at Hitkarni Women College, Jabalpur, M.P and presented 3 papers and 1 poster. Ms Anam Fatima, Ms Anjali Patel, Mr. Abin Thomas and Mr. Chetan Bhatia received the 2nd prize in Poster Presentation.
- ❑ Faculty Development Programmes- The teachers of the Department regularly participated in nearly 12 International and National seminars/conferences in the session 2022-23 to continue the process of learning and upgrading their knowledge quotient.
  - ❑ Book Chapters/ Papers Published/ Books Edited:
    - ❖ One faculty published two research articles in Microchemical Journal and Analytical Methods and 03 in Asian Journal of Chemistry, 06 chapters were published by faculty in book entitled in 'Covid-19 Challenges and Management', Volume Volume 1, Year 2022 and 02 faculty have edited book entitled 'Covid-19 Challenges and Management'.
  - ❖ Review of Research Manuscript- One faculty reviewed 3 manuscripts for the Iranian Journal of Chemistry and Journal of Chemical Engineering, 01 for Malaysian Journal of Chemistry and 01 for Materials Today: Proceedings
  - ❖ Resource Persons- One faculty gave a lecture on Academic Excellence under the MPHEQIP, World Bank Project and Navbodh Prakasan and 03 faculty members gave lectures and 02 gave practical inputs in STUTI supported by FIST, DST.
  - ❖ Departmental Newsletter — The departmental newsletter DISHA was released on 17 April 2023 and it was edited by student editors Mr Enosh Yakub and Ms Shirley Brown.
  - ❑ Peace Project- A certificate Course entitled “Creative Approaches to Peace for Character Formation and Holistic Development” was conducted from 25th February to 16th March 2023. The course is sponsored by United Board for Christian Higher Education in Asia under the Peace Project entitled “Creative Approaches to Peace”. 32 students attended the course. The certificate distribution ceremony was held on 24 April 2023 in the gracious presence of Prof. Wai Ching Angela Wong, Vice President, UBCHEA and Prof Maher Spurgeon, Programme Consultant, UBCHEA.

## Department of Physics

The Department of Physics is dedicated to fostering a culture of “Curiosity and Discovery” among students and faculties. Our motto “The inquiring mind progresses” reflects our belief that Physics is not only a science but also an art of asking and answering fundamental questions

about the nature of reality. We offer a range of courses and research opportunities that cover the breadth and depth of Physics. The highlights of the Department for the session 2022-23 are as follows:

- ❖ Aug 27, 2022: The Department organized a

Webinar on Craft's Man of the Future.

- ❖ September 8, 2022: The Department organised an Online guest lecture on "The Mars Mission & Opportunity in Astrophysics".
- ❖ Outreach Activity our students visited and demonstrated some interesting science experiments in the schools.
- ❖ Govt Higher Secondary School, Majhgawan on 31 Aug 2022 Maharashtra Higher Secondary English Medium School, Jabalpur on 17 Sep 2022
- ❖ St. Thomas Higher Secondary School Jabalpur on 24 Sep 2022 Govt. M.L.B. School, Jabalpur on 13 Dec. 2022
- ❖ October 15, 2022: Open House for the popularization of science. (Nearly 200 students from different schools visited our Lab.)
- ❖ December 03, 2022: Popularisation of Science: Teaching of students of different schools by departmental faculty members.
- ❖ November 22-26, 2022: One of the students of the Department, Anshika Pandey got second rank in essay writing competition organised by Mahakoushal Vigyan Parishad in 5 days National workshop for popularisation of Science.
- ❖ November 24, 2022: Participants of National Workshop: "STUTI" visited Departmental Lab.
- ❖ January 05, 2023: PG (Physics) student, Azna Khan, visited and got training on advanced instrument: Pulse Laser Deposition (PLD) at Tera-Hertz Spectroscopy Lab in the Physics Department, ISSER, Bhopal
- ❖ January 09, 2023: Five Students of Govt. Amar Veerangana Rani Durgavati College, Tendukheda, Damoh Visited the Physics Lab.
- ❖ January 14, 2023: Organized an educational visit to Jabalpur Airport for UG and PG

students. Complete information of fuel filling in the airplanes, cleaning of the fuel and its refilling was given by ATC. Students got acquainted to different terms used by ATC to guide Pilots.

- ❖ January 18, 2023: Guest Lecture on "Fundamental Laws of Electromagnetism & their Influences"
- ❖ January 22, 2023: The Department of Physics is the only center in entire Mahakaushal region for National Graduate Physics Examination (NGPE). This year 14 students participated in the NGPE Exam.
- ❖ February 28, 2023: Divyam Singh and Abin Thomas got first rank in working model competition in National Science Day organized by RDVV, Jabalpur on 27-28 Feb. 2023.
- ❖ March 3 & 4, 2023: Three faculty members presented a research paper at the International Conference on Role of Science, Education & Technology in making India Self-Reliant & Globally Competent (ICR-SET-2023) organized by St. Aloysius' Institute of Technology, Jabalpur. Six PG students also presented their research in the same conference. Ms. Shivani Kanoujiya and Vandana Raigot got first rank in the poster presentation.
- ❖ March 14, 2023: Forty Students of UG and PG along with faculty members went to Sri Path Baba (10 MW) Solar Plant.
- ❖ March 20 & 21, 2023: One PG student of the Department Ms. Shivani Kanoujiya attended two day workshop on planetary science and exploration during 20-21 March 2023 at Physical Research Laboratory, Ahmedabad. The workshop was organised by the Indian Planetary Science Association.



# Department of Zoology

Departmental activities organised during the session 2022-23 are as follows :

- ❖ The Department organised Quiz competition on the occasion of International Tiger Day on 29 July 2022 to create an awareness regarding the dwindling population of the Tiger species. Total 35 participant of UG and PG participated in the competition.
- ❖ The Department, in association with Red Ribbon Club organised an Extempore programme on “Health and Hygiene” on 30 July 2022. Total 45 participants from UG and PG participated in the programme.
- ❖ The Department organised Guest lecture on “Modern Trends in Animal Taxonomy” on 17 September 2022. Dr. Saipari Sailo, Scientist Zoological Survey of India was the guest speaker. Total 100 participants of UG and PG benefitted.
- ❖ The Department organised one month certificate course in “Microtomy” from 16 August-16 September 2022. The total number of registered students was 18.
- ❖ The Departmental member and PG students visited to Dumana Nature park Jabalpur for Environmental awareness programme on 1 October.
- ❖ The Department organised various competitions like T-Shirt painting, wild life sketching, wild life photography, origami, Video documentary competition on the topic endangered animals on the occasion of wild life week celebration from 7 October to 13 October 2022-23. Total participants were 28.
- ❖ The Department and Red Ribbon Club St. Aloysius College organised Road show for Aids Awareness Programme on 1 December 2022.
- ❖ Students of UG and PG presented research papers in National workshop on “Basic principles of medical mycology tools and techniques” from 5-9 December 2022.
- ❖ The Department of Zoology organised certificate course in “Innovative Zoological Practices” Sponsored by DBT under Star College Scheme from 9-23 January 2023. The total number of registered students was 15(UG).
- ❖ The Department of Zoology organised a Two Days Workshop on 'Sericulture: Self-Employment' on 20- 21 January, 2023. On Day 1(20 January 2023) the guest speaker, Dr. Reeta Bhandari Principal, Govt. OFK Degree College Jabalpur (M.P.) delivered a lecture and on Day 2 (21 January 2023) students and faculty members visited Govt of Madhya Pradesh sericulture unit at Narsinghpur (M. P.).
- ❖ Internship training on “Vermicomposting as sustainable practice for solid waste management in Jabalpur city” was organised for M.Sc IV Sem from 23 January to 31 March 2023. Total 20 students enrolled for the training programme.
- ❖ PG students presented research paper in Mahatma Gandhi Gramodaya Vishwavidyalaya Chitrakoot, Satna (M. P.) on 7-8 February 2023 in a National Seminar on 'New Dimensions of Life Sciences in the Perspectives of sustainable Development Goals'
- ❖ On the occasion of National Science Day, the Department of Zoology organized Guest lecture on 'Filaria' and Health Awareness Programme for girl students & female staff members on 27 February 2023 and Movie show on 28 February 2023.
- ❖ Visit to Poultry Farm was organized on 4 March 2023. The main objective of the visit was, to impart knowledge in modern poultry management and develop their skills. Number of Beneficiaries were 35 (UG and PG).
- ❖ An awareness programme on 'Taxonomy & its scope in Zoology' was organised on 20 March 2023. Mr. Akhil Nair & Mrs. Akriti Singh, Alumni, working in Zoological Survey of India spoke on various aspects of career and scopes in Zoology. Number of beneficiary students was 56 (UG & PG).
- ❖ Organised an Online Quiz and Poster Competition in collaboration with Department of Zoology of Sophia Girl's College Ajmer Rajasthan, Total beneficiaries were 119 on 7 April 2023.

# Department of Botany and Microbiology

The Department of Botany and Microbiology is constantly engaged in approaching new milestones in teaching and learning. During this session the department undertook following activities :-

- ❖ Expert talk by Alumni: The Department organized a career guidance talk on 20 August 2022 by an alumnus. Bonsai Training programme: With an objective of developing entrepreneurship skill among students, the department organized a training programme on “Bonsai Cultivation” on 3 September 2022.
- ❖ Lab Visit of school students: On 9-10 September 2022, school students of Madan Mahal Swarwati Shishu Mandir, St. Norbet Senior Secondary, Army Public School gate no. 2 and Symbiosis school Adhartal visited the department.
- ❖ Certificate Courses: Certificate course in Mushroom cultivation commenced from 15 September 2022 and Certificate Course in water quality monitoring started from 1<sup>st</sup> December 2022 for UG and PG students of Life Sciences.
- ❖ Guest Lectures: Dr. Sapna Rai, Assistant Professor, Department of Botany, Government College Harrai, Chhindwara (M.P.) delivered a lecture on 'Ethics for Botanists and Microbiologists' on 10 September 2022. Mrs. Laveena Sharma, Business Manager, Jawaharlal Nehru Krishi Vishwavidyalaya, Jabalpur in collaboration with Jawahar RKVY-RAFTAAR agribusiness Incubator, delivered a lecture on Agristartup on 24 November 2022. Mr. Agranshu Dwivedi, Manager, Jabalpur Incubation Centre (JIC) delivered a lecture on 'Hydroponics: Practices and Benefits' on 24 January 2023. Dr.Kafeel Ansari, University of Guyana, Georgetown, America delivered his talk on 'An insight on economic importance of Algae' on 31<sup>st</sup> January 2023.
- ❖ Activity under MoU: Students and faculty of St. Pious College Hyderabad visited college on 29 September 2022. The Department also organised an industrial visit to Mukund Biotech Jabalpur on 25 February 2023.
- ❖ Hands-on Training programme: The Department conducted a hands-on training program on 'Fungal Identification' on 30 January, 2023.
- ❖ Internship: Internship on instrumentation was organised for students of M.Sc. IV Sem (Botany), Govt. M.H. College of Home Science and Science, Jabalpur from 09-18 February 2023.
- ❖ Workshops organised: The Department organised a seven-days National workshop on Analytical Techniques from 21-27 November, 2022. The workshop was funded by the DST under STUTI scheme in collaboration with IIT Gandhinagar. Applicants from all over India including students and faculty from various disciplines of Life Sciences participated in the workshop. A Workshop on Instrumentation was organized on 9-10 February, 2023 for the students of Govt. M.H. College of Home Science and Science and Govt. College, OFK, Khamariya Jabalpur.
- ❖ Ecofest 2023: The Department of Botany and Microbiology in association with Nature Club, organized 'Ecofest 2023' on 21 January 2023 on the theme Science and Environment. During this event, Poster making and best out of waste competitions were held for UG and PG students of the department.



- ❖ International Microorganism Day Celebration : The department celebrated 'International Microorganisms' Day from 17-24 September 2022. Dr. Mrs. Anjali D'Souza (Vice-Principal) gave prizes for the winners of all the competitions.
- ❖ Industrial visit: The department organised an industrial visit to Agadyati Herbs and Food Pvt. Ltd. Jabalpur on 5 February 2023. Department also organised an industrial visit

to Narmada Gelatin factory Jabalpur on 25 February 2023.

- ❖ National Science Day Celebration: The Department celebrated National Science Day from 24-28 February, 2023 on the theme "Global Science for Global well-being". An exhibition of Jams, jelly and pickles, bamboo art and fun activities were also organised.

## Department of Biotechnology

The Departmental activities for this session 2022-2023 are as follows:-

- ❖ The Department of Biotechnology organised an online expert talk on "The Genomic epidemiology of Monkey Pox Virus: A Global Concern" on 20th August 2022 from 12:30 PM onwards. The speaker of the programme was Dr. Abhinendra Kumar, Research Scientist-V from National Institute of Virology, Indian Council of Medical Research, Pune.
- ❖ The Department organised a trip to Agadyati on 17 September 2022, for UG students to create awareness regarding organic farming and establishment of a start-up to a commercial level. A MOU was signed between Department of Biotechnology, St Aloysius College (Autonomous), Jabalpur and Agadyati Herbs and Food Private Limited', Jabalpur in order to enhance the relationship between Industry and Academia. This collaboration will serve as a platform for cross learning and sharing of knowledge, best practices on Innovation, incubation and start-up ecosystem development.
- ❖ Aloysian Biotech Society under the aegis of Department of Biotechnology, St. Aloysius' College, Jabalpur organized *Vigyanam Garjana*- City's biggest interschool event on 15 October, 2022. The prime motto of the event was to promote science among young individuals.
- ❖ Constitution Day was celebrated on 26 November in which all the faculty members, UG and PG students took oath.
- ❖ The Department conducted a massive 10 days robust internship for the undergraduate students of Home Science College, Jabalpur. About 58 students underwent the internship where they learnt from isolating the DNA from various plant samples to its quantification and determining its melting temperature while others learnt about the basics of Plant Tissue Culture.
- ❖ The Department organised an industrial visit to "Shivshakti plant tissue culture industry, Gosalpur" on 4 February 2023. Students of B.Sc III year and M.Sc along with faculty members Mr. Nitin Swamy, Mr. Enosh Phillips & Dr. Anisha Rupashree went for an Industrial Visit.
- ❖ On the occasion of science day, the department organised an event named 'AVINYA' from 25-28 Feb 2023. Various events like Sci-fi eagle, shark tank and documentary competitions were organised.
- ❖ The department organised a two day online

expert talk on Bioinformatics on 27-28 Feb from 7:00-8:00 pm. The distinguished speaker of the programme was Ms. K.

Srividya, Project Research scholar, CSIR. CCMB, Hyderabad. About 50 students attended the talk.

## Department of Management

“Education is the key that unlocks the golden door to freedom.” George Washington Carver

We, the Department of Management envision creating world-class corporate leaders for the global economy. We work to develop the analytical and result-oriented temper in our learners, thereby specifically disseminating academic and applied knowledge in the field of business management. The following were the highlights of the academic session 2022-23 :

- ❖ The department organised a series of guest lectures on Soft Skills, Life Skills, and Time management, Guest Lecture on “Fun with Numbers” was organised on 16 of July 2022, to enable the management students to hone their mathematical and general aptitude skills, helping them to prepare for competitive examinations. By contemplating the present competitive scenario and knowledge sharing programme for future managers for the digital era, a webinar on digital marketing was organized on the 20 August 2022; the session was attended by 150 students. A three day workshop on “Financial Reporting and Tax Fillings” was conducted for all aspiring finance students on 24 Sept' 2022, by Lawgical Startup with the concept of Learn and Earn Training (LET), the workshop guided the students on Understanding Trial Balance & Proprietorship its accounting through Tally in very less time. A session on “Linkedin Profile Management and Development, was conducted on 26 November 2022, in hybrid mode. A total of 300 students benefitted from the session. On 25 February 2023, a session on Financial Management was conducted by Apex Capital. A total of three hundred fifty students participated in the

session. One day Workshop was organised on 16 March 2023, on "National Statistical Office: Role in conducting various surveys". The aim of this workshop was to create awareness about various surveys conducted by the National Statistical Office. Around 93 Students participated in the workshop. An interactive session on building a profile was conducted on the 18 March 2023. Around seventy- five students participated in the event.

- ❖ Enhancing the learning, and giving better insights into the real-time corporate working, an industrial trip to Agadyati Herbs & Food Pvt. Ltd., Jabalpur, was organized on 4 March 2023, for BBA 2<sup>nd</sup> Semester students. Mr. Ambika Prasad, C.E.O. & Co-founder of the Agadyati Organic Farm gave an introduction about his firm and shared how to start a business, and gave valuable inputs on growing an organic farm.
- ❖ The department also provides young writers who wish to explore and share their intellect in words in the form of articles, columns, pros, and poems through our departmental newsletter. In this academic session the first issue of the Departmental Newsletter "AMA Review" was released, on 5 November, under the theme “Business Law creates Business Model for the Economies of Every Society”. The second issue of AMA Review was released on 6 April 2023. The theme for the second newsletter was "Industry 4.0".
- ❖ Moving beyond the academic domain and making our students sensitive towards their social responsibility, the department in collaboration with Rotract Club visited a



Government school, Mehgawan Jabalpur. This extension Activity was integrated with creating awareness and importance of education among students with games followed by prize distribution and donation of academic stationery.

- ❖ The extracurricular activity provides a platform to nurture students' overall personalities and instill team spirit, endeavor to bring extraordinary talent to participants. The Department of Management under the banner of the Aloysian Management Association, organized "AMA Meraki 2023", an annual fest on 21 January 2023," where a series of activities are organized to inculcate leadership, team building, and event management skills in our students. Various competitions like Quizzard, Advertify, Inspirobics, Go Prism, Color Rush, Snap My Life, Food Swings, Scene Dreams, It's Debatable, Sales Push, Samvad, Pens Worthy and From The Attic were organized. The students' committee managed the event and was in charge of the academic activities and the event concluded with a prize distribution Ceremony.
- ❖ The department not only uplifts the student's performance but also develops

excellence of the faculties, making them assets for the institutions to achieve greater heights of success. The Department in collaboration with St. Claret College, Bengaluru, organised a two-day faculty exchange Research Workshop Vyakarana 2022, and one Faculty conducted a session on Data Analysis, on 6-22 of August 2022. One of the Faculty was invited as a resource person by MANIT, Bhopal, to conduct a session for a Workshop on Research Methodology, on SPSS, on 9-10 December 2022. One faculty member got enrolled for Ph.D. All the departmental faculty members actively participated in research activities. Two faculty members published their papers in UGC Care online journal. Four faculty members published chapters in book. One faculty published a Book. All the faculty members have paper presentations in International and National conferences. One of the departmental members got enrolled in an International Course "Service Learning in Asia" on 3 April 2023 sponsored by the United Board, Singapore. All faculty members participated in International and National Seminars Conferences, Faculty Development/Enrichment Programmes.

## Department of Commerce

The Department of Commerce works with the motto "In Pursuit of Excellence" and stroved to achieve this goal through various activities. Here is a summary of the departmental activities for the academic session :

- ❖ The Department began the academic session as per the National Education Policy and in keeping with the objectives of NEP offered major, minor and elective courses where electives offered for 1<sup>st</sup> year were in skill disciplines of commerce like, Advertising and Sales Promotion, Banking and Insurance, Business Maths, Business Economics and Data Processing. Electives

offered in 2<sup>nd</sup> year were Principles of Management, Foreign Market Operations, Corporate Law and Data Processing. In light of the NEP framework of imparting skills to learners various Add-on courses were conducted throughout the year, including B.Com. with Certified Management Accountant (US CMA), Finance for Non-Finance Professionals (Introductory level), Programme in Banking, Finance & Insurance in collaboration with Bajaj Finserv, and Taxation for Beginners. These skill based add-on courses helped to hone the managerial and accounting skills of

students. An add-on course on Taxation for Beginners was also started for Holy Cross College, Tiruchirappalli, and the first batch was successfully completed. The department also conducted vocational courses for undergraduate students, including E-Accounting and Taxation with GST, Accounting and Tally, Financial Services and Insurance, and Salesmanship, providing students with practical exposure to create industry-ready graduates.

- ❖ Fostering international collaboration, the Department conducted an online certificate course in GLOBAL BUSINESS with partner country La Salle University Columbia from 14-25 February, 2023 in collaboration with East Carolina University, USA. The department also organized a visit to an old age home under Extension activity to celebrate the joy of giving on 19th November 2022. The Department organised the "Commerce Fest-Bharat Business Conclave," a platform for students taking up Commerce in school and college education to help them experience the strength of various business models in diverse regions of India. An one-day online webinar in collaboration with St. Paul Institute of Professional Studies, Indore was organised.
- ❖ Research highlights include the publication of an edited book on Reskilling and Upskilling for Future Industry and Business. One design patent was approved on 'Customer requirement detection device for shopping malls.' More than ten invited lectures were conducted by faculty members in UGC-HRD Programmes, NAAC/IQAC sponsored seminars, and online webinars. Five faculty members were approved as co-supervisors for Ph.D. research. More than twenty research papers/articles were published by the faculty members in edited books and

refereed/UGC-CARE/Scopus Indexed journals. Faculty members also attended online and offline Seminars/Conferences and Faculty Development Programmes. Two faculty members attended 'Faculty Development Programme for Young Faculty of colleges and universities, funded by United Board, and organized by St. Christopher's College of Education, Chennai from 11-15 April 2023.

- ❖ The Faculty members of the department received recognition for their achievements, three faculty members were awarded with Edvishan-Global peace award, one faculty member also bagged Naari Shakti Samman by Gahoi Vaishya Mandal and the best teacher award from Antara Shabd Shakti.
- ❖ The students of the department brought laurels, to mention some outstanding ones: UO Mohini Yadav, B. Com. II CA NCC RDC 2023, New Delhi, Shruti Jain B. Com. II CA RDC 2023 as NSS Volunteer. Seven students, Om Gupta, Srishti Chadda, Srishti Grover, Prachi Mahawar, Jaishree Gupta, Devansh G., Divya Bhalla, have successfully completed US CMA, and two students, Shridatri Mukherjee and Vaibhav Raikwar, have qualified for AICPA (intermediate level). Forty-five students from Tax, Applied Economics and Honours are placed in reputed companies with top recruiters being TCS, Amazon, Tech Mahindra, IDBI and many more. Vanshika Namdeo of B. Com. 1<sup>st</sup> Year won one gold and one silver medal in 6<sup>th</sup> Federation Cup Wushu Championship, and also won one gold medal, one silver and one bronze medal and Tanya Jatav won one gold medal and one bronze medal in different events at All India University Wushu Championship 2022-23.

# Department of Education

The Department of Education was established with its motto “Sankalp, Samanvaya and Samarpan”. Our Vision is to produce dynamic and efficient teachers with a scientific temper who will be able to transform society and lead the nation to progress. The highlights of the departmental activities for the session 2022-2023 are as follows:

- ❖ One faculty member was awarded Ph.D. degree in the month of December. One member received award from PDS education society for her continuous contribution in the field of education.
- ❖ One faculty member delivered a lecture in three days faculty Development programme and one member published an edited book.
- ❖ Seven research papers were published in reputed journals, one paper in Scopus index & three papers in UGC care list and four chapters in edited book.
- ❖ Nine research papers were presented by the departmental members in various national seminars and conferences.
- ❖ Four faculty members participated in refresher and training program and six members attended Faculty development programme.
- ❖ Faculty members were participated in forty one International & National conferences, seminars and workshops.
- ❖ From 12-28 September 2022 the department organised Certificate course in music under the banner of value added course. The aim of the programme was to promote the highest levels of human aspiration and artistic integrity through the composition,
- ❖ On 10 November the department released Departmental Magazine Pragya. The magazine highlights different topics like Digital Education, New Education Policy and Post Pandemic Era.
- ❖ The Department organized a Guest Lecture under the MOU entitled “Drama & It's Utility in Education” on 19 July 2022.
- ❖ On 12 November 2022 department conducted “Career Talk”. The Lecture was delivered by Ms. Richa (Senior Consultant in Elementary Education New Delhi) with the aim to provide an entry level position to begin their career in a high level professional environment
- ❖ The department conducted a Guest Lecture talk “Challenges & Nuances of writing skills in 21 century on 3 December 2022 for B.Ed students by Jyoti Patil Principal Renuka College Besa Nagpur.
- ❖ An Online Guest Lecture was organised by the department on “Different career options in the field of Education by Jignya Shah, Assistant Professor of Disability Management & Special Education, Ramkrishna Mission Vivekanand University Coimbatore.
- ❖ Ms. Shahina Ahmed was decorated with Father Davis George Gold Medal for securing the maximum marks in B.Ed 2019-21 Batch.
- ❖ On 14 September 2022 department organised Art and Craft Exhibition to showcase the students creativity.
- ❖ From 29 March to 1 April 2022 Department of Education organized three days workshop on “Art & Craft” in collaboration with Pidilite Company.
- ❖ On 1 April the department organized Teaching Aids Exhibition to promote pupil teacher's innovation and creativity.
- ❖ Three Months Internship Programme was organized by department for B.Ed III



semester students from 10 October to 20 December 2022. The students were trained to maintain the attendance register, setting of question papers, invigilation duties, engaging classes, organizing cultural and sports activities.

- ❖ The department conducted “EDUFEST” in the month of Nov. 2022 in which Rakhi, Mehndi and Poster competition on Indian Art were organized under the cultural club.
- ❖ Some outreach activities were organised by the department such as “Skit based on cleanliness” and Tree plantation in the Bargi Village with the aim of promotion of a quality oriented approach for the environment management.
- ❖ From October to December, the department conducted an educational programme in which English Language and Basic Computer Knowledge was taught by the students and awareness of health & hygiene provided to the poor girl students.
- ❖ The department organised “Educational Field Trip” on 30 November 2022 for B.Ed III semester students to promote learning beyond the four walls of the classroom.
- ❖ On the occasion of International Literacy

Day department organised a poster Competition to highlight the importance of literacy to individuals and communities.

- ❖ The department conducted Model Teaching for B.Ed III semester students by Alumni Members with the help of teaching aids. They shared their experiences, techniques, strategies and method of teaching by more experience to beginners.
- ❖ On 21 January 2022 the department organised a Quiz Competition on the occasion of “International Day of Education” in collaboration with St. Thomas College Bhilai with an aim to gauge students understanding in Education Commission and Policies, to assess participants knowledge in academics and to improve one's knowledge of learning in the specific area.
- ❖ The department conducted campus selection for Modern International School Khurli and Kabra Memorial Public School, Narsinghpur in which 12 students were selected for PGT & TGT.

## Cultural Association

**Motto – To develop the hidden talents of the student members**

The Cultural Club of St. Aloysius (Autonomous) College, Jabalpur consistently strives to create a better environment and to explore talents in the field of singing, dancing, drama, literature and fine arts etc. Following are the events coordinated by the Cultural Club in the session 2022-23.

- ❖ On 13 August 2022 a Tiranga Rally was organised under the leadership of Cantt. MLA Ashok Rohani on the occasion of Ajadi Ka Amrit Mahotsav.
- ❖ The Cultural Club organised Talent Fest to harness the talents of students in different cultural activities on 13 September 2022.

The Chief Guest was Student Welfare Officer DSW Dr. Vivek Mishra from RDVV Jabalpur who distributed the prizes to all the winners of the Talent Fest competition on 28 January 2023.

- ❖ The 75<sup>th</sup> Independence Day function was celebrated with full energy and patriotic feeling by the college. The Principal Rev Dr. G. Vazhan Arasu hoisted the National flag. On this occasion various competitions were held under the banner of “Aazadi Ka Amrit Mahotsav”.
- ❖ The selected students of various events of Talent Fest competition participated in the

Inter College Youth Festival organised by R.D.V.V. on 10 November 2022 in activities like drama, spot painting collage, cartooning, rangoli, Clay modeling, poster making quiz, mime skit debate, speech, mimicry, solo dance, group dance, solo classical song, solo light song, western solo and group song. First positions were secured in Debate, Speech, Cartoon making, Solo Sugam, in Non percussion, Solo classical dance, Quiz, Western Solo and Group song. Second position were secured in Percussion and Hindi Group song and third positions were secured in drama, painting, clay modeling, and poster making.

- ❖ The District Level competitions were organised from 17-19 November 2022 by Rani Durgavati University. In Solo Sugum song, Solo Classical Song, Western solo song, Western group song, Cartoon making, Solo Dance, Speech, and Debate students secured First Positions.
- ❖ From 16-18 December 2022 State Level competitions were held at Barkatulla University, Bhopal. At State level Western Solo song and Solo Classical Dance secured First Positions.

- ❖ The Annual Social Gathering was organised on 23-24 December 2022. Students participated enthusiastically in various competitions. The Chief Guest of the function was Shri Ashok Rohani, MLA Cantt. and Shri Kamlesh Agarwal, Member of MIC of Municipal Corporation Jabalpur.
- ❖ At Zonal level, competitions were held from 06-10 January 2022 at AKS University, Satna. Western Solo song and Solo Classical Dance secured first and fourth position.
- ❖ The All India Inter University was held from 24-28 February 2022 at Bengaluru in which Falguni Gahansala, BCA First Year secured first position in Western Solo Song category.
- ❖ On the occasion of Madhya Pradesh Staphana Diwas, Anivarya Matdan, Rastiya Shiksha Niti and Birsa Munda Jayanti. Literary poster painting, quiz and rangoli competitions were held and lectures were organized.
- ❖ Ishita Vishwakarma of B.A. III year was awarded Nayakia Samman on 13 April 2023 by Nai Duniya Newspaper. She was also felicitated by Chief Minister of Madhya Pradesh. She was awarded Dhruv Tara Puraskar by Shri Ramesh Pukhariyal, Minister, Human Resource Development.

## Nature Club

MOTTO: 'CONSERVE AND PRESERVE'

“You and I share an equal responsibility to keep our earth, environment and world clean”

Nature club works with the vision to arouse general awareness among the students regarding the different environmental problems which are of major concern to the better future and survival of mankind. The Club has the objectives of motivating students to value environment, to make them aware about the grave situation of nature and means for its conservation. It motivates students by creating awareness on global environmental challenges and developing means to overcome them. The office bearers of the club for the session were President -Gracy Charles, Vice President- Anushka Mishra, Secretary- Harshwardhan Singh and Treasurer- Mrinal Jha. The activities of club focused on initiatives to sensitize, create

awareness, motivate and educate students about environment conservation. Different activities organized by the club during the session of 2022-23 are

- ❖ Disease Awareness: The Club organised a “Disease Awareness” programme on 6 August 2022 in collaboration with department of Botany and Microbiology. The aim of the programme was to create awareness related to various acute and chronic diseases amongst students. A survey was conducted to discuss symptoms of common deficiency. An expert talk was delivered.
- ❖ Collage Competition: The Club organized a Collage competition on the theme “Only

One Earth” on 8 October 2022. Students of Botany, Zoology and Industrial Microbiology participated showcasing various aspects of mother earth. The collages gave an insight on the benefits, significance and the threats to mother earth.

- ❖ Plantation programme: With an aim of increasing greenery in the college campus, an eco-friendly move through Rose plantation was organized by the Department in collaboration with Nature Club on 18<sup>th</sup> October 2022. More than 180 rose plants were planted in the college campus.
- ❖ Quiz competition: On the occasion of Celebration of International year of Millets, Nature club on 18 October 2022 organized Quiz competition on Millets. Winners were awarded prizes.
- ❖ Awareness Programme on Water Pollution: On the occasion of Pollution control day, an awareness program on water pollution was organized by the Department on 3 December 2022. The students created awareness amongst natives and visitors on water pollution through posters and slogans at Gwarighat, Narmada River, Jabalpur.
- ❖ Awareness programme on sustainable farming: On 18 January 2023 Club

organised an awareness programme on sustainable farming, Students were informed how the organic compost can protect and enhance the environment, which will in turn help the farmers to produce sufficient, high-quality and disease resistant crops. They were also made aware of the different steps involved in preparing organic compost.

- ❖ Workshop on Vegetative Propagation: A two-day workshop on 'Vegetative Propagation' was held on 23- 24 February 2023. The objective of the workshop was to make the students understand the various modes of propagating different plants. On the first day there was a guest speaker to deliver a talk on second day of the workshop an educational tour to JNKVV Gram field and the Horticulture unit was undertaken where students experienced the techniques in agriculture.
- ❖ World Earth Day 22 April 2023 - Nature club organised a plantation program on the occasion of World Earth Day nearby college premises.
- ❖ Newsletter: Nature club publishes a quarterly newsletter “NATURE” which deals with the topics related to conservation and recent researches in the field of Biosciences.

## Jabalpur Interreligious Forum

The following are the activities of the Jabalpur Interreligious Forum (JIRF) for the session 2022-23:

- ❖ Jabalpur Interreligious Forum (JIRF) organised a poster and an essay competition on Rashtriya Ekta Diwas or National Unity Day on October 31<sup>st</sup> 2022. The theme of the competition was “Importance of National Unity/ Unity in Diversity”. The objective of the programme was to create awareness about national unity and to pay tribute to Sardar Vallabhbhai Patel, an Indian freedom fighter and Independent India's first Deputy Prime Minister and Home Minister. UG & PG students participated actively in the above programme.
- ❖ Jabalpur Interreligious Forum (JIRF) observed Communal Harmony Campaign Week under National Foundation for Communal

Harmony (An Autonomous Organization under Ministry of Home Affairs, Govt. of India). To mark the Communal Harmony Campaign Week from 19-25 November 2022 and to foster communal harmony among students. The forum conducted a Painting Competition on the theme "National Integration & Communal Harmony" and an Essay Competition on the Topic - “Communal harmony and National Integration in India” “Bharat Mei Sampradayak Sadbhav aur Rashtriya Ekta”. UG & PG students participated in the painting and essay writing competition.

- ❖ JIRF (Jabalpur Inter Religious Forum) organised the function of different Indian festivals viz. Deepawali, Guruparv and Christmas celebration which was held on the following dates 21 October, 12 November



and 21 December 2022. Dr. Pawan Sthapak, Ophthalmologist, Jan Jyoti Super Specialty Eye Hospital, Jabalpur, and Dr. Anamika Tiwari, Professor at Jawaharlal Nehru Krishi Vishwavidyalaya, Jabalpur were the Chief Guests of the Deepawali function. The Most Rev. Gerald Almeida, Bishop of the Catholic Diocese of Jabalpur, was the Guest of Honour. The Chief Guest for the Guruparv celebration was Prof. S.S. Sandhu, Director, Design Innovation Center, Rani Durgavati University, Jabalpur. The Guest of Honour was Prof. S. Manohar Singh Reel, President, Jabalpur Sikh Sangat (Regd). The Most Rev. Gerald Almeida, Bishop of Jabalpur Diocese,

was the Chief Guest of the Christmas function. Christmas message of love, joy, and peace was given by Rev. David Lal, Pastor In-Charge, Full Gospel Church, Jabalpur. The aim of programme was to promote harmony and peace among believers of different communities and to communicate spiritual message of universal brotherhood in society. The programme was conducted under the supervision of Principal Rev. Dr Vazhan Arasu. Highlights of the above events include scripture readings, songs, mime and dance by the students. The contribution of the event in charges and others were noteworthy.

## National Service Scheme (NSS)

The following activities were conducted by the National Service Scheme Unit of St. Aloysius' College for the session 2022-23:

- ❖ Soumya Patel M. Com got NSS Girls Unit Best Volunteer Award for the session 2022-23.
- ❖ Shivek Singh B.A. III Year got NSS Boys Unit Best Volunteer Award 2022-23.
- ❖ Simran Chakravarti B.Com II Year attended National Adventure Camp from 21-30 October 2022 in Mcloadganj, Dharamshala, Himanchal Pradesh India.
- ❖ Shruti Jain B.Com II Year attended Republic Day Camp Parade (Right Markar) from 01- 31 January 2023 at Kartavya Path, Delhi.
- ❖ NSS unit organized a tree plantation on 05 June 2022 at St. Aloysius' College on the occasion of Environmental Day. Twenty Five Students participated.
- ❖ NSS unit organised "Yoga" at 21 June 2022, seventy students participated.
- ❖ Five students participated in One Day Swachhta Workshop at RDVV Jabalpur on 17 June 2022.
- ❖ NSS unit organised 1-month Covid Vaccination Camp.
- ❖ NSS unit organised Poster competition for awareness programme for Nasha Mukti. 35 students participated.
- ❖ NSS unit organised a College level Youth

Maha Panchayat on 16 July 2022. Three hundred students participated and 43 were selected for District level.

- ❖ On the occasion of *Azadi ka Amrit Mahotsav*, NSS unit organised Poster Competition and Essay Writing on the topic "Zara Yaad Karo Kurbani" collaboration by NYK.
- ❖ NSS unit organized *Tiranga Yatra* in collaboration with RDVV on 08 Aug 2022 and 13 Aug 2022.
- ❖ Ten NSS students of St. Aloysius' College unit participated for RD Pared selection on 17 September 2022.
- ❖ NSS students celebrated NSS Day on 24 September 2022, and cleaned the college campus and motivated the other students for cleanness.
- ❖ NSS students participated in *Swachh Bharat* and Fit India Freedom Run on 19 October 2022 organised by RDVV.
- ❖ NSS students organised Run for Unity on 31 October 2022. Thirty students participated.
- ❖ NSS boys unit organized a seven days Special camp from 24-30 March 2023 at Jamuniya (Padua) village. Fifty volunteers participated in this camp.
- ❖ NSS girls unit organized a seven days Special camp from 25-31 March 2023 at Bhitoli village. Thirty volunteers participated in this camp.

# Women Cell

“Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead”.

— Louisa May Alcott

The women cell was established in the year 1997. The vision of the cell is “To make the cell a unique platform for the development of its members, by providing them opportunities to contribute towards the betterment of the society.” The cell encourages greater participation and develops responsible and value-oriented leadership among women students. The following activities were conducted in the year 2022-23:

- ❖ Health Camp: Under the banner of Women Cell in collaboration with NSS unit organized Vaccination Camp on 12th July, 2022. The main objective of this Camp was to enable people who had not been vaccinated to get vaccinated. Seventy One students of the college were vaccinated.
- ❖ Educational Programme: The women cell organized Educational Programme for girl students in collaboration with Mathematics Department on the topic “Vedic Mathematics” on 12 August, 2022. The main objective was to make the students aware about Vedic Mathematics and to learn tricks, so that they may be able to solve complex problems much easily and efficiently. The numbers of students benefitted were 30.
- ❖ Awareness Programme: Under the banner of Women Cell on 22nd September, 2022 an awareness programme was conducted. The main objective of this programme was to create awareness amongst students about the problem faced by women in the society, encourage them to gain empowerment and motivate the students to establish an egalitarian society. In addition, the programme highlighted the importance of the role and status of women in the development process. The numbers of students were 147.
- ❖ Sanitization Awareness Program: The Women Cell organized an Awareness Programme on Sanitization from 12- 14 October 2022. The objective of the programme was to impart knowledge and create awareness about health and hygiene. This programme was conducted for the teachers and girl's students.
- ❖ Environmental Awareness programme: Under the banner of Women Cell in Collaboration with Kadam Institute, Jabalpur, organized Awareness Program on “Environmental Issues” on 14th January, 2023. The objective of the Essay Writing Competition was to create writing skills among students and also make them aware of the present condition of women in Indian society.
- ❖ International Women's Day: On the occasion of International Women's Day the Indian Medical Association organized Speech Competition on “Women Empowerment in India” on 8th March, 2023. The objective of the Speech Competition was to create awareness among the students about the present status of women entrepreneurs in India.
- ❖ Training Programme: Women Cell organized the two days Training Programme on “Website Design” for girl students in collaboration with Computer Science Department on 11 March, 2023. The resource person were Mr. Swapnil Justin and Mr. Yohan Johan Yadav. The aim of the programme was to make the students aware about computer website design, so that they become techno-friendly. To make the student capable of identifying the Website and detecting the defects and faults occurring in them.

# National Cadet Corps (NCC)

St. Aloysius is a magnificent institution that has enrolled two services of the NCC namely the Army wing & Naval wing and carries great records of producing emerging leaders every year. Following are the victorious and legendary scores of the training session of 2022-23.

- ❖ Republic Day Camp : Five of our cadets - Senior Cadet Captain Ishika Gurjar, PO Cadet Parag Verma, Cadet Virendra Bahadur Thakur, Cadet Akarshit Thapa, and Cadet Mohini Yadav participated in RDC Camp 2023 at New Delhi. Cadet Mohini Yadav was a part of the Kartavyapath (Rajpath) Marching contingent. Senior Cadet Captain Ishika Gurjar, PO Cadet Parag Verma, and Cadet Akarshit Thapa were a part of the PM Rally's Marching Contingent. Senior Cadet Captain Ishika Gurjar also secured 3rd position in the All India Best Cadet Competition in the naval category. Dr Capt. Sonal Rai trained the cadets of Jabalpur group for RDC and attended Inter group camp at Indore. She also got promoted to the rank of Major.
- ❖ Cash Rewards : Senior Cadet Captain Ishika Gurjar received a cheque of Rs 20,000 as Chief Minister Prize and Rs 20,000 as NCC Directorate Prize and Rs 7,000 as Director General NCC Prize and received Rs 3,000 from the Governor of Madhya Pradesh. Cadet Mohini Yadav and Cadet Veerendra Bahadur received a cheque of Rs 5000 each as Chief Minister Prize and Rs 3000 each as NCC Directorate Prize. Cadet Akarshit Thapa received Rs 1000 as Chief Minister Prize.
- ❖ Nau Sainik Camp : Under the leadership of NCC Officer Sub Lt Dr. Sanjay Kumar Rajak, 24 Cadets attended the Pre Nau Sainik camp I (IGC) at Bhopal from 08 to 14 September 2022. PRE-NSC-I (IGC) Overall 2nd position was held by JABALPUR NCC Group. We stood first in Drill, Best Platoon Commander led by SCC Ishika Gurjar. First position intent pitching and Line Area, led by Cadet Aayushi Gupta and Cadet Captain Saksham Sinha. The cultural programme individual trophy went to Cadet Captain Priya Mishra for a Solo

song.

- ❖ Ek Bharat Shrestha Bharat Camp (EBSB) : The EBSB camp 2022, was held from 5-18 August 2022, Cadet Praveen Vishvakarma attended this camp. The camp was held on the theme *Azadi Ka Amrit Mahotsav* as a series of events organised by the government of India to commemorate the 75th independence of India. Another EBSB camp was held in Kerala from 24th December 2022 to 2nd January 2023, Cadet Captain Saksham Sinha Leading Cadet Shrikant Dubey attended this camp.
- ❖ Service Selection Board camp (SSB) : The SSB camp 2023 was held from 29th January to 9th February 2023, in which Senior Under Officer Anushri Shrivastava, Under Officer Ritika Jacob, and Cadet Captain Sanskar Satish Jain from our college were selected through an interview to participate in the camp. This provides cadets a splendid opportunity to get acquainted with the SSB procedure.
- ❖ Rock Climbing and Training camp : The RCTC camp was held in Gwalior from 2 — 11th December 2022 in which Senior Under Officer Anushri Shrivastava and Company Quarter Master Harshita Shukla participated.
- ❖ International Yoga Day : Yoga means to move towards an experiential reality where one knows the ultimate nature of existence, the way it is made. On the occasion of International Yoga Day 2022, 82 cadets performed yoga asanas as per the protocol in the morning at 0700 hours, also inspiring others to adopt yoga into their daily routine.
- ❖ Pledge on Kargil Vijay Diwas : On 26 July 2022, the occasion of Kargil Vijay Diwas, a pledge for de-addiction and speech competition programme on cleanliness, poster making, drug de-addiction was organized by the NCC cadets at St. Aloysius College, Jabalpur. NCC cadets participated in it. Along with this, by the cadets wrote about the heroes of Kargil war and their inspiring stories. Also, tributes were paid to the martyrs who died in the war.



- ❖ Ship Attachment Camp : From 7—11 October 2022 Our Cadet Samarth Sharma attended Ship Attachment Camp at Porbandar and visited to Indian Coast Guard Ship (ICGS) ICGSSHOOR
  - ❖ All India Nau Sainik Camp : From 2-12 October 2022 our Senior Cadet Captain Ishika Gurjar , Cadet Captain Prashasti Shrivastava and Cadet Ritu Mehra attended AINSC 2022 at Vishakhapatnam. Cadets won gold medal in the overall Boat Pulling Competition.
  - ❖ Mega Blood Donation Camp : Every year millions of lives are being saved because of donation of blood and blood products. For this purpose, NCC Wing along with Red Cross Society organized a Blood Donation on 7 September 2022 donating 300 units of blood.
  - ❖ Other activities: Tree Plantation Pakhwara - Plantations of trees are important as they improve the life and fulfil essential needs of mankind. 158 NCC cadets from our college planted one sapling each around their
- neighborhood. They also spread awareness regarding the benefits of plants and trees and motivated others to plant.
  - ❖ World Aids Day- On the occasion of World Aids Day 1st December, NCC Cadets participated in a Poster Activity , twenty five Cadets of Naval NCC participated.
  - ❖ Lecture on Indian Coast Guard -On 19 July 2022, a lecture was organised for naval NCC cadets on the topic Indian Coast Guard by Deputy Commandant Lijo K John, he explained the working of Indian Coastguard ships.
  - ❖ Tiranga Rally - Har Ghar Tiranga aims to promote love, peace, and freedom. To celebrate this occasion, on 13 August 2022 on the occasion of *Azaadi ka Amrit Mahotsava* 290 cadets participated in the Tiranga rally.
  - ❖ Puneet Sagar Abhiyan- Under this, a cleanliness drive at Gwarighat was conducted by 52 cadets and motivated people to keep their rivers clean.

## Samarpan Club

“There is no greater joy nor greater reward than to make a fundamental difference in someone's life.”

Samarpan Club works with a vision of building a caring community of students with harmony and happiness towards providing welfare services to those in need.

- ❖ Every year the club takes up initiative of extending hands to society's underprivileged sections. In this academic session on 23 July, 2022 the club visited Government School, Village Mehgava, Jabalpur" sharing health and sanitation tips with little ones and listening to their stories of lockdown during covid. The students actively participated and distributed stationery and eatables to the children there. Around 75 students were benefitted from the same.
- ❖ To develop awareness among students towards the importance of wearing a helmet the club on 23 July 2022 organized “Helmet Awareness Campaign” for the college students. A team of eight students from various classes communicating about the

importance of wearing helmet through posters, and by sharing personal experiences. For encouraging students more on this, poster making competition under the same banner was organized on that day, where the students enthusiastically participated and brought colours to their thoughts. Eighty nine students participated in poster making competition. As a part of social and self-empowerment, female students driving classes “SHE DRIVES” for 4 wheeler was held from 5-12 October 2022. Twenty five girls of the college were registered for the same.

- ❖ Further more this academic year the club as a part of regular practice visited “Little Sisters of the Poor, Rimjha”, old age home. The visit gave an opportunity where the students were able to spend time with the elders and were emotionally touched and blessed in their presence. The club provided them with a one month's ration, medicines, and

essential items. The members performed poetry activities and singing. On the occasion of Christmas the club celebrated Christmas function at “ Little Sisters of the Poor old age home, Rimjha” , the day was memorable. The club gifted items to all the members.

Samarpan Club enthusiastically work with a team of student which helps to make the students more responsible citizens of tomorrow, the little initiatives and events develops students managerial skills and sensitizes them as builders of the future society.

## Electoral Literacy Club

“The ballot is stronger than the bullet.”

-Abraham Lincoln

The Electoral Literacy Club believes that in democracy every citizen has the responsibility of choosing the righteous leader through the right to vote. To promote the cause Nodal Officer Dr. Mandira Kar and her team conducted various activities to spread awareness about voting rights and its impact on the society as a whole. Below mentioned are the activities conducted on specific dates:

- ❖ October 15, 2022- Camp for voter ID creation and College level Poster competition. Teacher in-charges Ms. Archana Dubey and Dr. Durga Ray
- ❖ November 5, 2022- College level Quiz Competition & November 23, 2022- District level Quiz competition. Ranked 1<sup>st</sup>; Teacher in-charge Dr. Shweta Likitkar.
- ❖ December 1, 2022- College level Nukkad natak & December 23-24, 2022- District level Nukkad natak competition.

Ranked 3<sup>rd</sup>; Teacher in-charge Ms. Bhawna Tekam.

- ❖ January 7, 2023- College level Role play
- January 18-19 2023- District level Role play
- Ranked 2<sup>nd</sup>; Teacher in-charge Ms. Megha Tiwari
- ❖ January 20, 2023- District level Essay competition
- Ranked 2<sup>nd</sup>; Teacher in-charge Ms. Bhawna Tekam
- ❖ January 25, 2023 (Voter's Day)
- Pledge taken by all college students in addition to Street show and a College level Essay competition; Incharge Student Executives Ms. Sanya Billa and Ms Arshita Agarwal
- The activities were conducted under the guidance of Nodal Officer Dr. Mandira Kar and keen supervision of Campus Ambassadors Mr. Dev Bhargava and Ms. Hema Khandelwal.

## Red Ribbon Club

- ❖ Red Ribbon Club and the Department of Zoology Organised Extempore Competition on “Health and Hygiene” on 30 July 2022. Total 45 participants from UG and PG participated in the programme.
- ❖ The Club organised Poster making and slogan writing competition on 30th December 2022 on AIDS and Youth.

- ❖ The Club and the Department of Zoology organised a road show to aware people about AIDS on the occasion of World AIDS Day 1st December 2022.
- ❖ Red Ribbon Club and the Department of Zoology organised Health Awareness Programme for girl students & female staff members on 27th February 2023

# Sports Section

This year also the students continued to excel in various sports activities at the state, district, national and international level.

- ❖ The intercollegiate tournament started with basketball (women), the college team played final against UTD RDVV and stood winner. Three students were selected for district, state and Inter University Levels. Two of the college students participated in All India University competition.
- ❖ From 07-09 October 2022 Badminton (Men) competition was organised by Govt. Science College. The college stood runners up. Two students were selected for district and one each for State and University levels.
- ❖ From 08-10 October 2022 badminton (Women) competition was organised by Govt. Science College. The college was the winner. Two students were selected for district, state and university levels.
- ❖ From 10-12 October 2022 Table Tennis (men) was organised by Govt College Barela. The College stood winners. Two students were selected at district level and one each for State and University level.
- ❖ From 11-13 October 2022 Table Tennis (Women) competition was organised by Nachiketa College Vijaynagar. The College stood winner. Two students were selected for district, state and university levels.
- ❖ From 12-15 October 2022 Chess (men) competition was organised by Guru Tegbahadur College, the team stood winner and three students got selected for district, state and university levels.
- ❖ From 14-16 October 2022 Chess (women) competition was organised by Govt.

Hitkarni College, the college team secured second position and one student was selected for District State and University Level.

- ❖ From 17-19 October 2022 football (Men) competition was organised by UTD RDVV. The college stood runners up. Four got selected at district and three at state and university level.
- ❖ From 19-21 October 2022 football (Women) competition was organized by Gyan Ganga College, the team played final match against UTD RDV and stood winners. Six students got selected at district and state and three participated at the university level.
- ❖ From 5-7 November 2022 basketball (men) competition was organised by Govt. Mahakuashal College. The college team played finals against UTD RDVV and stood winner. Two students got selected at District, State and University level.
- ❖ From 09-11 November 2022 Volleyball (men) competition was organised by Govt. College Panagar. The College team won the match played against Govt. Science College. Six students got selected at District, State and University level.
- ❖ From 21-23 November 2022 Kabaddi (Men) competition was organised by UTD RDVV. The college won the tournament. Five students were selected at District and four at State and University level. This year, the University team qualified for West Zone tournament and was winner in the tournament. Four students participated at All India university tournament.
- ❖ On 8 December 2022 Taekwondo (Men & Women) competition was organised by UTD



RDVV. Two students participated and won gold and silver Medal and one got selected for All India University Level.

- ❖ From 8-10 December 2022 Kho-Kho (Men) competition was organised by Govt. College, Sehora. The college team was runners up. Four students got selected at District, State and University level.
- ❖ On 13 December 2022 Archery (Men & Women) competition was organised. Six students participated and five of them won gold medal, six students got selected for all India university tournament. Muskan Kirar, MA First year won one gold, four silver and one bronze medal. Shristi Singh, MA I Economics won one Gold Medal, Ragini Marko MA I Economics Won 1 Gold Medal and Chirag Vidhyarthi B.Com II year won one bronze medal at All India University Tournament and all the three girls were selected in Khelo India University Games 2022-23.
- ❖ The Annual Sports Meet was organised on 17 December 2022. There were 12 athletic events in which the students participated. The Chief Guest for the event was Dr. Prof. Vishal Banne Director Physical Education Department RDVV Jabalpur and Special Guest was Dr. Ramesh Shukla Senior Sports Officer Govt. Science College Jabalpur. Zunaid Khan, B.Com II year and Bharti Verma B.Com I year were awarded the Best Male and female Athlete.
- ❖ From 22-24 December 2022 Judo (men & women) competition was organised. Five students participated and won four gold medals in different events and all were selected for All India university tournament.
- ❖ On 24 January 2023 Handball (Men & Women) competition organised by UTD RDVV, both the boys and the girls team played finals against UTD RDVV and secured

2nd position. One student was selected for university level and participated at all India university as the RDVV team qualified this year in West Zone.

- ❖ On 10 January 2023 karate (Men) competition was organised by UTD RDVV. Two students participated and won Gold Medals. Both of them were selected for All India University Level and won Bronze Medals.
- ❖ On 9 February 2023 power lifting (Men & Women) competition was organised by UTD RDVV, two students participated and won gold medals, and were selected for All India university level.
- ❖ On 20 March 2023 shooting (Men & Women) competition were organised by UTD RDVV. Ten students participated, Harshal Pathani B.Sc III year, won Gold Medal, Vaishnavi Sharma, M.Sc III Sem.(Chemistry) won Silver Medal, Vasu Kirar B.Com II Year and Shivam Patel B.Com II Year, won Bronze Medal. All the four were selected to play at All India University Level.

#### ALL INDIA UNIVERSITY:-

1. Muskan Kirar (Archery) MA I-1 Gold, 4 silver 1 bronze medal
2. Shristi Singh (Archery) MA I- 1 Gold Medal
3. Ragini Marko (Archery) MA I- 1 Gold Medal
4. Chirag Vidhyarthi (Archery) B.Com II-1 Bronze Medal
5. Prajwal Gupta (Karate) MA I-1 Bronze Medal
6. Karan Singh (Karate) MA I-1 Bronze Medal
7. Vanshika Namdeo B.Com I - 1 Gold Medal, 1 silver and 1 bronze medal
8. Tanya Jatav B.Com I-1 Gold and 1 Bronze Medal

#### No. of Students Selected at Different Levels:-

District- 80      State - 68  
 University-41      All India University - 27  
 National—43      Khelo India Games- 03  
 International—03

# Outreach Activities

**" Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."**  
- Desmond Tutu



**St. Pious College Visit**



**MIRAKI**



**Holy Cross College Visit**



**Thalesemia Camp**



**Vigyan Garjanam**



**Pipliya Khurd Visit**





# Educational & Industrial Tour



“ One must travel to learn.”  
- Mark Twain



Phoenix Poultry Farm, Jabalpur



St. Aloysius' Institute of Technology



Mukund Biotech



Shiv Shakti Plant Tissue Culture, Jabalpur



Chausath Yogini Temple, Jabalpur



JNKVV, Jabalpur



Agadyati Herbs & Food Pvt. Ltd., Jabalpur



Jabali Paperworks and Steelace Industries



# Educational & Industrial Tour

"The world is a book and those who do not travel read only one page."  
- Saint Augustine



Jawahar Lal Nehru Vishwavidhyalay, Balaghat



Dumna Nature Park, Jabalpur

## Achievers



Pipping Ceremony from  
Captain to Major Dr. Sonal Rai



National Level Winner  
Solo Song (Western)  
Falguni Ghansela



Republic Day Parade Right Marker  
Shruti Jain



Nau Sainik Camp  
CC. Prashasti Shrivastava, SCC. Ishika Gurjar,  
Ritu Mehra



Republic Day Parade  
Standing from Left - Parag Verma, Mohini Yadav,  
Akarshit Thapa, SCC Ishika Gurjar, Virendra Bahadur



# REPUBLIC DAY CELEBRATION



**"You must be the change you want to see in the world."  
- Mahatma Gandhi**



# TIRANGA YATRA & INDEPENDENCE DAY CELEBRATION



**'Tiranga Yatra' - Chief guest Mr. Ashok Rohani, MLA, Cantt., Jabalpur**



**"Freedom is something you have to fight for.  
We have fought hard to earn it, so let's celebrate our freedom."  
- Anonymous**



# Extra Mile

"Great things are not done by impulse, but series of small things brought together."  
- Vincent van Gogh

## Book Release



Release of Book by Shri Rakesh Singh  
Honorable MP, Jabalpur  
"Migrant Labour : Issues & Challenges"



Release of Book by Prof. Vivek Mishra  
Dean of Social Sciences and Dean of Student  
Welfare, RDVV, Jabalpur  
"Rescaling and Upscaling for Future Industry and Business"



Release of Book - Chief Guest Prof. Kapil Deo Mishra, VC, RDVV, Jabalpur,  
Guest of Honour Dr. Nutan Pandey, Ass. Director, Cultural Hindi Directorate  
& Prof. Satya Ketu Saankrit, Dean, Dr. B.R. Ambedkar University, Delhi  
"Cogitations on Advances in Physical and Mathematical Sciences"



Student Startup Meet



International Yoga Day



Blood Donation Camp



# Extra Mile

"I can do things you cannot, you can do things I cannot; together we can do great things."  
- Mother Teresa

## International Exposure



Dr. Fr. G. Vazhan Arasu  
Asian Academy of Campus Ministry, Philippines



Dr. Sibi Samuel  
Asian Placement Trip, Sophia University, Japan



Orientation for new commers



Student Union Interaction with Principal



Vigyan Garjanam



"Outcome based teaching and learning" orientation for staff



# Inter Religious Forum

"Just as a candle cannot burn without fire,  
man cannot live without a spiritual life."  
- Buddha

## Deepawali Celebration



Chief Guest - Dr. Pawan Sthapak, Eye specialist, Jan Jyoti Super Specialty Eye Hospital, Jabalpur, & Dr. Anamika Tiwari, Professor, Jawaharlal Nehru Krishi Vishwavidyalaya, Jabalpur,

## Christmas Celebration



Chief Guest  
Most Rev. Gerald Almeida, Bishop of Jabalpur Diocese

## Gurupurab Celebration



Chief Guest - Prof. S.S. Sandhu, Director, Design and Innovation Center, RDVV, Jabalpur, M.P.  
Guest of Honour, Prof. S. Manohar Singh Reel, President, Jabalpur Sikh Sangat (Regd).



# Social Gathering



**Chief Guest Mr. Ashok Rohani, MLA, Jabalpur Cantt. & Guest of Honour Mr. Kamlesh Agarwal, Municipal Opposition Leader, NNJ**







# Staff Picnic









## National Workshop/Seminar

"The more you learn, the more you want to learn."  
-L.G. Akita

### National Workshop on "Analytical Techniques"



Inaugural Session

Chief Guest Prof. Surendra Singh, Dept. of Biological Science, RDVV, Jabalpur  
Guest of Honour Prof. S. S. Sandhu, Director, Biodesign and Innovation Centre, RDVV



Workshop Participants

### National Seminar on "National Education Policy 2020 : A Powerful Tool to Re-establish Bharat as Vishwa Guru"



Inaugural Session

Chief Guest Shri Rakesh Singh, Hon' MP, Jabalpur  
Guest of Honour Prof. Gopal K. Sharma, Director, MPISSR, Ujjain



Valedictory Session

Chief Guest Prof. Vivek Mishra, Dean of Social Sciences & Dean of Student Welfare, RDVV, Jabalpur  
Guest of Honour Prof. Pranav Kumar, CSSEIP, SSS, JNU, New Delhi

### राष्ट्रीय संगोष्ठी - काव्य ऋषि द्वय प्रदीप और नीरज की रचनाओं में राष्ट्रवाद एवं सामाजिक सरोकार



Inaugural Session - Chief Guest Sanjay Dwivedi, DG, Indian Institute of Mass Comm.,  
Special Guest Dr. Deepak Pandey, Regional Hindi Assi. Director,  
Kendriya Hindi Nideshalay, New Delhi



Valedictory Session - Chief Guest Prof. Kapil Deo Mishra, VC, RDVV, Jabalpur,  
Guest of Honour Dr. Nutan Pandey, Ass. Director, Cultural Hindi Directorate  
& Prof. Satya Ketu Saankrit, Dean, Dr. B.R. Ambedkar University, Delhi



## Workshop/Training/Seminar

"Develop a passion for learning. If you do, you will never cease to grow."  
-Anthony J. D'Angelo

### Department of Zoology



Training on Microtomy



Workshop on "Sericulture, Self employment, Attitude and Behavior development"

### Department of Chemistry



Seminar on New Avenues for Employment in Chemistry

### Department of Computer Science



Hardware training program

### Department of Education



Theater Workshop

### DIC & Entrepreneurship Development Cell



Agri-Startup Awareness Workshop

"A dream you dream alone is only a dream, A dream you dream together is reality."  
- John Lennon

## Placement Cell Activities

UDAAN session from campus to corporate.

Placement cell orientation for first year students.

Career assessment and personality test.

Sessions for Career opportunities in digital marketing and road map for placements.

Pre placement briefing sessions.

Training programs, workshops, webinars, campus drives, and many more.



## Alumni Association



Alumni Reunion 2023



Alumni Reunion (Batch 1991-1994)



Students - Alumni Interaction



Friendship Day Celebration





# हिन्दी खण्ड



# संपादकीय....



आज के समय में मोबाइल, कंप्यूटर, इंटरनेट, सोशल मीडिया एवं अन्य इलेक्ट्रॉनिक माध्यम के आ जाने के कारण आज का युवा पठन-लेखन से दूर होता जा रहा है, लिखने पढ़ने की उसकी आदत छूट सी गई है, साहित्य के प्रति उसकी रुचि खत्म हो रही है, उनके भीतर चिंतन-मनन करने की क्षमता भी क्षीण हो रही है जोकि एक चिंता का विषय है, परन्तु अभी भी समाचार पत्र-पत्रिकाएँ इसे जीवित रखे हुए हैं, तथा पठन-लेखन से लोगों को जोड़े रखने का कार्य बड़े जोरों-शोरों एवं सराहनीय रूप से कर रही हैं, जो की एक राहत की बात है।

इसी अवसर पर हमारे महाविद्यालय द्वारा भी हर वर्ष अलॉयसियन पत्रिका का प्रकाशन होता है। यह पत्रिका युवाओं को अपनी प्रतिभा प्रदर्शित करने का मंच प्रदान करती है, एवं अपनी लेखन कला दर्शाने का अवसर देती है। पत्रिका का उद्देश्य युवाओं में जागरूकता एवं चेतना का विकास करना तथा रचनाओं के माध्यम से हिन्दी का महत्व समझाते हुए विभिन्न मुद्दों पर प्रकाश डालना है, उनके भीतर यह भावना जगाना है कि जब तक वे अपनी खुद की मतृभाषा से नहीं जुड़ेंगे तब तक उन्नति की राह कठिन ही रहेगी।

इस पत्रिका के माध्यम से हमें छात्र-छात्राओं के मन के भीतर के विचारों का वास्तविक रूप देखने मिलता है, वे क्या सोचते हैं, किस तरह से सोचते हैं, समाज के प्रति उनकी क्या धारणा है, वे कितने जागरूक हैं, हमारे राष्ट्र को, हमारे समाज को वे किस रूप में देखना चाहते हैं, उनकी क्या आशाएँ हैं, क्या महत्वकांक्षाएँ हैं, क्या उनके पास कोई उपाय हैं? यह उनकी कहानियों, कविताओं, लेखों, संस्मरणों में भली-भाँति देखने मिलता है। यह पत्रिका उनके विचारों का दर्पण है।

अलॉयसियन पत्रिका में हमे महाविद्यालय में होने वाली विविध गतिविधियों की झलक दिखाई देती है। महाविद्यालय में सालभर आयोजित की गयी गतिविधियों और प्रतियोगिताओं का पत्रिका में पूरा लेखा-जोखा है। मेधावी से लेकर अपनी प्रतिभा से महाविद्यालय का नाम ऊँचा करने वाले सभी छात्र-छात्राओं के बारे में पत्रिका में दिया गया है।

इस पत्रिका में दी गयी रचनाएँ पूरी तरह से मौलिक हैं, सारी रचनाएँ छात्र-छात्राओं द्वारा स्वयं लिखी गयी हैं, पत्रिका में महाविद्यालय के हर विद्यार्थी को अपनी प्रतिभा दिखाने का मौका दिया गया है। हमे पूर्ण विश्वास है की यह पत्रिका पाठकों तक अपना सन्देश पहुँचाने का अपना उद्देश्य पूरा करेगी एवं युवाओं में फिर से लेखन-पठन और साहित्य के प्रति रुचि जगाने में सफल होगी।

छात्रसंपादक

श्रेया पटेल , प्रबल राय



## जिन्दगी में उम्मीद का साथ मत छोड़ना

विशाल सिंह धुर्वे

बी.ए.द्वितीय सेमेस्टर

यह कहानी एक दिव्यांग राजा की है जिसके राज्य में कोई भी परेशानी या समस्या नहीं थी। सभी लोग उस राजा से बहुत खुश थे और उसके लिए ऊपर वाले से धन्यवाद करते थे। वह राजा दिव्यांग था। उसकी एक आँख नहीं थी और एक पैर नहीं था लेकिन फिर भी राजा को इस बात का कोई मलाल नहीं था। एक दिन राजा अपने महल के गलियारे में घूमते हुए अपने पूर्वजों की तस्वीर देख रहा था और सोच रहा था कि मेरे पिता जी इतने शूरवीर थे, उनके पिता जी इतने शूरवीर थे। हमें इतने शूरवीर खानदान में जन्म लेने का मौका मिला। यह ऊपर वाले की कृपा है। राजा सभी चित्रों को देखते हुए आखिरी चित्र तक पहुँचा और फिर उस खाली जगह को देखा, तो वह चिंता में पड़ गया क्योंकि उसे मालूम था कि अब यहाँ जो तस्वीर लगेगी वह उसी की होगी। राजा को इस बात की चिंता नहीं थी कि वह मर जाएगा, चिंता इस बात की थी कि वहाँ जो तस्वीर लगेगी। वह कैसी लगेगी।

राजा की एक आँख और एक पैर ना होने की वजह से वह चिंता में पड़ गया और सोचने लगा कि इस गलियारे में इतने शानदार चित्र लगे हैं लेकिन मेरी एक आँख और एक पैर ना होने की वजह से मेरी ही तस्वीर सबसे खराब लगेगी। राजा ने सोचा कि मेरे मरने के बाद पता नहीं कैसी तस्वीर बनेगी और क्यों ना मैं अपने जीते जी ही एक शानदार तस्वीर बनवाऊँ ताकि मुझे ये सुकून मिल जाए कि यहाँ मेरी अच्छी तस्वीर लगेगी। अब उसने ऐलान करवा दिया। सभी चित्रकारों को बुलाया गया और कहा गया कि जो भी चित्रकार राजा का शानदार चित्र बनाएगा, उसे शानदार इनाम मिलेगा। अब सभी चित्रकार राज्य में आए और उन चित्रकारों को पता था कि अगर शानदार चित्र बनेगा तो शानदार इनाम तो मिलेगा लेकिन

जिस राजा की एक आँख और एक पैर नहीं है तो उसका शानदार चित्र कैसे बनेगा? चित्रकार सोच रहे थे कि इनाम का तो पता नहीं लेकिन अगर शानदार चित्र नहीं बना और राजा को पसंद नहीं आया तो सजा मिलेगी, इसलिए बड़े-बड़े चित्रकार भी आगे नहीं आए। तभी उसमें से एक लड़का बोला राजा साहब मैं आपका चित्र बनाना चाहता हूँ। मुझे 24 घंटे का वक्त दीजिए। अब सभी बड़े-बड़े चित्रकार हैरान हो गए कि ये लड़का क्या चित्र बनाएगा और अगर राजा को चित्र पसंद नहीं आया तो इसे सजा जरूर मिलेगी। राजा बोला ठीक है आप बना करके लाइए। अगले दिन वह लड़का चित्र बनाकर लाने वाला था और दरबार पूरी तरह से भर चुका था। लोग दूर-दूर से देखने के लिए आए थे कि वह लड़का कैसा चित्र बनाकर लाएगा। लड़का जब उस राजा की तस्वीर बनाकर लाया तो लोग आश्चर्यचकित हो गए और जब राजा ने उस चित्र को देखा तो वह खुश हो गया। इससे अच्छी तस्वीर तो इस पूरे गलियारे में नहीं है। राजा ने उस लड़के को बहुत सारा इनाम दिया। अब आप सोच रहे हैं कि उस राजा की क्या तस्वीर बनी होगी, जिसकी एक आँख और पैर नहीं है तो कैसी तस्वीर बनी होगी।

उस तस्वीर में लड़के ने इस राजा को एक घोड़े पर सवार किया था। एक तरफ से उस राजा का एक पैर दिख रहा था और राजा तीरंदाजी करते हुए निशाना लगा रहा था। निशाना लगाते वक्त एक आँख बंद हो जाती है और उस लड़के ने उस राजा की वही आँख बंद की थी जो राजा के नहीं थी। उस लड़के के सामने भी चुनौतियाँ थी लेकिन उसने सकारात्मकता का साथ नहीं छोड़ा। जिंदगी में आप जिस भी मुकाम पर हो, जिस भी संकट में फँस जाए, जिस भी स्थिति में हो, सकारात्मकता का साथ कभी नहीं छोड़ना तो यकीन मानिए आप उस संकट से बाहर निकल आएँगे।

## कभी डाँट कर आपने प्यारा जताया.....

एकता अमलानी

बी.एड. चतुर्थ सेमेस्टर

कभी डाँट कर आपने प्यारा जताया  
कभी रोक-टोक कर चलना सिखाया,  
कभी काली स्लेट पर चाक से  
उज्ज्वल भविष्य का सूरज उगाया।

ढाल बनकर के हर मुश्किल से बचाया,  
कभी हक के लिए लड़ना सिखाया

कभी गलती बताकर कभी गलती छिपाकर  
एक सच्चे गुरु का फर्ज निभाया  
कभी माता-पिता बन दी सलाह,  
कभी दोस्त बन हौसला बढ़ाया।  
आज कहते हैं उन टीचर्स को बड़ा सा थैंक्यू  
जिन्होंने हमें इस काबिल बनाया।

# गुरु की महिमा

कृष्णा केवट

बी.ए. द्वितीय सेमेस्टर

एक गरीब आदमी था। वो हर रोज अपने गुरु के आश्रम जाकर वहाँ साफ-सफाई करता और फिर अपने काम पर चला जाता था। अक्सर वो अपने गुरु से कहता कि आप मुझे आशीर्वाद दीजिए तो मेरे पास ढेर सारा धन दौलत आ जाए। एक दिन गुरु ने पूछ ही लिया कि क्या तुम आश्रम में इसलिए काम करने आते हो। उसने पूरी ईमानदारी से कहा कि हाँ, मेरा उद्देश्य तो यही है कि मेरे पास ढेर सारा धन आ जाए, इसलिए तो आपके दर्शन करने आता हूँ। पटरी पर सामान लगाकर बेचता हूँ। पता नहीं, मेरे सुख के दिन कब आएंगे। गुरु ने कहा कि तुम चिंता मत करो। जब तुम्हारे सामने अवसर आएगा तब ऊपर वाला तुम्हें थोड़ी न आवाज लगाएगा। बस, चुपचाप तुम्हारे सामने अवसर खोलता जाएगा। युवक चला गया। समय ने पलटा ख़ाया, वो अधिक धन कमाने लगा। इतना व्यक्त हो गया कि आश्रम में जाना ही छूट गया। कई वर्षों बाद एक दिन वह सुबह ही आश्रम पहुँचा और साफ-सफाई करने लगा।

गुरु ने बड़े ही आश्चर्य से पूछा—क्या बात है, इतने बरसों बाद आए हो, सुना है बहुत बड़े सेठ बन गए हो। वो व्यक्ति बोला—बहुत धन कमाया। अच्छे घरों में बच्चों की शादियाँ की, पैसे की कोई कमी नहीं है पर दिल में चैन नहीं है। ऐसा लगता था रोज सेवा करने आता रहूँ पर आ ना सका। गुरुजी! आपने मुझे सब कुछ दिया जिंदगी का चैन नहीं दिया। गुरु ने कहा कि तुमने वह माँगा ही कब था? जो तुमने माँगा वो तो तुम्हें मिल गया ना। फिर आज यहाँ क्या करने आए हो? उसकी आँखों में आँसू भर आए, गुरु के चरणों में गिर पड़ा और बोला—अब कुछ माँगने के लिए सेवा नहीं करूँगा। बस दिल को शांति मिल जाए। गुरु ने कहा—पहले तय करो कि अब कुछ माँगने के लिए आश्रम की सेवा नहीं करोगे, बस की शांति के लिए ही आओगे। गुरु ने समझाया कि चाहे माँगने से कुछ भी मिल जाए पर दिल का चैन कभी नहीं मिलता..... इसलिए सेवा के बदले कुछ माँगना नहीं है। वो व्यक्ति बड़ा ही उदास होकर गुरु को देखता रहा और बोला—मुझे कुछ नहीं चाहिए। आप बस मुझे सेवा करने दीजिए। सच में, मन की शांति सबसे अनमोल है।

## समय

अल्पिता अवस्थी

बी.ए. द्वितीय सेमेस्टर

समय का मूल्य सबके जीवन के हर पहलू पर लागू होता है। इसकी कीमत जानने में हम अपने काम के महत्व को समझते हैं। समय की कीमत हमें एहसास कराती है कि अगर हम इसकी कद नहीं करेंगे तो समय हमारी कद न करते हुए जीवन को नष्ट कर देगा। समय जीवन का ऐसा चक्र है जो कभी दोबारा लौटकर नहीं आता और अगर आता है भी तो दूसरी उलझनें लेके आता है। जहाँ एक तरफ़ खुशियाँ और दूसरी और दुखों का अंबार होता है। समय के मूल्य को समझने के लिए हमें उसका सम्मान और उपयोग करना होगा। समय की बर्बादी मनुष्यों को और उनके साथ भविष्य को नष्ट करती है। जीवन के हर मोड़ में समय हमारा इस्तेहान लेता है। पिछला वक्त लौटकर नहीं आता और जो है वही हमारा भविष्य उजागर कर सकता है। हमें वक्त रहते समय के महत्व को समझकर उसका रचनात्मक ढंग से प्रयोग करना चाहिए ताकि समय हमें समृद्ध करे न कि नष्ट करे।

## डिग्री के साथ-साथ सॉफ्ट स्किल भी

सौम्या पटेल

बी.ए. द्वितीय वर्ष

जीवन में आप कितनी भी पढ़ाई क्यों न कर लें, सफल जिंदगी और पेशे के लिए वह काफी नहीं है। आज सभी जगह सॉफ्ट-स्किल का फंडा बढ़ता ही जा रहा है। ये सॉफ्ट स्किल क्या है? सॉफ्ट स्किल वह कौशल है जिसकी शुरुआत, अपने परिवार से ही हो जाती है। परिवार, स्कूल के बाद बच्चों की पहली पाठशाला है, जिसमें वह अच्छी-अच्छी बातें, अच्छे-अच्छे संस्कार सीखता है। अनुशासन की शुरुआत भी परिवार से ही होती है। छोटपन से ही उसे तरह-तरह के नैतिक मूल्यों की शिक्षा दी जाती है जो उसके संघर्ष के दिनों में मार्ग-प्रशस्त करने में सहायक होती है। सॉफ्ट स्किल भी इसी का एक हिस्सा है। इसे हम अन्य नामों से भी जानते हैं। जैसे लाइफ सरवाइवल स्किल आदि। जहाँ तक इस सॉफ्ट स्किल की बात है इसमें प्रमुख है—कम्युनिकेशन एण्ड इंटर पर्सनल स्किल आदि। आज पढ़ाई के क्षेत्र में सॉफ्ट स्किल बहुत ही अहम् हो गयी है। ये कौशल किसी के कैरियर को बनाने व बिगाड़ने में काफी अहम् भूमिका निभाता है।



# भारतीय संस्कृति

आर्य अग्रवाल

बी.ए. द्वितीय सेमेस्टर

भारत देश अपनी सभ्यता और संस्कृति के लिए पूरे विश्व में जाना जाता है। भारत की सभ्यता विश्व की सबसे पुरानी सभ्यता है जो कि लगभग 5000 साल पुरानी है। भारत में विभिन्न धर्म और विभिन्न संस्कृति के लोग एक साथ मिलकर रहते हैं। विभिन्न पर्व, कला, सहित्य, नृत्य, संगीत मिलकर भारतीय संस्कृति का निर्माण करते हैं। भारत में सभी त्यौहार मिल जुलकर मनाए जाते हैं। हमारे संस्कार, बड़ों का सम्मान, छोटों से प्यार, हमारा रहन-सहन, दूसरों के साथ आचरण हमारी संस्कृति को दर्शाते हैं। भारत की संस्कृति बच्चों में बचपन से ही देखने को मिलती है।

आज के आधुनिक युग में लोग आधुनिकता को अपनाते जा रहे हैं लेकिन अपनी संस्कृति ऐसे ही बरकरार रखी है। आज भी लोग पूरी परंपरा के साथ सभी धर्मों के त्यौहारों को एक साथ मिल जुलकर मनाते हैं। हमारी संस्कृति हमें अतिथी का सत्कार कना सिखाती है और आज भी यह हमारे समाज में विराजमान है। जब भी किसी के घर अतिथि आता है तो उन्हें पूर्ण सम्मान दिया जाता है। हमारी संस्कृति हमें साथ में मिल-जुलकर रहना सिखाती है। हमारी संस्कृति आज भी बरकरार है। आज भी लोग संयुक्त परिवारों में रहते हैं और सभी त्यौहार पूरा परिवार और मोहल्ला एक साथ मनाते हैं। हमारा देश एक धार्मिक संस्कृति वाला देश है जहाँ पर लोग पूजा पाठ, गंगा स्नान, व्रत आदि में विश्वास रखते हैं। यहाँ के लोगों की संस्कृति में बुजुर्गों का सम्मान करना लिखा है।

भारत एक ऐसा देश है जिसमें विभिन्न भाषाओं, धर्मों, विश्वासों के साथ ही विविध खाद्य स्वाद आदि शामिल हैं। दुनिया के किसी भी दूसरे देश की तुलना में इसकी एक पूरी तरह से भिन्न और खरी संस्कृति है। हालाँकि, भारत ने आधुनिकीकरण स्वीकार नहीं किया है, हमारे विश्वास और मूल्य अभी भी अपरिवर्तित रहते हैं।

भारत में कुछ प्राचीन सभ्यताओं का घर है, जिसमें हिन्दू धर्म, जैन धर्म, सिख और बौद्ध धर्म शामिल हैं, जिसने भारत की संस्कृति को भी योगदान दिया और समृद्ध किया। विभिन्न कारकों ने भारत की संस्कृति के गठन को प्रभावित किया है यह समझना वास्तव में बहुत ही दिलचस्प है कि भारत में किस तरह की जटिल संस्कृतियाँ, आश्चर्यजनक विरोधाभास और अद्भुत सुन्दरता है जो कि भारत की महान संस्कृति के गठन के लिए सभी को एक साथ लाती है।

भारतीय संस्कृति को मातृ संस्कृति के रूप में भी जाना जाता है। जो सभी क्षेत्रों का सदियों पहले एक गहरी ज्ञान और

जड़ है। भारत एक ऐसा देश है जो युवाओं को संस्कृति के महत्व और मूल्य सिखाता है, जिससे कि वे इन संस्कृतियों के साथ बढ़ते हैं और उनके मूल्यों में गहराई से घटी होती है। चाहे वे कहीं भी हो, वे हमेशा परंपरा, संस्कृति और मूल्य के रूप में खरीदा गया है।

प्राचीन भारतीय महाकाव्यों अर्थात् रामायण और महाभारत में बुराई पर अच्छाई की जीत का सशक्त-सबक है। भगवत गीता एक दार्शनिक सिद्धांतों से भरी किताब है। भगवान बुद्ध ने उपदेश दिया कि अगर कोई अपने जुनूनों पर नियंत्रण रखता है तो वह सही सुख प्राप्त कर सकता है। हिन्दू धर्म में भगवान विष्णु के दस अवतारों के अतिरिक्त, देवताओं और देवियों की बड़ी संख्या है। यह धर्म उसके अनुयायियों को किसी भी रूप में भगवान की पूजा करने की अनुमति देता है। सिख धर्म के संस्थापक गुरुनानक देव (1469-1539) ने सच्चे विश्वास, सादगी और जीवन की शुद्धता और धार्मिक सहिष्णुता पर सर्वोच्च बल दिया।

भारतीय चित्रकारी और मूर्तिकला ने विभिन्न सभ्यताओं पर गहरा असर डाला। होशंगाबाद, मिर्जापुरी और भीमबेटका में रॉक गुफा आदिम पुरुषों के चित्रों के साक्षी हैं। यह अजंता गुफाओं की चित्रकारी का एक दुर्लभ टुकड़ा है। ब्रिटिश औपनिवेशिक, शासन के दौरान कई चित्रकार उभरे अमृता शेरगिल, जमीनी रॉय और रवीन्द्रनाथ टैगोर जो मॉडर्न पेंटिंग के अग्रदूत थे। अशोक स्तंभ, साँची स्तूप, कोनार्क, खजुराहो और महाबलीपुरम् में स्थित मंदिर भारतीय मूर्तिकला के अनोखे काम हैं। जामा मस्जिद, लाल किला, ताज महल और हुमायूँ का मकबरा भारतीय और मुगल वास्तुकला का मिश्रण दिखाते हैं। ये सभी चमत्कार भारतीय इतिहास के मुगलकाल के दौरान बनाए गए थे।

प्राचीन भारत में ज्योतिष और खगोलशास्त्र काफी लोकप्रिय थे। आर्यभट्ट ने दो हजार साल पहले सौर ग्रहण के समय की गणना की थी। शून्य की अवधारणा का आविष्कार भारत में किया गया था।

राजा राममोहन राय, दयानंद सरस्वती, रामकृष्ण परमहंस, स्वामी विवेकानंद, रवीन्द्रनाथ टैगोर, महात्मा गाँधी और जवाहरलाल नेहरू के दार्शनिक विचारों ने भारतीय संस्कृति से नकारात्मक तत्वों को खत्म करने के लिए बहुत योगदान दिया है।

अन्य संस्कृतियों के क्रॉस क्रियेटर्स हमेशा किसी भी देश की संस्कृति को प्रभावित करते हैं। वर्तमान विश्व में यह इतना अधिक है, जहाँ सीमाएँ अस्तित्व में हैं।

आइए हम अपनी खिड़कियों और दरवाजों को अन्य संस्कृतियों के लिए खोले, लेकिन हमें लगता है खड़े रहना चाहिए और इसके हमले के खिलाफ अपने पैरों को दूर नहीं करना चाहिए।

# समय का सदुपयोग

खुशी चौकसे

बी.ए. द्वितीय सेमेस्टर

”समय लाभ सम लाभ नहि,

समय चूक सम चूक

चतुरन चिंत रहिमन लगी,

समय चूक की हूक।।”

नष्ट हुई सम्पत्ति और खोये हुए वैभव को पुनः प्राप्त करने के लिए मनुष्य निरन्तर मेहनत करता है। एक दिन उसे सफलता मिल जाती है। खोया हुआ स्वास्थ्य और नष्ट हुआ धन पुनः प्राप्त किया जा सकता है किन्तु खोया हुआ क्षण फिर वापस नहीं आता। समय न तो मनुष्य की प्रतीक्षा करता है और न परवाह। समय का रथ तो तेजी से चल रहा है उसे कोई भी रोक नहीं सकता इसीलिए कहा है—

**क्षणशः कणशश्चैव विद्यामर्थं च साधयेत्।**

**क्षणे नष्टे कुतो विद्या, कण, नष्ट कुतो धनम्।**

प्रत्येक क्षण में विद्या ज्ञान प्राप्त करो और कण-कण जोड़कर धन पाओ। क्षण भर का समय नष्ट हो जाये तो विद्या कहाँ और कण नष्ट हो जाये तो धन नहीं। तुलसीदास जी ने भी कहा है।

**”दिवस जात नहीं लागत बारा”**

दिन जाते देर नहीं लगती जो समय पर जाग नहीं सका वहीं पीछे रह गया। नदी बहती है, घड़ी चलती है, सूरज चाँद तारे भी विश्राम नहीं करते तो हम क्यों आराम करें। वे समय को व्यर्थ नहीं करते तो हम क्यों आराम करें। समय को व्यर्थ न गँवाये उसका सदुपयोग करें।

**काव्यशास्त्र विनोदेन कालः गच्छति धीमताम्।**

**व्यसनेन च मूर्खाणां निद्रया कलहेन वा।।**

समय जीवन-सफलता का मापदण्ड-जीवन की सफलता का रहस्य समय के सही उपयोग में निहित है। संसार के सभी प्राणियों का समय पर समान रूप से अधिकार है। समय की उपयोगिता साधारण से साधारण व्यक्ति को भी महान् बनाती है। महापुरुषों के चरित्र से हमें प्रेरणा मिलती है, उन्होंने एक-एक क्षण का उपयोग किया तभी जीवन से उन्हें सफलता मिली हमें प्रातः शीघ्र उठकर दिन भर के कार्यक्रम की रूपरेखा बना लेनी चाहिए और आज के कार्यों को आज ही सम्पन्न कर लेना चाहिए। जो व्यक्ति निश्चित उद्देश्य को सामने रखता है, उसे अपना रास्ता स्पष्ट दिखायी देता है। वह उलझन में नहीं होता और पूर्ण मनोयोग से उस कार्य की ओर बढ़ता है। समय के महत्व को समझने वाला दुःखी नहीं होता। समय के सदुपयोग का तात्पर्य है नियमित होना। जो अपनी दिनचर्या नियमित रखते हैं वे ही कुछ कर पाते हैं, समय से सोना, समय से उठना, भोजन,

अध्ययन, भ्रमण, मनोरंजन, पूजन आदि का समय निश्चित करें। अपने बुजुर्गों के पास बैठे उनकी सेवा जो व्यक्ति काम टालने वाले होते हैं वे सदैव पछलाते हैं। कबीरदास जी ने कहा है—

**काल करै सो आज कर, आज करै सो अब।**

**पल में परलय होयगी, बहुरि करेगा कब।**

समय के सदुपयोग से लाभ-समय के सदुपयोग से व्यक्ति की उन्नति होती है। अतएव बचपन से ही हमें समय के मूल्य का ध्यान रखना चाहिए। शारीरिक स्वास्थ्य के लिए नियमित होना आवश्यक है और अपने मानसिक स्वास्थ्य के लिए हमें अपने खाली समय में स्वाध्याय हेतु अच्छे-अच्छे ग्रन्थों को पढ़ना चाहिए। अपने से अधिक बुद्धिमान लोगों से चर्चा करनी चाहिए। कभी किसी काम को देर से शुरू न करें क्योंकि प्रारम्भ की देरी से बाद में भी विलम्ब हो जाता है और फिर उसके बाद के अन्य कामों की सब व्यवस्था अस्त-व्यस्त हो जाती है। पल के अंश में क्या हो जायेगा क्या पता। कहा गया है—

**जाने होई है पल के चौथे भाग।**

अतएव हर पल का उपयोग करें। परिश्रम एवं तपस्या ही जीवन का मूल्यांकन है। देश और समाज के प्रति भी हमारा कर्तव्य है। हमें सेवा, परोपकार हेतु भी समय निश्चित रखना चाहिए, जिससे देश और समाज की भी उन्नति हो। वर्तमान में विज्ञान का युग होने से हमारी दैनिक जिन्दगी में समय की बचत होने लगी है। यात्रा, लेखन कार्य, भोजन सभी क्षेत्रों में समय बचने लगा है। घण्टों का काम मिनटों में सम्पन्न हो जाता है। समय का सदुपयोग करने वाला व्यक्ति सदैव प्रसन्न रहता है, उसे चिन्ता नहीं रहती कि उसका कोई काम अधूरा है। थोड़े समय में वह अधिकाधिक काम कर लेता है। जो लोग बेकार बैठे रहते हैं वे समाज में परेशानी पैदा करते हैं जैसे उन्हें यदि पैसों की जरूरत है तो वे काम न करके जेब काटेंगे या चोरी करेंगे। पर जिसके पास समय की कीमत है, वह व्यर्थ की बातों में समय न गँवाकर काम करके पैसा कमाता है और अपनी आवश्यकता पूरी करता है। ऐसे व्यक्ति का सभी आदर करते हैं। समय का सदुपयोग करने वाला व्यक्ति जीवन में उन्नति करता है। परिश्रम और तपस्या से ही किसी व्यक्ति का मूल्यांकन किया जाता है कि वह अपना समय कैसे बिताता है। सत्पुरुष स्वयं सद्मार्ग पर चलकर दूसरों को भी समय बचाने की प्रेरणा देते हैं ताकि चूक जाने पर पछताना न पड़े। भारत में जीवन के समय को चार भागों में बाँटा गया है और उस समय नियत कार्य ही समय का सदुपयोग है।

**प्रथमे नार्जिते विद्या, द्वितीये नार्जिते धनं।**

**तृतीय नार्जिते पुण्य, चतुर्थ किम करिष्यति।**



# पर्यावरण

अंकित कोल

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पर्यावरण (अंग्रेजी – Environment) शब्द का निर्माण दो शब्दों से मिलकर हुआ है। परि जो हमारे चारों ओर है, "आवरण" जो हमें चारों ओर से घेरे हुए है, अर्थात् पर्यावरण का शाब्दिक अर्थ होता है चारों ओर से घेरे हुए। पर्यावरण उन सभी भौतिक, रासायनिक एवं जैविक कारकों की समष्टिगत एक इकाई है। जो किसी जीवधारी अथवा पारितंत्रीय आबादी को प्रभावित करते हैं तथा उनके रूप जीवन और जीविता को तय करते हैं। पर्यावरण वह है जो कि प्रत्येक जीव के साथ जुड़ा हुआ है हमारे चारों तरफ वह हमेशा व्याप्त होता है। सामान्य अर्थों में यह हमारे जीवन को प्रभावित करने वाले सभी जैविक और अजैविक तत्वों तथ्यों, प्रक्रिया और घटनाओं के समुच्चय से निर्मित इकाई है। यह हमारे चारों ओर व्याप्त है और हमारे जीवन की प्रत्येक घटना इसी के अन्दर सम्पादित होती है तथा हम मनुष्य अपनी समस्त क्रियाओं से इस पर्यावरण को भी प्रभावित करते हैं। इस प्रकार एक जीवधारी और उसके

पर्यावरण के बीच अन्योन्याश्रय संबंध भी होता है।

पर्यावरण के जैविक संघटकों में सूक्ष्म जीवाणु से लेकर कीड़े-मकोड़े, सभी जीव-जंतु और पेड़-पौधे आ जाते हैं और इसके साथ ही उनसे जुड़ी सारी जैव क्रियाएँ और प्रक्रियाएँ भी अजैविक संघटकों में जीवनरहित तत्व और उनमें जुड़ी प्रक्रियाएँ आती हैं, जैसे-चट्टानें, पर्वत, नदी, हवा और जलवायु के तत्व सहित कई चीजें इत्यादि रहती हैं।

सामान्यतः पर्यावरण को मनुष्य के संदर्भ में परिभाषित किया जाता है और मनुष्य को एक अलग इकाई और उसके चारों ओर व्याप्त अन्य समस्त चीजों को उसका पर्यावरण घोषित कर दिया जाता है किन्तु यहाँ यह भी ध्यातव्य है कि अभी भी इस धरती पर बहुत सी मानव सभ्यताएँ हैं, जो अपने को पर्यावरण से अलग नहीं मानती और उनकी नजर में समस्त प्रकृति एक ही इकाई है। जिसका मनुष्य भी एक हिस्सा है।

# बालिका शिक्षा

मयंक प्रकाश द्विवेदी

बी.ए. द्वितीय सेमेस्टर

शिक्षा के बिना मानव पशु के समान है। शिक्षा ही मानव की बुद्धि का विकास करती है। शिक्षा से संसार, जीवन आदि के सत्य और असत्य का बोध होता है। इसी से भावी जीवन की आधार शिला रखी जाती है। अतः शिक्षित होना अत्यधिक आवश्यक है।

यद्यपि बालक और बालिका दोनों के लिए ही शिक्षा का अत्यधिक महत्व है। बाल्यावस्था में शिक्षित होकर वे अपने भविष्य की नींव रखते हैं। किन्तु बालक शिक्षा से अधिक बालिका शिक्षा का महत्व है। आज की बालिका कल की जननी होगी। वह भावी पीढ़ी का निर्माण करने वाली होगी। शिक्षित बालिका, शिक्षित नारी होगी और साथ ही शिक्षित माँ भी होगी, वह बच्चों का ठीक तरह से पालन करेगी। उसका व्यवहार सभी के प्रति अच्छा होगा। अतः बालिका शिक्षा का विशेष महत्व है।

भारत में कई विदुषी हुई हैं, जिन्होंने मानव को सद्मार्ग दिखाया है। किन्तु मध्यकाल में नारी के प्रति दृष्टिकोण बदल गया और उसे घर की चार दीवारी में ही सीमित कर दिया गया, उसकी शिक्षा-दीक्षा प्रायः बन्द कर दी गई।

स्वतंत्रता के बाद भारत सरकार ने बालिका शिक्षा पर ध्यान दिया। बालिका शिक्षा के लिए कई योजनाओं का शुभारंभ किया गया, इस दिशा में अनेक प्रयास किये गये, बालिकाओं

के लिए कई विद्यालय खोले गए।

उन्हें छात्रवृत्ति पुस्तकें आदि प्रदान की गई। इसका सुफल सामने आ रहा है।

“पढ़ेगी बेटा पढ़ेगी बेटा, नए शिक्षर पर चढ़ेगी बेटा।

नव-नृतन के अग्रिम पथ पर, कदम मिलाकर बढ़ेगी बेटा।।”

वर्तमान में केन्द्र और राज्य सरकारें बालिका शिक्षा पर विशेष बल दे रही हैं। अनेक योजनाएँ प्रारम्भ हैं, जिनसे बालिका शिक्षा की गति बढ़ रही है। छात्राओं को शुल्क से मुक्ति दे दी गई है। विभिन्न प्रकार की छात्रवृत्तियाँ, पुरस्कार, सहयोग आदि अध्ययनशील बालिकाओं को दिए जा रहे हैं, आज बालिकाएँ भी अपने प्रतिभा दिखा रही हैं। वे विद्यालय से लेकर प्रतियोगी परीक्षाएँ देकर श्रेष्ठ स्थान प्राप्त कर रही हैं। वे समझ गई हैं कि शिक्षित होकर ही जीवन तथा राष्ट्र का सही निर्माण किया जा सकता है।

बालिका शिक्षा पर विविध प्रकार से जोर दिया जा रहा है। उसका फल भी दिखाई देने लगा है, किन्तु अभी आदिवासी, पिछड़े या अतिदूरस्थ क्षेत्रों में बालिका शिक्षा की कमी देखी जा रही है। इस ओर भी ध्यान दिया जाना आवश्यक है क्योंकि आज की बालिका कल देश की निर्माता होगी।

# भारत

## अभिषेक जानोकर

बी.ए. द्वितीय सेमेस्टर

हमारा देश भारत न केवल भौगोलिक दृष्टि से विशाल और विस्तृत है, बल्कि वह अपनी विभिन्न प्राकृतिक सुन्दरता के कारण भी बड़ा देश है। भारत की प्राकृतिक सुन्दरता सचमुच में निराली और अद्भुत है।

अपनी इस अद्भुत सुन्दरता के कारण ही भारत विश्व का एक अनोखा और महान राष्ट्र समझा जाता है। अपनी प्राकृतिक सुन्दरता के साथ-साथ भारत की विश्व का एक अनोखा और महान राष्ट्र समझा जाता है। अपनी प्राकृतिक सुन्दरता के साथ-साथ भारत की भौतिक सुन्दरता भी कम आकर्षक और रोचक नहीं है। हमारा देश अपने प्राकृतिक सौन्दर्य के कारण सबके आकर्षण का केन्द्र रहा है। यह उत्तर में कश्मीर और दक्षिण में कन्याकुमारी तक फैला हुआ है।

पूर्व में मिजोरम, नागालैण्ड और पश्चिम में गुजरात तक फैला अपने सौन्दर्य और छवि से सबको अपनी ओर आकर्षित कर रहा है।

भारत दक्षिण एशिया में स्थित है। राजधानी नई दिल्ली है और ज्यादातर लोग जो भाषा बोलते हैं वह हिन्दी है। एक व्यक्ति जो भारत से है, वह भारतीय है। भारत दुनिया का सातवाँ सबसे बड़ा देश है और चीन के बाद यह दूसरी सबसे बड़ी आबादी है। भारत का एक बड़ा हिस्सा बंगाल की खाड़ी, हिन्द महासागर और अरब सागर से घिरा हुआ है। हिमालय पर्वत भारत के उत्तरी सीमा पर फैला है और भारत के आसपास के देशों में पाकिस्तान, चीन, नेपाल, भूटान और बांग्लादेश शामिल हैं।

भारत का क्षेत्रफल 32,87,263 वर्ग कि.मी. है। जो हिमाच्छादित हिमालय की ऊँचाईयों से शुरू होकर दक्षिण के विषुवतीय वर्षा वनों तक फैला हुआ है। विश्व का सातवाँ बड़ा देश होने के नाते भारत शेष एशिया से अलग दिखता है जिसकी विशेषता पर्वत और समुद्र ने तय की है और ये इसे विशिष्ट भौगोलिक पहचान देते हैं।

## परिश्रम का महत्व

### चुकेन्द्र मरावी

बी.ए. द्वितीय वर्ष

सफलता की पहली कुंजी श्रम है, इसके बिना सफलता का स्वाद कभी नहीं चखा जा सकता है। जिन्दगी में आगे बढ़ना है, सुख सुविधा से रहना है, एक मुकाम हासिल करना है, तो इन्सान को श्रम करना होता है। भगवान ने श्रम करने का गुण मनुष्यों के साथ-साथ सभी जीव-जंतुओं को भी दिया है। पक्षियों को भी सुबह उठकर अपने खाने-पीने का इंतजाम करने के लिए बाहर जाना पड़ता है। उसे बड़े होते ही उड़ना सिखाया जाता है, ताकि वह अपना पालन पोषण खुद कर सके। दुनिया में हर जीव-जंतु को, अपने पेट भरने के लिए खुद मेहनत करनी पड़ती है, इसी तरह मनुष्यों को भी बचपन से बड़े होते ही, श्रम करना सिखाया जाता है। चाहे वह पढ़ाई के लिए हो, या पैसे कमाने के लिए या नाम कमाने के लिए, मेहनत के बिना तो रद्दी भी हाथ नहीं आती।

शारीरिक व मानसिक रूप से किया गया काम परिश्रम कहलाता है, ये काम हम अपनी इच्छा के अनुसार चुनते हैं, जिसे लेकर हम अपने उज्ज्वल भविष्य की कामना करते हैं। पहले श्रम का मतलब सिर्फ शारीरिक श्रम होता था, जो मजदूर या बेलदार या लेबर वर्ग करता था, लेकिन अब ऐसा नहीं है, श्रम, डॉक्टर, इंजीनियर, वकील, राजनीतिक, अभिनेता-टीचर

सरकारी व प्राइवेट दफ्तरों में काम करने वाला व्यक्ति श्रम करता है। कामयाब व्यक्ति के जीवन से हम परिश्रम के बारे में अधिक जान सकते हैं, उनके जीवन से हमें इसकी सही परिभाषा समझ आती है, तो चलिए हम आपको कुछ बातें बता रहे हैं, जो मेहनती व्यक्ति अपने जीवन में अपनाता है, और सफलता का स्वाद चखता है, यही बातें/आदर्श हम अपने जीवन में उतार कर सफल हो सकते हैं। परिश्रम से एक न एक दिन सफलता जरूरी मिलती है—आज हम अगर विज्ञान के इतने चमत्कार देख पा रहे हैं, तो ये मानव जाति के परिश्रम का ही फल है विज्ञान की तरक्की की वजह से आज हम चाँद में अपना कदम रख चुके हैं, व मंगल ग्रह पर अपना घर बसाने वाले हैं। देश-विदेश में तरक्की भी वहाँ रहने वाले नागरिकों की वजह से होती है। पूरी दुनिया में विकसित व विकासशील देश हैं ये सब परिश्रम व्यक्तियों की वजह से ही यहाँ तक पहुँच पाये हैं। अमेरिका, चीन, जापान जैसे देशों के साथ आज हमारे भारत का नाम भी लिया जाता है, जो जल्द ही विकसित देशों की सूची में आने लगेगा। जापान में हुए परमाणु बम विस्फोट के बाद, कुछ साल पहले आए विशाल भूकम्प के बाद उसने अपने आप को फिर खड़ा किया, ये सब परिश्रम की वजह से संभव हो सकता है।



# शिक्षा में खेलों का महत्व

सचिन कटसा

बी.ए., द्वितीय वर्ष

मानव संसार का सर्वश्रेष्ठ प्राणी है। कारण यह है कि इसमें चिन्तन की शक्ति है, जिसके द्वारा यह प्राचीनकाल से सब पर शासन करता आया है। आज प्रकृति भी इसके सामने नतमस्तक हो रही है। संसार के सम्पूर्ण ऐश्वर्य के पीछे मानव-मस्तिष्क के विकास का इतिहास गुंथा हुआ है, लेकिन यह कभी नहीं भूलना चाहिए कि केवल मस्तिष्क का विकास एकांगी है। मस्तिष्क के साथ-साथ शारीरिक शक्ति का भी होना अनिवार्य है। अतः मस्तिष्क के विकास के लिए जहाँ शिक्षा की आवश्यकता है, वहाँ शारीरिक-शक्ति को प्राप्त करने के लिए क्रीड़ा की भी आवश्यकता है। दोनों एक दूसरे के अभाव में अपूर्ण हैं।

शारीरिक विकास के लिए खेलों के अतिरिक्त अन्य साधन भी हैं। प्रातः काल में भ्रमण द्वारा भी स्वास्थ्य लाभ प्राप्त किया जा सकता है। कुश्ती, कबड्डी, दंगल, भ्रमण, दौड़ना आदि भी स्वास्थ्यवर्धन के लिए उपयोगी हैं। इसमें शरीर पुष्ट होता है, पर मनोरंजन आदि से मनुष्य वंचित रहता है। खेलों से मनोरंजन भी पर्याप्त हो जाता है इससे खिलाड़ी में आत्म-निर्भर होने की भावना का उदय होता है। वह केवल अपने लिए ही नहीं खेलता बल्कि उसकी हार और जीत पूरी टीम की हार और जीत है। अतः उसमें अपने साथियों के लिए स्नेह तथा एकत्व की भावना जन्म लेती है। वह अपने में ही अपनी टोली की प्रगति देखता है। रुचि की भिन्नता के कारण किसी को हॉकी, किसी को क्रिकेट और किसी को फुटबाल अच्छा लगता है।

खेलों से अनेक लाभ हैं। इनका जीवन में विशिष्ट स्थान है। शारीरिक और मानसिक स्थिति को कायम रखने के लिए खेलों का बड़ा महत्व है। इसलिए प्राचीनकाल से ही खेलों को महत्व दिया गया है। विद्यार्थी, आश्रमों में अध्ययन के साथ-साथ विभिन्न प्रकार के खेलों में भी पारंगत होते थे। उस समय के

खेल युद्ध की दृष्टि से महत्वपूर्ण होते थे। उस समय धनुर्विद्या की शिक्षा का विशेष बोल-बोला था। खेलों से केवल शरीर ही नहीं, अपितु इससे मस्तिष्क और मन का भी पर्याप्त विकास होता है, क्योंकि पुष्ट और स्वस्थ शरीर में सुन्दर मस्तिष्क का वास होता है। बिना शारीरिक शक्ति के शिक्षा पंगु है। मान लो कि एक विद्यार्थी अध्ययन में बहुत अच्छा है, पर वह शरीर से कमजोर है।

बलिष्ठ शरीर के साथ-साथ खेलों में मनुष्य में क्षमाशीलता, दया, स्वाभिमान, आज्ञापालन, अनुशासन आदि अनेक गुणों का समावेश भी होता है। बहुत से विद्यार्थी तो खेलों के बल पर ही ऊँचे-ऊँचे पदों को प्राप्त कर लेते हैं। खेलों के अभाव तथा निर्बलकाय होने के कारण ही अधिकांश विद्यार्थी किसी महत्वपूर्ण स्थान से वंचित रह जाते हैं। कहने का तात्पर्य यह है कि मस्तिष्क कितना भी सबल क्यों न हो, पर चलना पैरों से ही है। अतः शिक्षण के साथ-साथ क्रीड़ा में भी कुशल होना उज्ज्वल भविष्य का प्रतीक है। खेलों से राष्ट्रीयता और अंतर्राष्ट्रीय की भावना का भी उदय होता है। अंतर्राष्ट्रीय स्तर पर खेले जाने वाली खेलों के आधार पर खिलाड़ियों को विश्व-भ्रमण का भी सुअवसर मिलता है।

इसमें सन्देह नहीं कि खेल विद्यार्थी जीवन के लिए अत्यन्त उपयोगी है, पर यदि इनमें अधिक भाग लिया जाए, तो हानि होती है। बहुत से विद्यार्थी क्रीड़ा में अधिक रुचि लेने के कारण अध्ययन से मुँह मोड़ लेते हैं। यह कभी नहीं भूलना चाहिए कि खेलों का महत्व भी शिक्षा के साथ ही है। कई बार तो खेलों के कारण द्वेष, स्पर्धा तथा गुटबन्दी आदि की कटु भावनाओं का भी जन्म होता है, जो बड़ी हानिकारक है। अतः शिक्षण और क्रीड़ा में परस्पर समन्वय की नितांत आवश्यकता है। अतः जीवन में शिक्षा के साथ-साथ खेलों के प्रति भी रुचि होनी चाहिए। जैसे मस्तिष्क और हृदय का समन्वय अनिवार्य है, वैसे ही शिक्षा और क्रीड़ा का भी। शिक्षण-संस्थाओं का भी यह कर्तव्य है कि वे शिक्षा के साथ-साथ विभिन्न खेलों की भी व्यवस्था करें।

## कोशिश कर....

तानिया रजक

बी.एस.सी., तृतीय वर्ष

कोशिश कर, हल निकलेगा।

आज नहीं तो कल निकलेगा।

अर्जुन के तीर सा सध,

मरुस्थल से भी जल निकलेगा।

मेहनत कर, पौधों को पानी दे,

बंजर जमीन से भी फल निकलेगा,

ताकत जुटा, हिम्मत को आग दे,

फौलाद का भी बल निकलेगा

जिन्दा रख, दिल में उम्मीदों को,

गरत के समन्दर से भी गंगाजल निकलेगा

कोशिशें जारी रख कुछ कर गुजरने की

जो है आज थमा थमा सा, चल निकलेगा।

# जीवन में गुरु का महत्व

कृष्णा नामदेव

बी.ए. द्वितीय वर्ष

हर व्यक्ति की सफलता के पीछे गुरु का हाथ होता है। हम गुरुओं का महत्व प्राचीन काल से देखते आ रहे हैं। गुरु को दीप माना जाता है जो कि बुराई रूपी अंधकार को हमारे जीवन से हटाकर अच्छाई रूपी रोशनी से जगमगाता है। गुरु के बिना व्यक्ति का जीवन अधूरा है। माता के बाद दूसरा गुरु शिक्षक ही होते हैं। गुरु से ली गई शिक्षा संस्कार हमारे जीवन को आसान बना देते हैं। गुरु वह व्यक्ति होता है, जो खुद एक स्थान पर रहकर दूसरों को अपनी मंजिल तक पहुँचाता है। हमारे जीवन में गुरु बहुत महत्वपूर्ण होते हैं।

मनुष्य के लिए देखा जाए तो गुरु को भगवान से बढ़कर माना जाता है, क्योंकि भगवान जीवन प्रदान करता है और गुरु जीवन जीने का सही ढंग अपनी शिक्षा देकर सिखाता है। गुरु हमें अंधकार रूपी इस जीवन में प्रकाश रूपी ज्ञान देते हैं।

हमें गुरु का सम्मान करना चाहिए उनकी बातें मानना चाहिए न कि बात काटना या टालना चाहिए। वर्तमान युग में देखा जाए तो कुछ बच्चों द्वारा शिक्षक का अपमान दिखाई पड़ता है। शिक्षक की बात काटना, उनसे बहस करना यह हमारी संस्कृति नहीं है। गुरु का सम्मान करना तथा उनके बताए

मार्ग में चलना हमारा कर्तव्य है।

गुरु के द्वारा दिए गए ज्ञान सदुपयोग कर सभी को अंधकार रूपी अज्ञान से दूर करते हुए सभी को शिक्षित बनाना है।

हमारे देश में गुरु को और भी ज्यादा महत्व दिया जाता है हमारे यहाँ गुरु को भगवान से भी बढ़कर माना जाता है।

गुरु हमारे संघर्षमय जीवन को शिक्षा देकर उसे सरल बनाने में सहायता करता है। गुरु को सम्मान देने के लिए गुरु पूर्णिमा मनाया जाता है। हर जीवन अर्थात् हर किसी के जीवन में गुरु का विशेष महत्व होता है।

मनुष्य को गुरु का महत्व समझना चाहिए और जीवन पर्यन्त उनका सम्मान करना चाहिए। उनके आशीर्वाद के बगैर मनुष्य अधूरे हैं। उनके द्वारा दी गई शिक्षा जीवन भर काम आती है। गुरु को दी हुई शिक्षा से हम बड़े से बड़ा लक्ष्य प्राप्त कर सकते हैं।

गुरु के प्रति शिष्य के मन में हमेशा श्रद्धा होनी चाहिए। गुरु का सदैव सम्मान करना चाहिए। गुरु कभी अपने शिष्यों को गलत आचरण व गलत शिक्षा नहीं देता हमेशा अपने शिष्यों का भला सोचता है। हमें अपने गुरु के प्रति स्नेह तथा समर्पण की भावना रखनी चाहिए।

## गीता का सार

पूजा नेताम

बी. ए., तृतीय वर्ष

एषा तेऽभिहिता सांख्ये बुद्धिर्योगे त्विमा शृणु।

बुद्ध्या युक्तो यया पार्थ कर्मबन्धं प्रहास्यसि॥

हे पार्थ! यह बुद्धि तेरे लिये ज्ञान योग के विषय में कही गयी और अब तू इसको कर्मयोग के विषय में सुन। जिस बुद्धि से युक्त हुआ तू कर्मों के बन्धन को भली-भाँति त्याग देगा यानि सर्वथा नष्ट कर डालेगा।

आत्मा के यथार्थ स्वरूप को न जानने के कारण ही मनुष्य का समस्त पदार्थों में विषम भाव हो रहा है। जब आत्मा के यथार्थ स्वरूप को समझ लेने पर उसकी दृष्टि में आत्मा और परमात्मा भी नहीं रहता और एक सच्चिदानंद ब्रह्म से भिन्न किसी भी सत्ता नहीं रहती, तब उसकी किसी में भेद बुद्धि हो ही कैसे सकती है। भगवान् ने एकादश श्लोक में मरने और जीवित रहने में भ्रममूलक इस विषमभाव या भेदबुद्धि के कारण होने वाले शोक को सर्वथा अनुचित बतलाकर उस शोक से रहित होने के लिये संकेत किया। बारहवें और तेरहवें श्लोकों में आत्मा के नित्यत्व और असङ्गत्वका प्रतिपादन करते हुए यह दिखलाया है कि

प्राणियों को मरने में जो भेद प्रतीत होता है, यह अज्ञानजनित है, आत्मज्ञानी धीर पुरुषों में यह भेद बुद्धि नहीं रहती, क्योंकि आत्मा सम निर्विकार और नित्य है। शीत-उष्ण, सुख दुःख आदि द्वन्द्वों के द्वारा बुद्धि भेद उत्पन्न करने वाली शब्दादी समस्त विषय संयोगों को अनित्य बतलाकर अर्जुन को उन्हें सहन करने के लिये उनमें सम रहने के लिए कहा और सुख दुःखादिको सम समझने वाले पुरुष की प्रशंसा करने उसे परमात्मा की प्राप्ति का पात्र बतलाया। इसके बाद सत्यासत्य वस्तु का निर्णय करके अर्जुन को युद्ध के लिये आज्ञा देकर अगले श्लोकों में आत्मा को मरने-मारने वाला मानने वालों को अज्ञानी बतलाकर आत्मा के निर्विकारत्व, अकर्तृत्व और नित्यत्व का प्रतिपादन करते हुए यह बात सिद्ध कर दी कि शरीर के नाश से आत्मा का नाश नहीं होता, इसलिये इस मरने और जीने में विषमभाव करके तुम्हें किसी भी प्राणी के लिए शोक करना उचित नहीं है। सत्य और असत्य पदार्थों के विवेचन द्वारा आत्मा के यथार्थ स्वरूप को जानने से होने वाली समतका प्रतिपादन किया गया है।



# मित्रता या दोस्ती का महत्व

तान्या जैन

बी. काम. तृतीय वर्ष

मित्रता क्या होती है, ये तो सब जानते हैं। लेकिन दुनिया में दोस्ती यानि मित्रता एक रिश्ता बनाया गया है। जो कि हर उम्र के लोगों के लिए है। यह विभिन्न प्रकारों में होता है। लेकिन इसका महत्व बहुत अधिक और हर उम्र के लिए बहुत मायने रखता है। मित्रता वही नहीं होती जिसके साथ आप खेलते-कूदते या पढ़ाई करते हैं आप अपने हर दुःख सुख ही नहीं बल्कि हर वो चीज अपने दोस्तों से शेयर कर सकते हैं, जो आप अपने किसी और रिश्ते से नहीं कर सकते। आइये, हम आपको मित्रता के संबंध में जानकारी देते हैं।

जब हम छोटे होते हैं तब खेलने के लिए हमें हमेशा अपनी उम्र के किसी दोस्त की जरूरत होती है। कॉलोनी में हमें कई तरह के मित्र मिलते हैं पर उनमें भी कुछ हमें खास लगते हैं, जिसके साथ हमें खेलना अच्छा लगता है जिससे हम अपने खिलौने शेयर कर सकते हैं। ये वो मित्रता है जिसका पहला और आखिरी मतलब है खेल बस इस उम्र की मित्रता में मनुष्य के खेलना ही सबसे अधिक महत्वपूर्ण होता है।

बच्चा बड़ा होता है। यह समय उसकी लाइफ का सबसे सुंदर समय होता है, जिसमें वो जिन्दगी का सबसे अच्छा वक्त बिताता है, लेकिन यही वो समय होता है जब एक बच्चा अपना भविष्य बनाता है या बिगाड़ता है। इस समय दोस्ती का बच्चे की मानसिकता पर बहुत अधिक प्रभाव पड़ता है। अच्छी एवं बुरी संगत उस बच्चे के पूरे जीवन को प्रभावित करती है।

जरूरी नहीं कि दोस्ती केवल स्कूल और हम उम्र कॉलेज के लोगों के बीच ही होती है आज के समय में सबसे करीबी दोस्त माता, पिता, दादा, दादी एवं भाई बहन ही होते हैं। जब ये रिश्ते अपनी उम्र के अनुभव को छोड़ अपने बच्चों के साथ उनके जैसे बन जाते हैं। उन्हें खेल-खेल में सही गलत समझाते हैं तब

ये रिश्ते ही सबसे बेहतर दोस्त कहलाते हैं। आज क्राइम इस कदर बढ़ रहा है कि बाहरी दुनिया पर व्यक्ति कम ही विश्वास कर पाता है, ऐसे में दोस्त शब्द के मायने घर में ही तलाशने पड़ते हैं।

मनुष्य केवल मनुष्य से मित्रता करे यह जरूरी नहीं कि कई लोगों को पालतू जानवरों से बहुत अधिक प्रेम होता है। वे अपने दिल की सभी बातें अपने पालतू जानवर से कहते हैं। भले ही उस जानवर से उन्हें कोई उत्तर प्राप्त नहीं होता लेकिन फिर भी वे उनसे बात करके स्वयं को हल्का महसूस करते हैं।

मित्रता का महत्व बहुत बड़ा है। जब भी व्यक्ति किसी अन्य के साथ स्वयं को परिपूर्ण समझे। उसके साथ उसकी तकलीफों को अपना समझे। अपने गम उसे कह सके। भले ही दोनों में न रक्त संबंध हो, न जातीय संबंध और न ही इंसानी सजीवता का संबंध लेकिन फिर भी वो भावनात्मक दृष्टि से उससे जुड़ा हुआ हो यही मित्रता का अर्थ है।

एक लेखक को अपने कलम अपनी डायरी से भी वैसा ही लगाव होता है जैसे किसी मित्र से। बचपन में छोटे बच्चों को अपने खिलौने से बहुत लगाव होता है, वे उनसे बातें करते हैं लड़ते हैं जैसे किसी मित्र के साथ उनका व्यवहार होता है, वैसा ही वो अपने खिलौनों के साथ करते हैं। वही कई व्यक्ति ईश्वर से मित्रता करते हैं। उनसे अपने दिल की आपबीती कहते हैं। अपने सुख-दुःख कह कर अपना मन हल्का करते हैं। ईश्वर में आस्था ही ईश्वर से मित्रता कहलाती है। इन सब बातों का मतलब यही है कि मनुष्य एक ऐसा प्राणी है जो अकेला नहीं रह सकता। उसे अपने दिल की बात कहने के लिए किसी न किसी साथी की जरूरत होती है फिर चाहे वो कोई इंसान हो, जानवर हो या कोई निर्जीव सी वस्तु या फिर भगवान।

## आधुनिक सोच

अंकित गिरी

बी. ए., तृतीय वर्ष

बदलाव जीवन की एक जरूरी घटना है, इसका होना ही हमें यह दर्शाता है कि प्रगति हो रही है। हर रोज एक इंसान एक नई उम्मीद और एक नए जोश के साथ उठता है, उसका आज कल से बेहतर हो इसीलिए वह अपने जीवन में कुछ न कुछ बदलाव करता रहता है और अगर सब ऐसा करते हैं, तो एक बड़े बदलाव की उम्मीद बढ़ जाती है। बदलती दुनिया के साथ-साथ लोगों की सोच का भी बदल जाना एक लाजमी प्रक्रिया है लेकिन कुछ पहलू में इंसान अपना धर्म, रूप, चरित्र और दुनिया को देखने का वास्तविक रूप खो दता है। अपना और लोगों का आदर करना भूल जाता है। एक ही काम को वो

अमीरी और गरीबी के तराजू से तौल देता है, अन्न, पान, त्वचा, वस्त्र और धन इसके कुछ प्रमुख हथियार अथवा तौलने का वजन है।

एक अमीर अगर बाहर जाकर बड़े होटल में खाना खाये तो उनका मानक ऊँचा है और एक किसान अपने खेत से निकल के बड़े होटल में जाकर खाना खाये तो उनको विचित्र निगाहों से देखा जाता है। आधुनिक सोच का मतलब अब हर एक इंसान के लिए अलग-अलग हो गया है। बड़ी गाड़ी और घर होने से आज कल का इंसान जाना जाता है।

## दूसरा आम चुनाव

रागिनी नापित

बी.ए. तृतीय वर्ष

भारतीय इतिहास में साल 1757 और साल 1857 को बहुत याद किया जाता है। सन् 1757 में ईस्ट इंडिया कंपनी ने पलासी की लड़ाई में बंगाल के नवाब को हराया था और भारतीय उपमहाद्वीप में अंग्रेजों को पहली बार राज्य स्थापित करने का मौका मिल गया था। जबकि सन् 1857 में अंग्रेजों को एक व्यापक और लोकप्रिय विद्रोह का सामना करना पड़ा था जिसे कुछ लोगों ने 'सिपाही विद्रोह' कहा तो कुछ ने 'प्रथम भारतीय स्वतंत्रता संग्राम'। हालांकि अंग्रेज इसे दबाने में कामयाब रहे थे।

सन् 1757 और 1857 की तरह ही सन् 1957 भी आधुनिक भारत के इतिहास में एक यादगार साल था। क्योंकि इसी साल भारत ने अपना दूसरा आम चुनाव करवाया था। सन् 1952 में हुए चुनावरूपी बड़े दाँव से पहले और बाद में भी प्रांतीय विधानसभाओं के लिए कई चुनाव करवाए गए जिसमें मतपत्र के फैसले को सम्मान दिया गया। लेकिन अभी भी अगर हिन्दुस्तान को औपचारिक ढंग से लोकतांत्रिक देशों के समूह में सम्मानजनक जगह हासिल करनी थी तो उसे दूसरे आम चुनाव करवाकर दुनिया को दिखलाना था। यह आम चुनाव सन् 1957 के वसंत में तीन सप्ताह के दरम्यान करवाया गया।

सुकुमार सेन अभी भी मुख्य चुनाव आयुक्त के पद आसीन थे। हालांकि वे अपनी जिम्मेदारियों के निर्वहन में भाग्यशाली रहे थे लेकिन उनका लगातार पद पर बने रहना इसलिए भी अहम था क्योंकि कम से कम जिस आदमी ने इस व्यवस्था का निर्माण किया था वो तो फिर से यह जाँच ले कि यह व्यवस्था ठीक चल रही है या नहीं। चुनाव से साफ हो गया कि व्यवस्था ठीक काम कर रही है। इस चुनाव में पहले चुनावों की तुलना में 4.5 करोड़ रुपए की बचत हुई। सुकुमार सेन ने सतर्कतापूर्वक पहले के चुनावों में इस्तेमाल में लाए गए 35 लाख मतपेटियों को सुरक्षित तौर पर इकट्ठा कर लिया था जिसमें महज पाँच लाख मतपेटियों की अतिरिक्त जरूरत महसूस हुई।

चुनाव से पहले सूचना और प्रसारण मंत्रालय ने 'यह

आपका मत है' के नाम से एक फिल्म का वितरण और प्रसारण किया। इस फिल्म को 13 भाषाओं में डब किया गया और इस बात का 'खास ख्याल रखा गया कि इसमें ऐसी कोई बात न आने पाए जिससे यह फिल्म किसी खास राजनीतिक दल के पक्ष में प्रचार लगे।' इस फिल्म को देशभर के 74,000 सिनेमाहॉलों में दिखाया गया। मुख्य चुनाव आयुक्त ने पाया कि इस फिल्म के दर्शकों में बहुत सारी महिलाएँ भी थीं जो अपने मताधिकार के महत्व को समझने आई थीं। चौरानवे फीसदी वयस्क महिलाएँ अब पंजीकृत मतदाता बन चुकी थीं।

कुल मिलाकर 19 करोड़ 30 लाख भारतीय पंजीकृत मतदाता थे। जिसमें से आधे से थोड़े कम ने ही मतदान का प्रयोग किया। उस चुनाव में प्रयुक्त मतपत्रों में 197 टन कागज की खपत हुई। लोगों को पंक्तिबद्ध तरीके से मतदान कराने के लिए 273,762 पुलिसवालों को तैनात किया गया था। साथ ही इस काम में गाँवों के 168,281 चौकीदार भी लगाए गए थे।

चुनाव आयोग ने सलाह दी कि चुनाव के दिन शराब की दुकानों को बंद रखा जाए ताकि 'मतदान केन्द्र के इर्दगिर्द असामाजिक तत्वों को शराब उपलब्ध न हो।' इसके बावजूद इस चुनाव में रंग-बिरंगे दृश्य और घटनाएँ देखने को मिलीं। नई दिल्ली में एक उम्मीदवार इस बात पर अड़ गया कि उसे 'लार्ड जीसस क्राइस्ट' के नाम पर अपना नामांकन करने दिया जाए। मद्रास में एक मतदाता किसी उम्मीदवार के नाम पर नहीं बल्कि 'मुख्य चुनाव आयुक्त सुकुमार सेन' के पक्ष में ही मतदान करना चाहता था। उड़ीसा में महज ढाई फीट लंबा एक बौना छोटी सी मेज लेकर केन्द्र पर चला आया। लगभग हरेक जगह मतपेटियों में मतपत्रों के अलावा अन्य काफी चीजें भी निकलीं। इन चीजों में किसी उम्मीदवार के प्रति लिखी भददी गालियाँ और किसी अभिनेता की तस्वीर भी थी। कुछ मतपेटियों में तो कुछ रुपए और खुदरे पैसे भी बरामद हुए जो 'यकीनन सरकारी खजाने' में जमा करा दिए गये।

## मेरी माँ

कशिशा मनोचा

बी.काम, तृतीय वर्ष

हर समस्या से लड़ना, गिरके फिर संभलना,  
तुझसे ही तो सीखा है।  
इतनी कोमलता से इतना साहस,  
तुझमें ही तो देखा है।  
मेरी हर ख्वाइश को पूरी करने,  
तुझे चादर तक बड़ी करते देखा है।  
सीता सा स्वाभिमान, दुर्गा सा साहस।  
पार्वती सी ममता, हाँ तुझमें ही तो मैंने भगवान देखा है।

इस समाज से लड़ने, मैंने तुझे  
अम्बे से काली बनते देखा है।  
खुद की तकलीफ कैसे छुपा लेती है।  
पर मेरे जरा से उफ़फ़ करने पे, पहाड़ सिर  
पे उठाते देखा है।  
मुझे पूरी दुनिया की खुशियाँ देने,  
मैंने तुझे माँ के साथ-साथ पिता बनते  
देखा है।



# साहित्य और समाज

शालू यादव

बी.एस.सी., द्वितीय वर्ष

जिस प्रकार सूर्य के प्रकाश से जगत में उजाला होता है। उसी प्रकार साहित्य के प्रकाश से समाज का अंधकार दूर होता है। समाज का अंधकार दूर करने में साहित्य का बहुत बड़ा योगदान है। समाज के मस्तिष्क से जो भाव निकलते हैं उसी संचित भाव को साहित्य के नाम से जाना जाता है। साहित्य की भावना में राष्ट्रीयता एवं सामाजिकता का भाव सशक्त हो जाता है। जिसके कारण समाज की गतिविधियों को व्यक्त करने के लिए एक सरल साधन प्राप्त होता है।

साहित्य तथा समाज एक दूसरे से बहुत करीब का संबंध रखते हैं। साहित्य मानव समाज के भाव को व्यक्त करता है। इसके आधार पर कुछ विद्वानों में साहित्य को समाज की ज्योति तथा समाज का ज्ञान और समाज का आईना कहा है। विश्व के महान रचनाकारों ने अपनी रचनाओं में समाज के विभिन्न प्रकारों का वर्णन किया है तथा समाज के स्वरूप के बारे में बताया है।

साहित्य के प्रभाव से कोई भी काल परे नहीं है तथा साहित्य का प्रभाव सभी काल पर पड़ता है। समाज को अपनी आवश्यकताओं की सुविधा के लिए साहित्य पर निर्भर होना पड़ता है। एक अलग साहित्य समाज के स्वरूप में आवश्यकता की पूर्ति करता है। साहित्य की शक्ति तलवार या बम के गोले से भी बड़ी होती है।

समाज को साहित्य का आईना माना जाता है। फिर वह स्वयं समाज के आईने से प्रभावित होता है। हिन्दी साहित्य की दृष्टि से यह बात स्वयं सिद्ध हो जाती है। वीरगाथा काल का स्वरूप युद्ध एवं शांति से भरा हुआ था। वीरता का प्रदर्शन मानव जीवन में महत्व कहलाता है। युद्ध हमेशा अशांति एवं झगड़ों के कारण होते हैं। उस युग के आधार पर अनुकूल ही चारण कवियों ने काव्य-रचना का वर्णन किया इस काल में प्रमुख रूप से प्रकृति में वीर और श्रृंगार रस की प्रधानता है। इसके आधार पर ही काव्य-रचना हुई। भक्ति काल का समय चालू होते ही विदेशियों ने अपना शासन को लागू करना प्रारंभ कर दिया जिसके कारण भारत की संस्कृति एवं कला में बाधा आने लगी। निराशा के कारण जनता को भक्ति आंदोलन की सशक्त लहरी ने जीवनदायनी प्रेरणा दी यही कारण है साहित्यकार ज्ञान और स्नेह के रूप से प्रभावित होते हैं। इस

समय कुछ महान विद्वानों ने राम और कृष्ण की लोक मंगलकारी रूपों के सहारे पूरे समाज में धैर्य की स्थापना की। महान् संतों तथा विद्वानों के कारण ही इस समाज में चेतना का संचार प्राप्त हुआ तथा निराशा से मुक्त हुए। रीतिकाल में काव्य का पूरा सृजन मिलता है। दरबारी विलासिता से प्रेरित होकर बिहारी और देव जैसे प्रतिनिधि कवि नारी के अंगों के मादक चित्रण को निहारने में लीन थे।

समाज के प्रभाव के बिना आदर्श साहित्य की रचना करना व्यर्थ है। साहित्यकार तीन भागों में विभक्त है। इसीलिए अंत समय के परिप्रेक्ष्य में आने वाले समय का अंकन भविष्य दर्शाता है। साहित्य में समाज के सभी प्रकारों की समस्याओं का समाधान मिलता है। साहित्य में सामाजिक परंपराएँ, घटनाएँ तथा परिस्थितियाँ आदि समाज की जनता को प्रेरित करती हैं। साहित्यकार भी समाज का प्राणी कहलाता है तथा वह इस प्रभाव से दूर नहीं रह सकता। हम समाज में जो कुछ देखते हैं और सीखते हैं उसे साहित्य के रूप में भी व्यक्त करते हैं। इस प्रकार यह कहा जा सकता है कि समाज का साहित्य पर प्रभाव पड़ता है।

समाज की दशा सुधारने के लिए आवश्यक है कि साहित्य को समाज अनिवार्य रूप से अपनाएँ और साहित्य के गुणों को समाज में उतारें। साहित्य से समाज को बहुत सारी प्रेरणा मिलती है। इसलिए हमें समाज के उत्थान के लिए साहित्य को उपयोग में लाना चाहिए। साहित्य से ही समाज का उत्थान संभव है। इस प्रकार समाज को एक सही दिशा देने के लिए साहित्य का होना आवश्यक है।

हमारे जीवन में साहित्य का ऐसा महत्व है जो कभी खत्म नहीं हो सकता है। साहित्य से हमारे समाज को आगे बढ़ने की प्रेरणा मिलती है, सही दिशा मिलती है। जिस पर चलकर हम एक श्रेष्ठ समाज का निर्माण कर सकते हैं। साहित्य मानव जीवन को सुधारने के साथ समाज के पथ प्रदर्शन में भी सुधार करते हैं। साहित्य में मानव जीवन के अतीत का वर्णन मिलता है। वर्तमान का चित्रण भी प्रदर्शित होता है तथा भविष्य के निर्माण की भी प्रेरणा मिलती है। इसी कारण हम कह सकते हैं कि साहित्य और समाज का गहरा संबंध है। साहित्य और समाज को परिवर्तित करता है। एक स्वस्थ साहित्य इस प्रकार कार्य करता है कि वह समाज को मार्गदर्शन दे रहा हो।

# संस्कृति का सम्मान करो

सौम्या साहू  
बी. कॉम., तृतीय वर्ष

भारतीय संस्कृति पूरे विश्व में बहुत ही ज्यादा प्रसिद्ध है। विदेशों में भारतीय संस्कृति को बहुत ही उच्च स्तर का समझा जाता है, हमारे देश में प्राचीन समय में जितने भी राजा और प्रजा थे उन्होंने भी भारतीय संस्कृति को बहुत ही सम्मान दिया था।

भारतीय संस्कृति की मिसाल पूरे दुनिया में दी जाती है। भारतीय संस्कृति सर्वाधिक संपन्न और समृद्ध है और अनेकता में एकता ही इसकी मूल पहचान है। भारत ही एक ऐसा देश है यहाँ पर कई धर्म, जाति के लोग मिल-जुलकर एक साथ रहते हैं और सभी लोग अपने-अपने धर्मों का पालन करते हुए स्वतंत्र रूप से एक जीवन व्यतीत करते हैं।

भारतीय संस्कृति विश्व की सबसे प्राचीन और समृद्ध संस्कृति है, इसे विश्व की प्राचीन संस्कृतियों में माना जाता है। जीने की कला हो या विज्ञान और राजनीति का क्षेत्र भारतीय संस्कृति का सदैव विशेष स्थान रहा है। अन्य देशों की संस्कृति या तो समय की धारा के साथ-साथ नष्ट होती रही है, किन्तु भारत के संस्कृति आदि काल से ही अपना परंपरागत अस्तित्व के साथ अजर अमर बनी हुई है।

किसी भी देश की संस्कृति, जाति और समुदाय की आत्मा होती है, संस्कृति से ही देश के उन समस्त संस्कारों का बोध होता है, जिनके सहारे वह अपने आदर्शों, जीवन मूल्य आदि का निर्धारण करता है, संस्कृति का साधारण अर्थ होता है, संस्कार सुधार, परिष्कार, शुद्धि, सजावट आदि भारत के लोग 'वासुदेव कुटुम्बकम्' पर विश्वास रखते हैं। यानि कि सभी लोग मिल जुलकर रहे। चाहे किसी का भी रंग काला हो या गोरा

हो, छोटा हो या बड़ा हो या फिर भाषा अलग हो परन्तु हम सभी एक ही हैं।

भारत में कई सारे पर्व मनाए जाते हैं, कई राज्यों में तरह-तरह के पर्व मनाए जाते हैं। लेकिन सभी जगह पर पर्व को मनाने का अलग-अलग तरीका होता है। हमारे देश में कई सारे धर्म होने के कारण कई सारे पर्व भी होते हैं। जिसे सभी धर्मों के लोग मिलकर एक साथ मनाते हैं। इसे भी भारत की एकता कहते हैं।

भारत में अपने माता-पिता का सम्मान करना यहाँ की संस्कृति मानी जाती है और यहाँ पर गुरु का भी सम्मान किया जाता है क्योंकि माता पिता और गुरु यह वही महान् पुरुष है जो हमें अपने जीवन को जीने की शिक्षा प्रदान करते हैं। कथाओं में भी इसका उल्लेख किया गया है—उदाहरण के लिए जब गुरु द्रोणाचार्य एकलव्य से गुरु दक्षिणा के रूप में उसका अंगूठा माँगा तो एकलव्य ने मुस्कराते हुए अपने हाथ का अंगूठा काटकर गुरु द्रोणाचार्य के चरणों में रख दिया।

इसी के साथ श्रीराम भगवान ने अपने पिता के वचन को पूरा करने के लिए 14 वर्ष का वनवास पूरा किया था। इसी प्रकार बहुत सी कथाएँ हैं जिसे आप पढ़कर अपने संस्कृति पर गर्व महसूस कर सकते हैं।

भारतीय संस्कृति की चर्चा पूरे देश में होती रहती है। विदेशों में भी लोग भारतीय संस्कृति का बहुत सम्मान करते हैं। बहुत से लोग भारतीय संस्कृति को विदेशों में भी अपनाते हैं, हमें भी भारतीय संस्कृति का सम्मान करना चाहिए और हमें गर्व होना चाहिए कि हम एक भारतीय हैं।

## जब तक चलेगी जिन्दगी की साँसें

वर्षा श्रीपाल  
बी.ए. द्वितीय वर्ष

जब तक चलेगी जिन्दगी की साँसें,  
कहीं प्यार कहीं टकराव मिलेगा।  
कहीं बनेंगे संबंध अंतर्मन से तो,  
कहीं आत्मीयता का अभाव मिलेगा

कहीं बनेंगे पराए रिश्ते भी अपने तो  
कहीं अपनों से ही खिंचाव मिलेगा।  
कहीं होगी खुशामद चेहरे पर तो,  
कहीं पीठ पे बुराई का घाव मिलेगा।

कहीं मिलेगी जिन्दगी में प्रशंसा तो,  
कहीं नाराजगियों का बहाव मिलेगा  
कहीं मिलेगी सच्चे मन से दुआ तो,  
कहीं भावनाओं में दुर्भाव मिलेगा।

तू चलाचल राही अपने कर्मपथ दे,  
जैसा तेरा भाव वैसा प्रभाव मिलेगा  
रख स्वभाव में शुद्धता का स्पर्श तू,  
अवश्य जिन्दगी का पड़ाव मिलेगा।



# रत्नकुमारी देवी

कौतुकी उपाध्याय

बी. ए., द्वितीय सेमेस्टर

रत्नकुमारी देवी का जन्म संवत् 1666 मार्गशीर्ष मास कृष्णपक्ष सप्तमी में हुआ था। इन्होंने अपनी शिक्षा काव्यतीर्थ में की उसके बाद तत्पश्चात् स्वाध्याय किया व इन्होंने जबलपुर में स्वतन्त्र लेखन का कार्य किया। रत्नकुमारी उन प्रतिभाशाली कवियित्रियों में से एक हैं, जिन्होंने साहित्य को संस्कार के रूप में ग्रहण किया है। अपने पिता स्वनाम धन्य सेठ गोविन्ददास के नाटकों के लिए उन्होंने गीत लिखे जिनकी लोकप्रियता कालान्तर में बढ़ती ही गयी।

रत्नकुमारी की रचनाएं सन् 1631 से ही 'सरस्वती', 'प्रेमा', 'सहेली', और 'जागरण' जैसी तत्कालीन प्रतिष्ठित पत्र-पत्रिकाओं में प्रकाशित होती रहीं। इनकी प्रारम्भिक कविताओं में देा की पराधीनता की करुणा, गाँधी जी के प्रभाव के कारण सत्याग्रह का मर्म और राष्ट्रीय आन्दोलनों का उद्देलन भाव मिलता है।

रत्नकुमारी जी की अट्ठाइस कविताओं का संकलन 'अंकुर' नाम से प्रकाशित हुआ। जिसकी भूमिका में नगर (जबलपुर) के प्रतिष्ठित कवि श्री नर्मदा प्रसाद खरे लिखते

हैं—'कवि पर देश-काल का प्रभाव अवश्य पड़ता है। वह जैसे वातावरण में निवास करता है, उसकी आँखों के सामने जैसे दृश्यों का उत्थान और पतन होता है, उसी साँचे में उसकी भावनाएँ भी ढल जाती हैं और कविता भी उसी रंग में रंग जाती है।

रत्नकुमारी जी के दूसरे काव्य संकलन का नाम है 'ऋतु पर्व', जिसमें जबलपुर विश्वविद्यालय के तात्कालीन हिन्दी विभाग में पदस्थापित डॉ. विजय शुक्ल लिखते हैं—श्रीमती रत्न कुमारी के प्रगीतों में श्रीमती महादेवी वर्मा जैसी कल्पना का जीवनानुभूति है, यद्यपि दोनों समकालीन हैं। इनमें से एक रचना है 'संसृति में संगति का मोल।'

हेमन्त ऋतु के बारे में स्वयं रत्नकुमारी जी लिखती हैं—'हेमन्त का पतझड़ प्रकृति की शुष्कता में प्रस्फुटित है। इस कविता में पंचभूत का वर्णन है। क्षिति, जल, पावक, गगन समीरा अर्थात् पृथ्वी, जल, अग्नि, आकाश तथा वायु ये पंचमहाभूत ही सृष्टि के आधार माने गये हैं। हमारा शरीर इनसे ही निर्मित है और मृत्यु के पश्चात् इनमें ही विलीन हो जाएगा।'

## कसौटी

रितिक सिसोदिया

बी. कॉम., द्वितीय सेमेस्टर

मनुष्य के जीवन में हर प्रकार का समय आता है। जब अपनी कसौटी पर स्वयं ही उसे खरा उतरना पड़ता है। कसौटी का मतलब चुनौती से होता है। संघर्ष की चुनौती हर व्यक्ति को पार करना होता है। कभी उसे घर वालों की कसौटी पर उतरना पड़ता है, तो कभी अपनी पहचान दुनिया वालों के सामने बनाने की कसौटी पर खरा उतरना पड़ता है। मनुष्य के जीवन में सुख और दुःख तो आता-जाता रहता है। कहीं सुख है तो उसके पीछे दुःख भी आता ही है। और कहीं दुःख है तो उसके पीछे सुख भी अवश्य आता है। इससे कभी डरना नहीं चाहिए। कभी-कभी मानव दुनिया से तंग आकर संघर्ष रूपी कसौटी पर खरा नहीं उतर पाता है। वह जीवन से निराश होकर एक जगह स्थायी रूप से बैठ जाता है और जीवन भर अनेक यातनाओं को झेलता ही रहता है। ऐसा नहीं है कि हर मनुष्य के भाग्य में सुख ही सुख लिखा है या दुःख ही दुःख है। लेकिन अगर उसे परिस्थिति या समय के साथ अपनी कसौटी पर खरा उतरना पड़े, तो उतरना

चाहिए, ताकि जीवन में होने वाले अनेक दुःखों से उसे सीख मिल सके और उसका बाद का जीवन आनन्दमय तरीके से बीत सके। जिसके कारण उसे हर परिस्थिति में अपने आप को ढाल सकने की हिम्मत मिल सके।

जीवन की राह में अनेक संघर्ष लिखे हैं। व्यक्ति उस संघर्ष से डर जाता है। अगर एक बार दुःख रूपी बादल सूरज को छिपा देता है। तो क्या सभी व्यक्ति उसको रात मानलेते हैं। नहीं ना, क्योंकि यह यकीन होता है कि एक दिन यह दुःख रूपी काले बादल जरूर हट जाएगे। उस ज्ञान रूपी सूरज को यह यकीन होता है कि वह हर दुःख रूपी काले बादलों से संघर्ष करते हुए एक दिन अपने सुख रूपी कसौटी पर खरा उतरेगा। उन्हें कभी भी अपने सामने आने वाली परिस्थिति से घबराना नहीं चाहिए। बल्कि उस समय का डट कर सामना करना चाहिए ताकि बाद में हमें सुख रूपी पुष्प प्राप्त हो पाये।

# भारतीय लोकतंत्र का वैशिष्ट्य

तनु रजक

बी. कॉम., द्वितीय सेमेस्टर

‘लोकतंत्र’ लोक और तंत्र दो शब्दों के मेल से बना है। लोक अर्थात् जनता इस तथा तंत्र का तात्पर्य प्रणाली से है। इस प्रकार लोकतंत्र को जनता का शासन कहा जाता है। लोकतंत्र को प्रजातंत्र नाम से भी सम्बोधित किया जाता है। अमेरिका के सोलहवें राष्ट्रपति अब्राहम लिंकन ने कहा था कि प्रजातंत्र वह शासन है जिसमें जनता द्वारा, जनता के हित के लिए, जनता की सरकार की स्थापना की जाती है। भारतीय लोकतंत्र भारतीय जनता के हेतु, भारतीय जनता द्वारा निर्वाचित जनता का शासन है। इसलिए भारतीय लोकतंत्र भारतीय लोकेच्छा और लोक कल्याण का प्रतीक है। जब-जब जनता ने केन्द्रीय या प्रांतीय सत्ता को पसंद नहीं किया, उसे उसने सत्ता से खारिज कर दिया।

“लोकतंत्र की बुनियाद मजबूत होनी चाहिए, सच्चे और ईमानदार नेताओं की जीत होनी चाहिए”

विश्व के विभिन्न राज्यों में राजतंत्र, श्रेणी तंत्र, अधिनायक तंत्र व लोकतंत्र आदि शासन प्रणालियाँ प्रचलित रही हैं। ऐतिहासिक, दृष्टि से अवलोकन में लोकतंत्रात्मक शासन प्रणाली का आरंभ पूर्व वैदिक काल से ही हो गया था। प्राचीनकाल में भारत में सुदृढ़ लोकतांत्रिक व्यवस्था विद्यमान थी। इसके साक्ष्य हमें प्राचीन साहित्य, सिक्कों और अभिलेखों से प्राप्त होते हैं। विदेशी यात्रियों एवं विद्वानों के वर्णन में भी इस बात के प्रमाण हैं।

ऋग्वेद तथा कौटिल्य साहित्य ने चुनाव पद्धति की पुष्टि की है, परन्तु उन्होंने वोट देने के अधिकार पर रोक नहीं डाली है।

भारत दुनिया का सबसे बड़ा लोकतांत्रिक देश है। भारत में लोकतंत्र तब आया जब 26 जनवरी 1950 को भारत का संविधान लागू हुआ। यह संविधान विश्व का सबसे लंबा लिखित संविधान है। संविधान में लोकतंत्र के कुछ मौलिक उद्देश्य एवं विशेषताएँ निम्न हैं

- जनता की संपूर्ण और सर्वोच्च भागीदारी
- उत्तरदायी सरकार
- जनता के अधिकारों एवं स्वतंत्रता की हिफाजत सरकार का कर्तव्य होना
- सीमित तथा संवैधानिक सरकार
- भारत को एक लोकतांत्रिक गणराज्य बनाने, सभी नागरिकों को समानता स्वतंत्रता और न्याय का वादा
- निष्पक्ष तथा वैधानिक चुनाव
- वयस्क मताधिकार
- सरकार के निर्णयों में सलाह, दबाव तथा जनता की हिस्सेदारी

- जनता के द्वारा चुनी हुई प्रतिनिधि सरकार
- निष्पक्ष न्यायालय
- कानून का शासन
- विभिन्न राजनीतिक दलों तथा दबाव समूहों की उपस्थिति
- सरकार के हाथ में राजनीतिक शक्ति जनता की अमानत के रूप में

भारत विश्व की सबसे पुरानी सभ्यताओं में से एक है जिसमें बहुवैधता और समृद्ध सांस्कृतिक विरासत है। इसके साथ ही यह अपने आपको बदलते समय के साथ ढालती भी आई है। आजादी पाने के बाद पिछले 69 वर्षों में भारत ने बहुआयामी सामाजिक और आर्थिक प्रगति की है। भारत कृषि में आत्मनिर्भर बन चुका है। और अब दुनिया के सबसे औद्योगिक देशों की श्रेणियों में इसकी गिनती की जाती है। इन 69 सालों में भारत ने विश्व समुदाय के बीच एक आत्मनिर्भर, सक्षम और स्वाभिमानी देश के रूप में अपनी जगह बनाई है। सभी समस्याओं के बावजूद अपने लोकतंत्र के कारण दुनिया के अन्य देशों के लिए एक मिसाल बना रहा है। इसकी आर्थिक प्रगति और विकास दर भी अन्य विकासशील देशों के लिए प्रेरणा तत्व बनी हुई है।

भारतीय लोकतंत्र की जहाँ अनेक महती उपलब्धियाँ हैं। वहीं उसकी समस्याएँ भी बहुत हैं। यह समस्याएँ स्वयं राजनीतिज्ञों के सत्ता मोह और स्वार्थ से उपजी हैं। उनके व्यक्तिहित, दलहित से पुष्पित-पल्लवित हुई हैं। और अब भस्मासुर बनकर उनको ही नहीं भारत के लोकतंत्र को डस रही है। भारत माता के शरीर को शव में परिवर्तित करने की तैयारी कर रही हैं। हमारे लोकतंत्र की प्रथम समस्या है, भारतीय-भारतीय में भेद। यह भेद-विष दो रूपों में लोकतंत्र को विषाक्त कर रहा है। ऐसे ही बहुत सी समस्याएँ हैं लोकतंत्र की।

भारतीय लोकतंत्र महान भारत के कल्याण के लिए वचनबद्ध है। प्रधानमंत्री चाहे जवाहर लाल नेहरू रहे हो, या इंदिरा गांधी मोरारजी भाई देसाई रहे हों या विश्वनाथ प्रताप सिंह सब ने अपने दृष्टिकोण के अनुसार जन-कल्याण और देशउत्थान के कार्य किए। यही कारण है कि आज देश औद्योगिक दृष्टि से बहुविकसित, वैज्ञानिक दृष्टि से बहुत आगे, टेक्नोलॉजी दृष्टि से विशिष्ट और राजनीति दृष्टि से स्थिर है। देश का चहुँमुखी और राजनीतिक विकास भारतीय लोकतंत्र की जीवंत उपलब्धि है।

भारत विशाल राष्ट्र है जनसंख्या की दृष्टि से विश्व का दूसरा महान राष्ट्र है। विशाल देश की प्रारंभिक कर्ण धारों द्वारा लोकतंत्रात्मक शासन को अपनाना उदार दृष्टिकोण का परिचायक है। उसमें भारत के कल्याण की दूरदर्शिता है। हाँ सत्ता मोह से उत्पन्न राजनीतिज्ञों का चरित्र-संकट तथा चुनाव में भ्रष्टाचार भारतीय लोकतंत्र की प्रबल समस्याएँ आज भी हैं।



# SPORTS

"The only way to prove that you're a good sport is to lose."  
-Ernie Banks

## Inter Collegiate Teams



**Table Tennis Winner**



**Chess Winner**



**Chess Runner-Up**



**Handball Runner-Up**



# SPORTS

"An athlete cannot run with money in his pockets.  
He must run with hope in his heart and dreams in his head."  
-Emil Zatopek

## Inter Collegiate Teams



**Badminton Women (Winner)  
Men (Winner)**



**Basketball Boys (Winner)**



**Football Girls (Winner)**



**Kho-Kho Boys (Runner-Up)**



**Kabaddi Girls**



**Kabaddi Winner**



# SPORTS

"I believe in the impossible because no one else does."  
-Florence Griffith Joyner

## Inter Collegiate Teams



**Volleyball Boys (Winner)**



**Shooting - 1 gold ,2 silver ,  
1 bronze medal**



### Annual Sports meet 2022-23

Chief Guest - **Dr. Prof. Vishal O Banne**, Director, Physical Education Department, RDVV, Jabalpur  
Special Guest - **Dr. Ramesh Shukla**, Senior Sports Officer, Govt. Science College, Jabalpur

## Best Athlete



**Bharti Verma**



**Junaid Khan**



# SPORTS

"Make sure your worst enemy doesn't live between your own two ears."  
-Laird Hamilton

## Inter University Level Players



Sandesh Gupta  
Chess



Mayank Yadav



Shridhar Dubey



Shashank K. Mali



Aman Rathore



Manoj K. Barman  
Kho-Kho



Dev Tahanguriya  
Chess



Aditi Das  
Chess



Yashwardhan Swamy  
Kho-Kho



Abhijeet Singh  
Kho-Kho



Palak Pillai  
Kabaddi



Ananya Sharaf  
Table Tennis



Pradum Kushwaha  
Athletics





# SPORTS

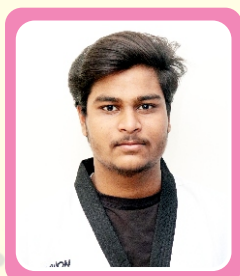
"The five S's of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit."

-Ken Doherty

## All India University Level Players



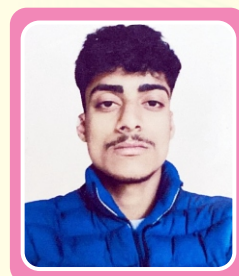
Vashnavi Sharma  
Shooting



Gaurav Singh Thakur  
Taekwondo



Shivam Patel  
Shooting



Vivek Dutt Budhodi  
Football



Shray Rai  
Football



Syed Faizan Rehmani  
Judo



Shivansh Awasthy  
Archery



Rohit Singh  
Kabaddi



Vasu Kirar  
Shooting



Harshal Pathania  
Shooting



Krishna Bhoosan Dubey  
Judo



Ashwar K. Thakur  
Power lifting

## International Medalist



**Muskan Kirar** won Gold Medal in Taipei Archery Open Tournament 10-11 December 2022 (Taiwan)



**Raginee Marko** participated in Asian Cup World Ranking Tournament 2023 Stage -2 won 2 Gold Medals in individual and team event.



**Yashika Sharma** participated in Common Wealth Power Lifting Championship 2022 (New Zealand)



**Vanshika Namdeo** secured 10th position in 8th World Junior Wushu Championship 2022 (Indonesia), and also secured 4th position in the Moscow Star Wushu Championship Russia.

# SPORTS

"One man practicing sportsmanship is far better than 50 preaching it."  
-Knute Rockne

## National Level Players



Arun Kumar Mishra  
Miktos Football



Vansh Sharma  
Targetball



Bilal  
Targetball



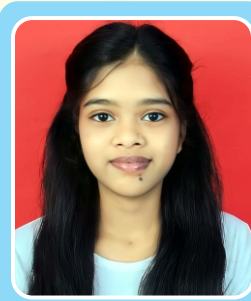
Sahil Meerchandani  
Miktos football



Rahul Bhandari  
Miktos football



Rehan Qureshi  
Targetball



Priyanka Kumari  
Miktos football



Krishna Murthy Swami  
Miktos football



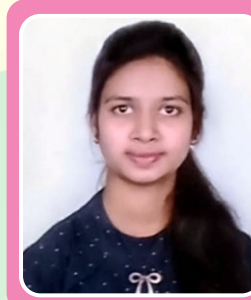
Hemant Singh Thakur  
Targetball



Twinkle Lobo  
Miktos football



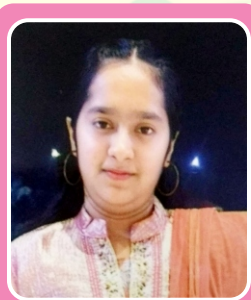
Deepak Yadav  
Targetball



Sharaddha Roy  
Miktos football



Divyam Singh  
Miktos football



Rajdeep Kaur  
Miktos football



Aditi Shrivastava  
Wushu



Desai Kartik Ganesh  
Wushu



# SPORTS

"The only one who can tell you 'you can't win' is you and you don't have to listen."  
-Jessica Ennis-Hill

## National Level Players



Aditya Kashyup  
Targetball



Aman K. Barman  
Targetball



Ankit Thapa  
Targetball



Ayush Bijalwan  
Targetball



Shivanshu Dubey  
Targetball



Rohit Kumar Negi  
Targetball



Vansh Sharma  
Targetball



Vishal  
Shooting



Vikalp Tiwari  
Shooting



Yagya Bhushan Karosiya  
Targetball



Ayush Kosta  
Dodge ball



Kritika Bhicpuriya  
Archery

## National Medalist



**Amit Kumar** secured 3rd Position in NTPC SENIOR NATIONAL ARCHERY CHAMPIONSHIP 2023.



1. **Vanshika Namdeo** won 1 Gold and 1 Silver Medal in 6th federation Cup Wushu championship (Men/Women) 2023.
2. **Taniya Jatav** won 1 Gold and 3 silver medal in 21st Junior/ Youth National Wushu Championship 2022-23,



**Yashwardhan Swamy** participated in 22nd West Zone National Tennikoit Championship 2022 and secured Second Position.

# SPORTS

"Winning isn't everything, but wanting to win is."  
-Vince Lombardi

## National Medalist



**Muskan Kirar** participated in 18th Senior National Archery Championship 2023 and won in Gold Medal. She also participated in National ranking Archery Tournament and won Bronze Medal



**Saloni Kirar** participated in OPEN SUB-JUNIOR & SENIOR NATIONAL ARCHERY CHAMPIONSHIP and won 1st rank in Ranking round and won Gold medal. She also participated in 2nd NTPC National Ranking Archery Tournament 2023 and won Silver medal.



**Nararyan Dev Warkade** participated and secured 1st position in 44th Junior Boys National Handball Championship 2023



**Kanishka Pillay** Bcom I participated in Central Zone Ball Badminton Championship 2022-23 and secured 2nd position also participated in 68th Senior National ball badminton championship 2022.



**Kartik Banskar** participated in NMDC Central Zone Ball Badminton Championship 2022 and secured Third Position.



**Chirag Vidhyarthi** participated in NTPC SENIOR NATIONAL ARCHERY CHAMPIONSHIP 2022-23 won GOLD Medal in Mix Team Event 2023. Also participated in 2ND JUNIOR NATIONAL RANKING ARCHERY TOURNAMENT 2023 got FIRST POSITION.



**Mahak Jaiswal** participated and secured 3rd Position in 44th Junior Girls National Handball Championship 2022-23 and 3rd position in 1st Gatka federation cup Chandigarh 2023.



**Raginee Marko** won Gold Medal in 18th Senior National Archery Championship 2023. She also participated in 2nd National Ranking Archery Tournament 2022-23 and won Gold Medal.



**Mitali Yadav** Participated In 5th Open National Taekwondo Championship 2022-23 and Won Silver Medal



# Obituary

## **AMAN CHOUHAN** **(14 January 2001 - 26 September 2022)**



Aman was a student of B. Com III Year. He was a kind and fun-loving person who always knew how to bring a smile on faces. He was a proficient performer with exceptional skills in dancing, singing, graphics and what not. We will always remember Aman as a special person who left an indelible mark on our hearts. His legacy will continue to live on through his fond memories. He left for his heavenly aboard on 26 September 2022 at the age of 21.

May his soul rest in peace.

## **GUNGUN PATHAK** **(18 January 2003 - 21 April 2023)**



Gungun Pathak was a student of BA II Year. She was a very hardworking, dedicated and friendly person. She was a loving human being with a bubbly nature. She was determined to finish all the tasks of life assigned but unfortunately lost the race at the age of 19 on 21 April 2023. She will be dearly missed and always remembered in our hearts forever.

May her soul rest in eternal peace.

## **SANSKAR BHURRAK** **(03 December 2003 - 01 January 2023)**



Sanskar Bhurrak was a student of B.Com I Year Computer Application Group. He was an obedient and a well-behaved student, who had the desire to learn new things and conquer the world. As a student he participated in all the activities organised by the College. Unfortunately, he lost the battle of his life in an accident on 1 January 2023. He will be dearly missed by the Aloysian fraternity.

May his soul rest in heavenly peace eternally.







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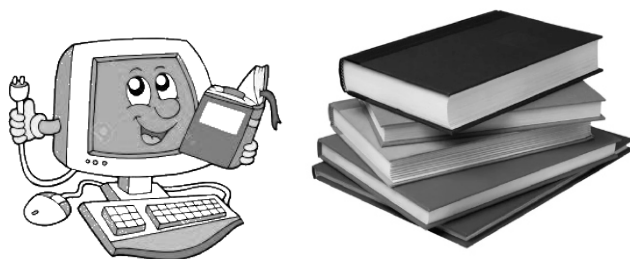
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