

Report of AIDS awareness programme organized by Red Ribbon Club on 10th, 20th January and 7th February 2018 the various events were organized and are as follows-:

The Red Ribbon Club every year initiates an AIDS awareness campaign to celebrate the National Youth Day and mark world AIDS day. On the occasion an oath was taken by students and faculty members for joining hands to fight HIV/AIDS and contribute to nation building.

1. **10th January 2018-** Essay Competition was held on the topic – “Myth and facts of AIDS” .The participant emphasized that we should not isolate the people with HIV and suffering from AIDS , they should be made aware of their rights and people should be taught on how to take of themselves to avoid HIV and AIDS transmission .
2. **20th January 2018-** Poster Competition was conducted on “Youth & AIDS” this competition was organized with an objective to bring awareness about the HIV/AIDS movement and to encourage youth to make correct decisions. Poster reflected that lots of people have lost their lives, and many family members were affected in our community.
3. **7th February 2018-** HIV-AIDS Awareness Exhibition - U.G and P.G students created mass awareness on AIDS by exhibition.The aim was to impart knowledge to youth, and to remind people that HIV and AIDS is still living.

The relevant photos of the functions are attached herewith.



Poster competition held on topic "Youth & AIDS" on 20th Jan 2018



Essay competition on the topic "Myth & Fact of AIDS on 10th Jan 2018

Essay on Myth and Fact of AIDS

- 1) **MYTH:** Aids is mostly an African problem.
- FACT:** of the 70 million people around the world who live with HIV/AIDS, 70% are in sub-Saharan Africa. But AIDS is not an African problem. HIV/AIDS exists and is spreading in Africa in a socio-economic context created by western colonialism and more recently, western trade and economic policies. HIV/AIDS continues to spread in the rest of the world, especially where poverty, inequality, and conflict are prevalent. Eastern Europe and Central Asia have the fastest rates of spread, followed by countries in Asia and the Pacific, Caribbean and Latin American.
- 2) **MYTH:** To stop the spread of HIV, people simply need to give up promiscuous sex and drug use.
- FACT:** Socioeconomic structures around the world constrain many people's ability to make free choices regarding the behaviours that put them at risk for contracting AIDS. Economic insecurity, gender and racial inequality, labor migration, and armed conflict all limit people's ability to avoid exposure to the virus.

MYTH AND FACT OF AIDS

Acquired Immune Deficiency Syndrome, popularly known by the abbreviation AIDS is a fatal disease in which attacks & destroys the immune system of the body. It is caused by a virus called Human Immune Deficiency Virus or HIV. The virus is non-infective in a microscope & remains in the body for years together without showing any visible symptoms. AIDS is the last stage of infection of the virus. It takes at least 10 years of period before getting infected with HIV & reaching the stage of developing AIDS. The first case of a person with AIDS was detected in America in 1981 which later emerged as a dreadfully widespread disease in the states in countries like France, Belgium, Uganda, Zambia, Tanzania, Colombia etc. In India, it was reported in 1986. As per the report of Indian Health Organisation (IHO), women & children are found to be more prone to the disease. The highest number of AIDS cases are found in Mumbai in India which is known as the AIDS capital of the country. There are lots of myths & misconceptions about how you can get HIV. One of the most common myths people have with HIV is that they can be cured. There is no cure for HIV. With the appropriate treatment, HIV-positive individuals can control the virus a long time.

MYTH AND FACT OF AIDS

AIDS (Acquired Immune Deficiency Syndrome) is a syndrome caused by a virus i.e. HIV (Human Immune Deficiency Virus). This disease infects the immune system and makes the person much more prone to infections and diseases. HIV is transmitted through the body fluids like semen, vaginal fluids, blood and breast milk of an infected person.

- TRANSMISSION OF HIV -**
- It can be transmitted due to sexual contact with an infected person.
 - It can be transmitted from an infected mother to her child during childbirth, pregnancy and also through breastfeeding.
 - AIDS can be transmitted through infected blood transfusion.

Symptoms of HIV include: fever, chills, joint pain, sore throat, tiredness, weakness, weight loss etc.

TREATMENT -
There is currently no cure for HIV or AIDS, but treatments have been evolved. HIV antiretroviral treatment is important as it improves quality of life, increases life expectancy and reduces the risk of transmission.

Essay on myth and facts of AIDS/HIV

Human immune deficiency virus infection & acquired immune deficiency syndrome (HIV/AIDS) is a spectrum of conditions caused by infections with the human immune deficiency virus (HIV).

"IT IS NOT ENOUGH THAT PEOPLE ARE SCARED OF HIV AND AIDS. WE SHOULD BE INFORMED."



"DON'T LET YOUR LIFE, STAY UNDER YOUR LIPS."
"AIDS ISN'T A DISEASE TO INCREASE STRESS."

The red ribbon is a symbol for solidarity with HIV positive people & those living with AIDS.

Symptoms	Early - flu like illness later - large lymph nodes, fever, weight loss
Duration	long term
Cause	HIV
Risk factors	Exposure to blood, breast milk, etc.
Diagnostic method	Blood tests
Prevention	Safe sex, needle exchange, safe transfusion
Treatment	Antiretroviral therapy
Death	2-3 million (2006)

HIV is a virus that most likely mutates directly from a virus that infected chimpanzees to one that infects humans. HIV is a long infection, but it is treatable & can be controlled with medications. With consistent treatment using highly potent antiretroviral medications a person with HIV may live as long as an uninfected person.



HIV-AIDS Awareness Exhibition through Poster 7th Feb. 2018

Red ribbon club report of 2018

18/09/2018 and 23/09/2018

Red ribbon club of St. Aloysius College(Autonomous) Jabalpur with collaboration of Rotract club and women cell organized hemoglobin checkup and nutrition awareness programme on 18th and 23rd September 2018 under the banner of Swastha Naari Swastha Pradesh for girl students and lady teachers. Total 625 students and teachers were benefited. The Principal Rev. Dr. G. Vazhan Arasu, Vice Principals Fr. Ben Anton Rose, Dr. Kallol Das, Red ribbon club teacher incharge Dr. Priyanka Sinha and Dr. Manju Dixit, Office Bearers Devi Purnima ,Shirly beck ,Anika Sonkar and Stuti Singh were present to encourage this Social Service activity.



