

DEPARTMENT OF BOTANY AND MICROBIOLOGY

St. Aloysius College (Auto.) Jabalpur, M.P

WORLD FOOD DAY CELEBRATION

Session 2021-22

Event : Guest lecture and food donation

Date and Duration : 23.10.2021 (one day)

Title : Dietary oils and health

Resource person : Dr. Gideon Andrew, Professor, Bishop Heber's College , Thiruchirapalli .

Target group : UG and PG students of Botany and Microbiology

No. of beneficiaries : 41

Objective : To create awareness about nutrition and health and to make learners understand joy of giving.

Outcome : Learners got to know different varieties of oils available in market and their impact on human health.

Program coordinator-

Teacher incharge : *Mrs. Roshni Choubey*

Student incharge : *Ms. Vaishali Vishwakarma , M.Sc II sem Microbiology*

REPORT

The department celebrated **World food day** on 16 October, 2021. On this occasion, an expert talk on Dietary oils and Health was organized so as to make people aware about the pros and cons for keeping good health.

The resource person for the talk was **Dr. Daniel Andrew Gidleon**, Assistant Professor, Bishop Heber College, Tiruchirapalli, Tamil Nadu. The target audience were the students of UG and PG (Botany, Industrial Microbiology and Microbiology). At the onset, HOD, Dr. Sonali Nigam welcomed the resource person and introduced him to the audience with the major achievements and field of interest of Dr. Daniel Gideon. Dr. Gideon was excellent in delivering his talk to the students. He very well explained the role of various oils in improving and spoiling the health conditions. He gave wonderful tips on the types of oils which shall be consumed and what not. Also, he informed about the possibility of certain diseases due to wrong selection of edibles.

He very specifically addressed on today's generation's eating habits, the consumption of trans fats, packaged and processed food and the possible problems associated with them. His talk

highly inspired the audience to avoid all such toxic substances in our daily lives and switch towards a healthy life.

Feed the need: Apart from expert talk, we also celebrated joy of giving. The broad theme of this activity was "Feed the need" under which the students were motivated to share one time meal with minimum one needy people. They were requested to capture this joy giving moment in the form of photograph which was displayed immediately after the expert talk. This created a sense of humanity in them. Also others were motivated and were willing to do further such donation.

In order to express our feelings of gratitude towards the generosity, acceptance of invitation and availability of the resource person Dr. Daniel, the vote of thanks was proposed by Dr. Femina Sobin. The program was planned and executed by Mrs. Roshni Choubey under the supervision of Dr. Sonali Nigam and with kind cooperation of the faculty members of the department Dr. Femina Sobin, Dr. Mamta Gokhale and Dr. Durga Ray. Mr. Ashish Naygam and Amr. Anwar also extended their kind support.

BROCHURE

St. Aloysius' College (Autonomous), Jabalpur, M.P.
Reaccredited A+ by NAAC with CGPA 3.88/4.0
College with Potential for Excellence by UGC
DST-FIST supported
Star College Scheme by DST

23 OCTOBER 2021
01:30 pm - 02:30 pm

Expert talk
"WORLD FOOD PROBLEM AND MANAGEMENT"
"DIETARY OILS AND HEALTH"

Daniel A. Gideon
Bio. Engg. Dept., Bannu Haveli College,
Swarajgarh, Buxar, Bihar, India

Feed the need
Organized by
Department of Botany and
Microbiology

Rev. Dr. G. Vazhan Arasu
Principal

Dr. Sonali Nigam
HOD

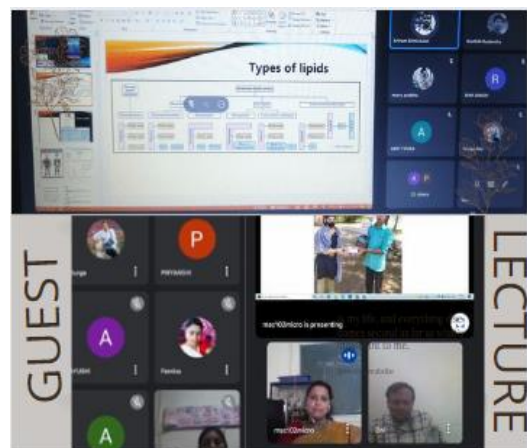
Teacher Co-ordinator: Mrs. Roshni Choubey
(09713247488)
Student Coordinator: Ms. Vaishali
Vishwakarma (9425121897)

Register here

FOOD DONATION BY STUDENTS OF THE DEPARTMENT



GLIMPSE OF GUEST LECTURE



REGISTRATION DETAILS

Registration Form



World Food Day Celebration

botanynmicrobiology@gmail.com [Switch accounts](#)



The name and photo associated with your Google Account will be recorded when you upload files and submit this form. Your email address is not part of your response.

*Required

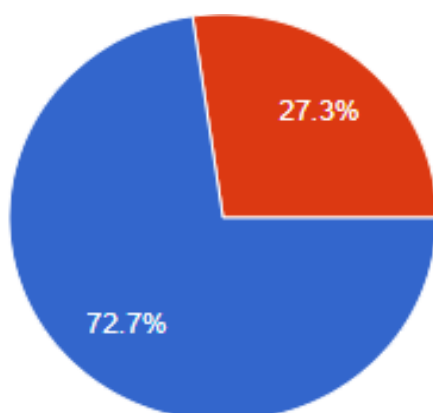
Organized by Department of Botany and Microbiology



ST. ALOYSIUS' COLLEGE
(AUTONOMOUS), JABALPUR(M.P.)

Reaccredited 'A+' Grade by NAAC (CGPA 3.68/4.00)
College with Potential for Excellence (CPE) by UGC
DST-FIST Supported & Star College Scheme by DBT.

Details of Registration



● CBZ
● IMB
● Microbiology

● B.Sc
● M.Sc

