

St. Aloysius' College, Jabalpur
Department of Botany and Microbiology
Session – 2022-23

Program/Activity Name: **Disease Awareness Program**

Program Type: **Awareness program cum Health survey**

Program Theme: **Oral health**

Duration of the activity: **1 hr. guest talk followed by survey (2 hrs.)**

Start Date: **06.08.2022 (one day)**

Number of student participants: **72**

Number of Faculty participants: **06**

Number of External Student participants: **NIL**

Number of External Faculty participants: **10** (other departments of same institution).

Expenditure Amount: Approx.: **Nil**

Mode of Activity: offline/ Onsite: **Online guest lecture and physical survey**

Overview/Objectives:

To ensure appropriate information about oral health and identifying health deficiencies through survey.

Resource person: Dr. Shruti Bhargava Bajpai, Dentist, Indore.

Target group: UG and PG students of Botany and Microbiology (72)

Star Performer:

Deepraj Shukla and Gracy Charles of M.Sc III sem Microbiology for extraordinary efforts.

Faculty Name: Mrs. Roshni Choubey (Co-ordinator)

ST. ALOYSIUS' COLLEGE (AUTONOMOUS), JABALPUR, M.P.
Accredited A+ by NAAC with CGPA 3.68/4.0,
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Department of Botany & Microbiology
&
Nature Club

6th August
2022

ALLOYSIUS NATURE CLUB
HAPPINESS
TAKE OUR SURVEY

"Happiness begins with good health"

Organizing committee
◆ Dr. Sonali Nigam (HOD)
◆ Mrs. Roshni Choubey
◆ Dr. Durga Ray

Student Coordinator
◆ Akanksha Verma
◆ Deepraj Shukla
◆ Gracy Charles
◆ Pratiksha Tiwari

Find the cure!!!

Expert Talk by
Dr. Shruti Bajpai
B.D.S

Photographs of The Program



REPORT

The department organized an awareness program on oral health and hygiene on 06th August 2023. The resource person for the program was Dr. Shruti Bhargava Bajpai. She gave excellent talk on most common types of oral health issues and explained how oral hygiene could be maintained by following very simple ways in our day to day life. She informed students about home made herbal and commercially available mouth washes and also the methods of cleaning tooth and gums. After the lecture session, a health survey was conducted in which 72 participants filled the questionnaire. As per the survey, the most common issue was found to be hair loss and pigmentation. The program was coordinated by Mrs. Roshni Choubey and Dr. Durga Ray, Asst. Professors, Dept. of Microbiology.

Outcome: Increased knowledge about oral health, general causes of dental issues, precautionary measures for oral hygiene.