## St. Aloysius' College, Jabalpur Department of Commerce Extension Activity Session -2022-2023

Program/Activity Name: Sharing is Caring

Program Type:

Program Theme:

Duration of the activity:2 hours

Date: 19 November, 2022

Number of student participants: 234

Number of Faculty participants: 21

Expenditure Amount: Rs.7,000/-

Mode of Activity: Onsite

### Overview/Objectives:

- To provide students with a meaningful and educational experience outside the classroom.
- To offer students a firsthand experience of the joy of giving and making a difference in the lives of others.
- To showcase students' compassion and commitment to making a positive impact on the lives of others in the community.
- To provide students with an opportunity to spend quality time with the elderly residents.
- To foster a connection between students and the elderly, emphasizing the importance of companionship and care in later stages of life.
- To create a sense of empathy and appreciation among students for the elderly through meaningful interactions.

# Faculty Name: Dr. Sanjay Rajak and Dr. Nidhi Khurana





### **Report:**

St. Aloysius' College, (Autonomous), Department of Commerce organized a visit to "Sisters of the Poor Old Age Home "on 19 November, 2022. The primary objective of the visit was to engage students in an act of philanthropy and community service. The students took the initiative to collect essential items such as food, daily necessities, and other essentials to donate to the elderly residents of the old age home. This not only showcased the students' compassion but also their commitment to making a positive impact on the lives of others in the community. The students spent quality time with the elderly residents. The visit wasn't just about material donations; it was about fostering a connection, sharing moments, and experiencing the joy of giving firsthand. The interaction between the students and the elderly was not only beneficial for the residents but also proved to be a meaningful and educational experience for the students. This interaction likely created a sense of empathy and appreciation among the students for the elderly, emphasizing the importance of companionship and care in the later stages of life.

#### The learning outcomes of the Programme were as follows:

- Practical understanding of the challenges faced by the elderly and the importance of supporting them.
- Development of empathy and appreciation for the elderly, recognizing the significance of companionship and care in later stages of life.
- Foster a sense of connection and mutual respect.
- Experience the joy of giving and making a positive impact on the lives of others.
- Gain valuable insights and life lessons through meaningful interactions with the elderly, contributing to their holistic development.
- Instil values of compassion, empathy, and community service among students, shaping them into responsible and caring individuals.