

ST. ALOYSIUS' COLLEGE, JABALPUR
OUTREACH PROGRAMME SESSION 2024-25

Program theme: Empowering women through Handicrafts

Activity Name: Tote bag from used clothes and T-shirts.

Duration: 1 Day

Date: 22nd July 2025

Number of Student participants: 5

Teacher Incharge : Ms. Mala Das

Mode Of activity: offline/onsite

Venue: Ekikrit Shaskiya Madhyamik Shala Gaur, Khamaria, Jabalpur (M.P)

OBJECTIVE

1. To promote sustainability and women empowerment in rural areas.
2. To educate village women on how to create eco-friendly, reusable bags from old t-shirts.
3. To encourage self-employment and skill development using easily available materials.

REPORT

✝ A group of college students visited a nearby village school as part of an outreach initiative.

- ✚ A hands-on workshop was conducted to demonstrate bag-making using discarded t-shirts.
- ✚ Basic stitching and cutting techniques were taught in simple, local language for better understanding.
- ✚ The session was interactive, and women actively participated, asking questions and showing great interest.
- ✚ The materials (old t-shirts, scissors, needles, etc.) were arranged by the college team in advance.
- ✚ Instructions were given on how such bags can be reused for shopping, carrying goods, or even sold locally.

OUTCOME

- ✚ Around 10-12 women attended and successfully made their first tshirt bag.
- ✚ Participants expressed happiness and gratitude for learning a practical skill.
- ✚ The session created awareness about upcycling and its environmental benefits.
- ✚ Some women showed interest in continuing this activity for smallscale income generation.
- ✚ The activity built a strong connection between the college and the rural community.

CHALLENGES FACED

- Initial hesitation among women due to lack of confidence in learning a new skill.
- Language and communication barriers made it slightly difficult to explain steps clearly.

- Managing group attention during the hands-on session was slightly challenging.
- Some participants needed more time and personal assistance to complete the activity.

CONCLUSION

- The initiative was a small yet impactful step towards skill development and sustainability.
- Teaching a simple craft like t-shirt bag making proved how lowcost ideas can lead to empowerment.
- The session emphasized the importance of community-based learning and environmental responsibility.
- It also motivated students to continue such outreach programs in the future.

STAR PERFORMERS

- Aditya Gujar Pasi
- Aditi Vishwakarma
- Anushka Chouksey
- Aqsa Ansari
- Charvi Prasad



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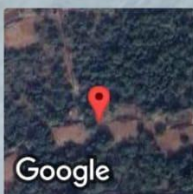
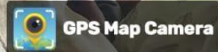


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